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Chamna Aw

**ELIJA PRAYER COMMITTEE APAT
HETSAKNA LEH NGETNA**

PAUCHAMNA TANG:- KIM COMMISARIAT, CHURACHANDPUR.

Amin:- Elija Prayer Mount

Gangte Gospel Centenary Prayer Mount, min nam detna chu Gospel Centenary a Chairman Dr. Upa L.S. Gangte, Secretary Rev. K. Mawia leh Prayer Committee Chairman, Upa Paukap, Secretary, Pastor Samuel te ma lakna a **“ELIJA PRAYER MOUNT”** ti a namdet ahi. Prayer Committee te ma lakna hih I nam inle I phat chuompih ngal tau hi. Tu-le-tua Prayer Mount siempititna ding a panlak theihna ding ahih leh:-

1. Chapel Hall = 1 2. Waiting Shed = 1 3. Reception Counter= 1

Ziea ding hin na In-sung mi kuo hi leh hetzingna ding a donate a, panla nuom ta cheng a dinga a lampi kawt hawn ahi zing hi. Etsakna'n mimal hetzingna a chuom bik a le siem theih ahi. In nasak a hihleh Ziechuh, sapchuom leh nampi'n hun et kawt sak intin hun sukthien sak zing intin, Krista sapchuomte leh namte'n thagau mangthaite a ding a pauchamna mun a mat zing hin a. Camp, Crusade haw bawl dingte'n mang thei un tin, a mang cheng in suk thien zing hin a. Ziehih I pu, I pau a pat I nei khaknai loh uh ahi a. Tuni'a pauchamna mun ding eipie Lalpa Pathien chuh pahchak in umhen. Tuhin cabin 2 I nei pan pan ua, paucham a va chieh theih zing ei tai. Mi dangte pauchamna tang a chieh ngai chuom talo ahi. Nang le hung in Elija Prayer Mount ah Lalpa kawm ah na puokgik hung tun in, a hun ngak zing hi. Na haksatnate hun dawn zang ding in, na dam lohnate hun sudam ding in a hun ngak zing hi. Amah dawng in na lungngaih, thafan leh na haksatna cheng cheng meipi bang in hun thiel ngim sak in a. Chuleh, cabin hawle mi chengin sak phal ahi. Sapchuom/Department/Group/Khuo min a sa nuomte ading ale phal ahi. Tuhin Shillong ESC ten Cabin khat a sa zo tau hi. Chuleh cabin sak ding dan I buoi lohna ding un Prayer Committee te min leh mobile number anuoi ahin aum hi. Nangin na sak man loh lele, Prayer Committee a Chairman/Vice-Chairman/Secretary hetsak leh chin a hun panpih dinga ki sazo zing a hui hi. Na kipiekna chuh thagau mangthaite matna din Lalpa'n vangsak intin, I chi leh nam damna, Pathien lopina hung hi ngei ding ahi. Theihtawpsuoh in pang zel hitiu.

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Editorial 



Pathien puihna zalin September 2016 Beiguoltha I tungkit thei tau a, September tha sungpumpi hi I sapchuom sunga Beiguol matna hun hi Thagau lam a mimal tin kietthakna hun dinga Sapchuom in I hunsehdawk uh chu ahi. Zie beiguol tha sung hin ei mau chiet Thagau lam dinmun ki-enchien thak kita, ei mau leh Pathien kal a hawih tawk nam? Nupa'n kal a pha nam? Cha leh nau tawh kikal haw ahisel nam? Insak inthangte tawh kikal ahisel nam? Pathien thu manga ki-khuol thakna hun hi henla hileh a deih um hi.

Bang tienga hisellohna um hita lele Bible Pathien thu mangin damna muh theih ahi tih he zingin, Pathien thu mangin ei mau hinkhuo siemthakkit chiet guoi tiu. Duhthusam tungzolo a I hinau lam tamtak aumta ahi thei hi. Mahleh Pathienin ei siemthak kit thei ahi. Zieziekchun Pathien kawm bel chiet hi tiu. I haksat nau a dawnna chuh Pathien in anei vek hi.

“Na pienthak ding ka hun tih hi mak sakih” Johan 3:7.

1. Khawvel a khawsakna dinga Taksa Pienna angaih bangin, Thagau khawvela Pathien kawm tuna ding chun Thagau lama pienthakna a pawimawh ahi.
2. Thagau a pien loh chun Pathien gam lut thei puon au. Thagau a piengta thagau ahi. Pathien gam lut theihna ding chu Pienthakna ahi.
3. Thagau a pienthakna lo chun kuomah Pathien gam lut ding aum thei puoi. Sapchuom a member hihna mai chun Vangam ei tutlo ding ahi. Thagau a pienthakna neihi ahi tieng Vangam tun kinepna hungum chauh ding ahi.

Vangam lut theihna dinga Tui leh Thagau a pienthak ding kiti chuh bangti ahi die?

1. Tui a pienthak ding kiti chu khenkhatte gendan in Tui a baptistma chan ding tin agen ui. Zie chu gitloh kisikna neia Krista Lal leh hukdampa a pawmte Krista ahihna pawlam tiemtehna a (Krista a ahihna) chu ahih tei ding ahi (*Nasepte 2:38; 8:36-37*). Zie hi hun chiehsa agitloh ngaihdamna leh sukthienthona chang ahihna suklatna chu ahi (*Nasepte 22:16; 13:8*). Gendan dang ah hinkhuo

- kitheng tihna ahi.
2. Thagua a pieng. Thagau apieng in agen nuom chuh kithenna diktak leh hingkhuo lamdanna lam genna ahi (*Gal 6:15, Ephesi 4:22-23*). Piengthak hinkhuo kithenglo kiti hi thil lauhum a hih dan het chiet a pawimawh hi. Pienthakna hinkhuo theng zolo chu pienthakna dik hi theilo ahi.
 - a. Pienthakna kiti chu Pawlam latdan zat chuom ahim, akitheng chauh hiloin, sunggil lam akipata kithenna hungum pawlam akilang ahi zawi (*Sam 51:10; Exekiel 36:26*).
 - b. Huntieng chauh kiteng hiloin, kithenna maktak um ahi (*Rome 6:11-13*).
 - c. Hinkhuo a dinga kithenna chiehzawm zel ahi (*Tita 3:5, II Kor. 4:16, Kolosa 2:19, Eph. 4:15*).

Pienthakna mihing ahung kilat theih dan haw chuh.

1. Mi piengthakte amah a hung pieng dawh chuh, thagau lam thil lunggulhna anei tei hi.
2. Mi piengthakte chung ah, Midangten amah a gimlim chu ahe thei ua, amah a kithenna chu amu thei hi.
3. Ginglote chung ah, Ginglote zieng inle amah (gingtu) a kithenna chu amuh tieng uleh mak asalo thei puou hi.

Pathien a pieng ahihtak ziekin Pathien a ahinna akihe tei hi.

1. Khawvel zawh theihna anei hi.
2. Gitloh ahih zing zing thei ta puoi.
3. Thagau gahte amah ah ahung gahdawk sek hi.

Gingtu Pienthakna nei a kiheta ngal mahleh midangten Krista zala I kithenna leh lamdanna amuh theihloh hiel chun, thu tamlocha mang hin eimau hihna chiet et thakna'n mang hi tiu. Krista zal vangsakna bang na chang hi? Krista zalin bang na zo ta? Simtute cheng Lalpa'n vangsak chiet ta hen.



**NU TINGA GANGTE MUOLLIEMNA CHUNGA
HOLIMNA LEH KIPAHTHU GENNA**



Zi it um tak leh nu ngaih um tak mai A pasal, A chate cheng in hun sawt tak mai asun azan a chim lo hiel, phun chiek lo hiel a a et kawh uh, aman le atu a chate apasal a u, a nau thalah tak leh a sep a bawl ding bawl man talo in Date 25/05/16 (1:25) zing matak in ei muolliemsan tai. Nat thuok haksa tak phat sawttak thuok mahleh, tuvang in natna'n a chung ah thu nei ta puo'n tin, a hukdam pa kawm ah nuom tak in a kichawldam tai. Lalpa chuh pahchak in um hen. Amah hih mi cheng tawh kihothei, inchen kitup taka siemtip mi, insak-inthang tawh kituok taka um mi, Sakhuo lam khawksak mi ahi a, a hung pienthak hin a lungmuonna mah mah la Kristien Labu no. 345 hih Biek-In a holimna a neih zawh in kei a lawipa tawh zie la hih ka sau hi.

Hun sawt tak mai hih Damdawi In mun chuom chuom ah a ki-enkawh a, a damna ding ahih phawt leh ti'n neih le go, sum le pai itlo hiel in a ki-enkawh a, amah le dam ding anuom mahmah nalai a, ahinla Pathien in amah a dinga a guot dungzui in a chieh tai. Zie a damloh sung hin Sap chuomte, u le nau suohpih mun chuom chuoma um cheng in sum le pai, tha le zung, neih leh go chuleh Pauchamna haw ah chim lo hiel leh ka khawp tai, apha tai ti lo hiel a nei kithuohpihna hawu hih aman atam na lawm lawm e. "Ka kipak ui" tihloh ngal hihtheih dang ka nei zo puou hi. I Pathien un ka chung ua na thilbawl hawu a hesuok nai. Aman aleh sawm aleh za'n na bawn un hun malsawm mai hen tih hih liengvaite lunggel leh pauchamna ahi. Mi cheng kawm ah kipahtu ka gen thei puou a, zie "CHAMNA AW" ahin ka hun gen uh ahi mai hi.

A phuondawk (a gendawk) sa himahleh A DIARY a azik ka hun taklat ahi.

Date 06/11/91 8:30 a.m. zingkal hin Bible chang Isaiah 53:6, leh la "Det tak in ka khut in ei tu'i hukdampa ka muh ni'n." Zie thu leh la hin a thisa leh ka gitlohna cheng cheng Krista'n ei ngaihdam ka hechien tai. Tu masang chun amin maimai a ka na het ahi'n, tu'n vang Krista'n Kraws a ei taddawk ka hechien tai, ka lungmuong in, ka kipak takzet ahi. Lalpa chuh pah chak in um hen. Krista a hukdam ahinna thu ei nutschie hi Insung mite'n ka kipahtu un, kei haw a dinga Lungmuonna Khuompi ei phuhsak ahi. Insung mite cheng leh a simtu cheng amah nung zui di'n kiguo chiet hitiu.

Thusuoh hun pie,
A pasal, S.K Gangte
 Medziphema town.
 Dist. Dimapur , Nagaland.

nau apiek lohte khuh hampa akisa hielpuou hi. (Thilsiembul 16:2) Abraham zi Sarai apat na suonte chu lei a leivui bangmai in siem ingka tih himah leh Sarai in aki ginchak hun a cha aneih loh ziek in athawmhau a, apasal kawm ah asuoknu tawh cha neihsak ding ahun lemguot a, asuok nu Hagar tawh chapa Ishmael ahun neitau hi. Mahleh mihing lemguot mai ahieh ziek in a in-sung uh abuoilawh a, tuni chan in Ishmael suon leh Isak suonte kal ah kichamna aum tak tak thei ta puoi. Pathien lemguot ahieh loh ziek in Pathien in mihingte chung

ah thu anei a, aut leh asutawm a, aut leh asupung sek hi.

Noah hun khan khat vei mihing ahun sutawm a, mahleh Abraham hun ah mihingte ahun supung a, lei hun luoh dim ding a thupiek I hih ziek un, tu hin mihingte'n lei I luoh dim vang vang tau hi. Pathien lemguot chu khuti bang chu ahi. Lalpan lei chung ahin mihing atam talawtai numei haw kisu bandh unla, birth control bawl unla, kisutawm un atihna umlo hiel ahi. Zie ziek chun Lalpa apat I go chan uh cha leh nau hi ei mah deih dan a heikawi a sulamdang lo ding leh Pathien thupiek zawp ding in panthak la chiet tai tiu.



CHIBAI BUKNA LEH VANGSAKNA

Mun chuomchuom aum Lalpa Sapchuomte, Lalpa Isu Krista min in chibai ka hun buk ui. Tukum 2016, September Beiguol hih taksa leh thagau damna halhthakna tunna ding leh chau leh nguite dindawk kitna hun hiding in Pathien in na Programme siem cheng uh hun matpiah in hun vangsak hen.

Lalpa Sapchuom subuoil thei, susie thei, lampi diklo apui theite apata lampi dika puikit thei ding in hetna, chitna, lainatna kiningting tak Lalpa'n na bawn un hun pie hen!

*Eidtorial Board
Chamna Aw*

ZALENNA

(John 12:24)



By: Rev. K. Siemlien

Suok leh sala tangte a dinga utchak um leh pawimawh mah mah chuh atamnau muna pata puidawktu, tandawktu ding ahi. Midangte thunuoia umna leh theihna a pawtdawk theilo suok leh sala um hingal, gim mah mah leule a lampi dang um dieklo, zie guola tangte a ding chun zalenna suohchakna bangtienga lul leh pawimawh ahi ta dem?

Babulon sala tangte'n Lalpa pahchakna la sak ding dan a he puou a, a ngaihtuoh dawk theilo uh ahi. Mi gam ah Lalpa la bangti'n ka sa thei ding u? Thil lungkham um leh haksatak ahi.

British te vaihawmna nuoi ah, amau deihdan leh tihdan dana ana um in, zalenna aum theihna dingin India hin hun sawtpi ana suol nungun, 1947 August 15 in zalenna lopi tak ana mutau hi. Pakistan leh Bangladesh inle khuti guol chun ana muu hi.

Thagau lama suok leh sala tang, melmapa'n ei tihdan hilo, amah tihdan leh a lopina dinga ei deih leh ei khum bekchak haw I hui a. Eimau utdan leh deihdan a khawsa thei talo I hui hi. Mahleh, Krista'n Kalvary tang ah suohchakna dak ahun khen ta a, micheng cheng

adinga suohchakna lampi ei siemsak tai. A gingcha a, a pawm nuom cheng a dingin kawt hawn ahieh tak ziekin, kawt lien taka ei hawnsak van Belamno chuh amin pahchak in um hen.

Zalenna dak gi ta, a lampi, a kawt lienpi a kihawng ta, pawt nuomlo, pawt theilote haw, ngai tiem u! Kalvary tanga dak gi hih. Krista a dingin bang guolin na hing hi tih sangin, Krista a dingin bang guol in na thi sek hi tih hih ngaihtuoh apawimawh mah mah hi. "Nang tihdan, deihdan ahiehtheih zing lai chan, nang kipak in na tin, Thagau lam ah vang gaw ding na hi. Pathien tihdan, deihdan ahieh tiengleh vang Pathien kipak intin, nanga dingin le lawkna lienpi um intin, nangle kipak inla.

Sawlchak Paul amah a dinga

bangmah neih guolo, ahih ziekin awhchakna, itthikna bangmah a nei puoi. Thil bangmah amah a dinga aneih guot loh ziekin, lungkhampih ding, buoina ding a nei puoi. Amah hihna, dikna, thiemna, dinmun a ngaihsanpen loh ziekin engbawlina, hosietna, muhdahna, channa a thuoklah puoh a, sukna beh theih le ahi talo ahi. Amah deihdan leh utna lama thisa ahih ziek leh zie apata chuh suokcha, a neupente sanga neuzaw ahih zieka sukneu beh theih takloh, a thisa ahih tak zieka thah beh theih takloh ahi.

Jakob hih Esau upa hihna laksaktu, lungthim pil tak pa chuh Israel (Pathien namtel) ahung hihtheihna dingin, a Jakob hihna suklup angai hi. Khutilo a chuh, Israel pieng theilo ding ahi. Mi challak, thil hihthei mah mah, amah ading kihet kilkel mi ahi. Zie amah a thil um cheng a thihna ding leh Pathien vangsak ahung hihtheihna dingin kum tamtak alut a, a malpi guh sukbowtsak in a um a, tiengkhut khutlo in lam a chieh thei ta puoi. Tichun, Pathien deihdan leh puihna ah ahung kinga a, amah hatna, pilna a mang ta puoh a, Israel a hung kitheng in,

Pathien tawh ahung kitawn zing tau a, vangsakna ahung chang a, a hung lamzang tai.

Mosi khale Pathien mi guot himahleh Israel chate puitu muonum ahihtheihna dingin Aigupta gam taihsan in, gamthip ah haksatna tamtak thuok in, kum 40 ahung zil a, zie sung chun amah lopina, hi kisakna, a theihna cheng a vuimang a, Aigupta leng ding pa chuh gamthip ah belum hawnte haw tawh nisa, guohpi nuoi ah hun ahun mang a, ahung zawi dikdek phat in, Pathien a dinga mattheih phatak ahung suok ta ahi. A pumpi a bangkima bangkim Pathien a ahih tak ziekin, amah lam ah suon ding, itding bangmah aum ta puoh a, a lungna mai puoh a, a buoi talo ahi.

Gingtute ki-enchien thak hitiu. Krista'n zalenna ei pie ta a, ei uh suoka tang nalai I hi kha ding um, suok leh sala na tanna apat Krista'n ahun tatdawk na hi ta a, "Khutichun, dingdet unla, suok namkawl achun tang kit ta kiu" (Gal.5:1)

Na taksapna, na haksatna awng alet poh leh Pathien panna ding alien a, apha zawi!

KISUK BAND LEH NAU SUKTHAK

- *Thahpau Phaijang*

lei hi luoh dim un" Pathien in mihiem asiem masakpen Adam kawma a thu piek chu BC 2000 vel in Lalpa Pathien in suohlam ah Eden huon asiem a, a mihiem siem chu zietak achun apui a, huon enkawling leh veng ding in akawihta a, chitam tak sepa hungpung in lei hi luoh dim un tin thupiek det tak apiei.

- (Thilsiembul 13:16) Lalpan Abraham kawm ah "*Nasuonte chuh lei a lei vui bang mai in siem ing ka ting, min leivui hi asimsen u chun na suonte le simsen hin au*" tih hi Lalpa kam suok ngei chuh ahi.
- (Thilsiembul 15:5) Lalpan Abraham kawm ah "*Van lam khu en in la, aksihaw khu na sim theih chun sim in: na suonte chuh khuti zat khu hung hi'n au,*" a ti a. (Sam 127:3) "*Ngaitie, cha leh naute hi Lalpa apat a I gochan uh ahiihi; Gil a gah hi a kipahman ei piek chuh ahi.*" Mihing in Lalpa a I gochan uh kipahman ei piek ding I nawhthak mai ding uh ei puoi. Lalpan kipahman cha leh

Numei nau sukthak leh kisuk bandh hi Pathien in aphaalloh ahi, mahleh khawvel ah mi ahung punga, miching, mithiem, he kisa ahung tam a numei nauvawpte'n le athu alemloh leh doctor haw mang in nau sukthak bang aching ua, ahiehloh leh ching kisa leh he kisa deuhte'n in-sung khuosak zangkhai theihna ding leh changkang nawpna ziek in nau neihtam loh ding, atampen a nupan tuok khat in cha 3 khel neihloh ding tihhaw hi mitam zawte'n I ngaihdan uh ahi zo tai. Gam government kivaihawmna khenkhat le zietaw bang chu ahitai. Mahleh ziechu Pathien thupiek dan ahipuo a, mihing lemguot ahi. Mi khen khatte'n ei mah deih dan dan a cha neihtheih guol in angai ua, cha nih to aneih tieng u leh akisu bandh ua, in-sung zangkhai tak a khuosak a, nuomtak a um ding atih lai un, Lalpa lemguot dan ahiehloh ziek in aduhthusam bang un alamzang diek puou hi. Khenkhat chula cha deih mah mah la nei theilo aum kit hi.

Lalpa thupiek leh a lemguot chuh en hitiu.

- (Thilsiembul 1:28) "*Chi tamtak sep a hung pung in,*

7. Thu kigente Thagau thu atam a ngaihtak anuom hi.
8. Akivehtuoh zieng sek ui.
9. Kipawlkhawm leh paucham khawmna atam sek hi.
10. Taksa leh Thagau a hatlo le akidawmtuoh ui.
11. Lawiupa haw chuh sawlzangkhai ding in a kipiei.
12. Kingaihneimna atam sek hi.
13. A hatlohnau a kihilhgaith thei ui.
14. Pathien thu tellohna ah a utsek puou hi.
15. Vatel nawplohna ding a hethei ui.
16. Biek –In ah thawm a hau sek ui.
17. Kikhawp anuom a, mi atam sek ui.
18. Pathien thu chu Thagau vakna’n a mang sek ui.
19. Biek-In hi mi liengvaite’n thamuonna’n a mang sek ui.
20. Liengvai le a panpih sek ui. Sapchuom sung mai hilo in mimal cheng le.

Sapchuom hinglo (a gaw)

1. Pauchamguol sung achawm hi.
2. A kiphu’n thawhlawm lam a chau ui.
3. Biek-In sunga thunei taluo aum sek ui.
4. La akisa tawm thei mah mah sek hi.
5. La khat mai le saktum ahak sek hi.
6. La kisa’n kuomah asu tawi zopuoi.
7. Thugen chuh kivauna leh simmawhna ahi sek hi.
8. Kuomah a kivehtawh nuom puou hi.
9. Amau In chiet ah a ki-um sek ui.
10. Kuomah a kilimsak nuom aum puou hi.
11. A lawiupateu chuh a lal mahmah sek ui.
12. Kiphulakna atam sek hi.
13. A sietnau a kigentuoh nuom ten sek ui.
14. Thucheng chenga tel nuom a sau hi.
15. A maiphak cheng uh khawih a guo sek ui.
16. Biek-In sung mi’n amang ngam sek puou hi.
17. Kikhawp tieng mi vang phietphuot in a chu sek ui.
18. Pathien thu kikhet tuohna leh kinielna’n a mang ui.
19. Biek-In sung hi kinawhdawkna’n a mang sek ui.
20. Kuomah liengvai leh gimthei a hepha puou hi.

**ZALENNA LEM APAT
ZALENNA TAKTAK**

Rev. Dr. Kh. Khaizakham

Chapa neuzaw chun “Hepa go ka chansik chuh eipien” ati a. apa kawma anget zieng hih na ngaihtuoh kha ngei em? Chate kawma a gochan ding uh hawp ding chuh apa tih hun hun hizaw ding ahingala. Chate kisaklah nading hilo hiel ahi. Zie chapa neuzaw hin zie lehkhabu thupi tawh kilehbulh tak mai in, pa angsung thamuon umtak mai chu nusieh in, atunna ding vawk an kuong bul ahihlam ahetchet loh ziek in ana kipan dawk ta ahi. Hehpihtu nusieh in, hehpihtu ding muh zawhlohna gam chuh ana zuon ta ahi. Atunna ding hechien leh apa angsung nuom tak chuh nusieh lo hiel ding hi a maw!

I thupi’u tawh kilehbulh himahleh, thil umdan I het chiet zawk diekna ding un zie thu apat hin vakzil pan hitiu. Anutsieh nagam hi chuh nutsieh loh hiel na ding gam ahi a, azuotna gam hile zawt loh hielna ding gam ana hi.

Chapa neuzaw hin ahun lopi a, bangziek a ago chan ding chu kilak zieng guo ahidem? Amah hin pa insung nuom asakloh ding ziek khat vak ngaih tuoh theih zieng ding aum hi. A u guola hi nasep taima abangpuo a, ni tum-tuma mawk vak sek, sepding, bawl ding ngaihsaklo hi ding ahi. Zieziek ahieh in a umle kiden bekseklo hingeri in a. Apa’n le iplah ngei intin, a u hinle awimawhsek ding ahi. Bangmah sempeihlo, meh lim-lim duh le himathei ahi. Mi zawmthaw leh thadahte hin insunga kipahna aneilo

nuom mahmah sek ui. Kisuonlahna tawh, helnawpna lungthim le ahun nei sek uh ahi.

Zie chapa neuzaw hile, zieguol chu hiding ahi. A iplah zing apa ang apat leh a awimawh nuom zing a u angsung apat zalenna chu nuom ding in ahun ngaihtuoh ta hiding ahi, tichun ni khat chu apa kawm ah ago chan ding chu pedawk ding in aphut tamai ahi. Ago chan ding chu aki het kiu-kieu hi ding ahi. Apan le a it theih ding hileh akilawm puoi. Tichun, apa’n ago chan ding chuh ahawpsak tai.

“Chawmkhat zawh in, achapa neuzaw chun achanding cheng chu alakhawm a, khuol gamla tak ah achieh ta a, nawp chin helo in aumta a; aneih cheng-cheng asumang zo ta a.” Luke 15:13 tin Bible ah ana kizik hi: Zallenna chu nawpsakna,

lungawihna leh kipakna hiding in agingchai. Himahleh thununna panglo a zalenna chun mun nuom leh pha atat him-him puoi.

Zalenna lem in khuoitak atat em?

Aban ban in vak en hitiu. Zalenna lem thununna panglo, thununtu umlo, gamgi neilo zalenna chun khuoitak atat em?

Zalenna

Kuomah thunoia umtalo, kuomah melhette, amupha umtalo chu nuom leh kilawm a maw! Amah thu-thu chula ahitamai a. “*Kathu thu*” tih hih gitloh tincheng kipatna ahingala, tulai cha leh nau tamtak chun zie zalenna hih angaisang ua, kuomah thunoia umlo, nawp dandan a um a duh-duh neka dawn mai, midang bang guol in kipawl thanghuoi leule kuoman la mutalo, ni danglai guola nauwawp a muolpho ding tihla umtalo, damdawi kivenna ding tamta, matchak ding pha la tam, vangsietpi-a nauwawp dinmun tun hiel lele doctorate thiemna a sukhang hieu mai ding, tih hawhah tulai zalenna lem tawh ki zawm gitlohna lien taktak chu ahui hi.

Lehkha zilte, khawpi a uma, nu leh pate’n gimthei taka sum hawla athak uh, nawp chenna amang, zie guola chuh sawt umle ngailo, khawpi

umdan aheth chet tak u leh baihlam tak taka sum muhna tamta, In lama sum ngak ngaitalo, baihlam taka sum tampi pi mu, isietna ding ahilh theih cheng chaw a nuomtaka uma kingai, atawpna chuh muolphona leh thih nading ahildan helo a khawsa hung kipunbeh zel ding abang hi.

Tulai chu khawpi chauh hilo, khawneu thingtang kaw dawn itih tieng hawule khawvel zalenna thanghuoi tak tak atungta ahi. Khanglaite chauh hilo, pathawi, tangval lai zalenna nusieh nailoa, lungkham umtak a zi leh cha te le ngaihsaklo a zalen, aki tam deuh deuh tai.

Nawpchenna

“Nawpchin helo in aum a” tih imuu hi. Tulai hun tawh kibangtho ina, thilphalo hichu ni danglai a pata um ahitai. Pathien mittunglo kinawp telna, kum sang thum sangli masanga pat ana umta, tuni tienga kihahbawl deuhdeuh chu, zumun nawpna, numei pasal kala tat thanhuoina, mit a muhnawpna, chapo tak leh kithupi saktak a hinkhuo matna haw hih ahi. Sum ineih leh sum in achawh theih cheng chu aumsa guola ngaih ahi. Tulai zieng hinle eimite umdan chu, cheng zakhat ineihleh zumun tawh ien den

thiem upa khat in Phai Biel a ding in khuongbul 18 hun phan henla khawtin in kichawh chiet leu hing phading in ka gingchai. Khuongbul a zahchakna le tawm deuh intin, kuole Upa khuongbul phanthiem aum a alunglut chun ESC khaw pumpi a khuongbul ding hun phan henla aphanpa panpihnan Rs. 300/- nuoi hilo dingin zuoksak theih kinap aum hi. Ahilhlohleh music instrument kizawhna ah ready made khuongbul atam hi. Ahinla zie khuongbul chu atak a agit ahawihpuoi. Ei kiphaw kawm mah mah I Pathien pahchakna khuongbul din a hoih hi. 4. Khuongpu chu la he mi ahilh ding ahi. La apat tieng chang khatna tieng bek aheth ngai ahi. Khuongpun

la apat tieng min a zuihpai loh lele ana buoi zieng loh ding ahi. Chuleh khuongpu chu mi kipak mi ahilh ding ahi, a movement a mi su kipak thei mi ahilh ding ahi.

KHUONG NIH MATDAN

Khuong neu chu la pantu’n khen in tin, khuong neu nihvei gittawh kituok a khuong lien chuh khet ding ahi, zie tawbang achu I khet tuok theih loh a aki bang chet a I khet theihloh ding chun khuong nih matloh aphazawi. Khuong lien hin aneu hi a control ding ahi, achum tak luot leh, akin ding adeih tieng avak khet kin a, avak hilh ding ahi.



SAPCHUOM HING LEH HINGLO

- B.P. Lien Gangte

Khawvel ah sapchuom tampi aum a, zie chun ahing leh ahinglo aum hi. Ahinglo I tih chule bangtieng ahim in a chieh thei tho a, mahleh nek a cheng puoi.

Ei gam ale sapchuom hing I hui em? Sapchuom hinglo (agaw) I hui em? ki en hitiu.

Sapchuom hing

1. Kikhawp tieng pauchamguol hun asawt hi.
2. Akiphu’n thawhlawm atam thei hi.
3. Biek-In sung mipi’n a kineihsak chiet thei ui.
4. Lasak anuom thei a, la a kisa tam sek hi.
5. La kisa avel atam sek a, mahleh a kichim puoi.
6. Lasak in mi a sulawp sek hi.

Chamna Aw

ngaih hi ding ahi.)

- (2) Damsunga dinga kicheng ahih uchun, Pastor khuta pindan a kichenna aneih ding uh.
- (3) Ahung kisik ua, (baptisma chang nailo pen chu le ahung pienthak a) baptisma achan nawp

a, Sapchuom a ahung kinget uchun dan sunga laklut na neih chauh ding ahi.

- (4) Zie haw cheng chuh azawh tak u leh a chau/nausen chuh Ho-in a puhi ding ahi

Report by: Upa Th. Manggul Secretary, ESC Upa Board

KHUONGPUTEN ANEIH DINGUH A PAWIMAWH HAW

- *Upa Lulpi, Phai Biel Chairman*

- 1. Ei un khuongpu hi I ngaipoimawh bek sek puou a, nam dangten chu sapchuom Upa lam deulte khuongpun a amang khel khel sek ui.
- 2. Khuongpun khuong akhet tieng leh khuongmai alaitak (centre) a khet khelkhel ding ahi. A ziekchuh a laigit leh a sik git akibat louh ziek in ahi. Khuong khen hi ngal asik khet a, la sak anuom thei puoi. Khuong alai(center) abat phak louh a ahiehleh a kainai um/a khut a thak sau a, alai a khet ding ahi.
- 3. Kikhawpna a mi tawmcha laka khuongmai kek vang vang a khet akilawm puoi. Zieguol mah chun mi tam tak umna a

agit ki zalou khopa awl a khet le aki lawm diek puoi.

KHUONGBUL

Pathien pahchakna khuongbul atangpin eiu lak a ka muh tamzaw hi sandal sie ki at bem khuongbul a kimang ahi. Gawtmun apat a I suohchak nau la sakna a khuongkhetna (khuongbul) pen hi Van khuoletui ei chansak tu, I Lal Isu et in a kilawm puoi. En le I deih tak loh, Pathien pahchakna la sakna a mat teitei ding ahieh chun, I bawn un sandal butchiet hitingun anu, apa in suit leh tie thuoh in kikhawm leu hing a kilawm dem? Zie sang chun khuongbul phan

Chamna Aw

ua, sangkhat ineih uleh numei tawh I enden ngalsek uh ahi. A upa'n apa kienga "Zie nawhchi zuokte kawma nasum cheng cheng sumang pa" ana tih khale adiklo hi diek puona.

Ei uhaw lak hile kietchien a kingaihtuoh thak angai mahmah hi. kinawp telna adieka zumun nawpna hih bangchan I ngawlpah ding uh ahi? Bazar leh lamlien dunga kikote thawm hih kuote pau akihe tampen tam? A kitheng mahmah tan alang hi. Dahum tak in ziemun haw ahin ihung challangte'n tau hilah. Ni dang sang in sum le pai I hun nei tau a, himahleh Pathien dona lam ah atam zaw chieh ding hileh akilawm hi. khanlawhphat ahitai.

Khawvel khantohna thakhata hungtung thut ahin ina kiging manlo uh ahien hi. I khut ua bangtik ale ichawih ding ua ginchak umlo chu ihun chawi tau a, cell phone, i pad, laptop, video games, DVD players, electronic gadget chitin, car chi chuom chuom, in kilawm taktak haw hile ei ua ahi zieng tau a, Himahleh thagau lama itaksap laitak ua hungtung ahieh ziek in thagau lam a kikawih thientho ding ngaihtuoh manlo in khawvel guolnawp chuom chuom ihun ngaisang ua, chawmlo kal in ilut thuk talou a, pawtkit mai mai talo ding le akitamtai.

Taksapna

Nawp chenna tawh kizawp tei tei sek chuh taksapna ahi. Nawp dan dana umchuh ei uh deihtelna ahi. Agah hungtung tei tei taksapna ahichu ei uh tel ahitapuoi. Tel khel khel le angai puoha, amah cham cham a hungtung ahi. Chapa neuzaw hile, "Nawpchin helo in auma, aneih cheng cheng asumang zo tai" tih imuu hi.

Taksapna dinmun tun chu thil haksa eipuoi. Neih cheng cheng suk mangthai tawh kizawm pai zieng ahi. Akal hun awngle aum diek puoi, aki zawm zieng ahi.

Tulai hin zie taksapna kiti hih asum le pai mai le ahipuoi. Nawpchenna gahsuoh taksapna chun thil tamtak ahuop ahi. Insung kiho theihna hungtasam intin, chate ei taksanna hungtasam intin, insak, inthang ei kawihdan hungtasam intin, lungawihna leh thamuonna hungtasam intin, damtheina hungtasam nalai ding ahi. Taksap ngawn, taksap ngawn hung hitan a. Pathien tawh kigamlat chuh taksapna bul ahi.

I deih deih uh sum a ichawkung zung zung ua, ineih zung zung lai un, itaksap taktak uchuh sum a chawktheih hung hitalo ding ahi. Sumlepai a kisuk lungawih guoa, sum mai cha ngaihtuoh chun

taksapna lien zaw hun nei ngei ding ahiu.

- Sum in an limtak tak, meh lim taktak achawthei a, anduhna vang achaw theipuo.
- Sum in damdawi mantam taktak achawthei a, hiselna vang achawthei puoi.
- Sum in ideih deih achawthei a, lungawihna vang achaw theipuo.
- Sum in kuolna, zalkhun nuom taktak achawthei a, nupan hinkhuo hisel vang achawtheipuo.
- Khawvel a nawpchenna ding, deihcheng achawthei a, thih ding kuona, zalkhun chungu thamuonna vang achaw theipuo.
- Sum in mi lopi taktak te tawh kiho theihna ding achawtheia, Pathien angung vang achawthei puoi.
- Sum in khawvela thil thupi cheng cheng achawtheia Vangam vang achawtheipuo.

Suma chawktieih ding chauh I buoipih ua, ziehaw chuh nei leu hing lungawi dingin iki ging chau a, himahleh atawpna achun taksapna lientak nei ihih dan hung kihedawh hiting, vaigei taluo tana, Sum in ideih cheng chawthei mahleh itaksap pen vang sum a chawktieih eipuo tih ihetdawh phat le vang vaigei taluo ta ding ahi.

Kithaman nasa nam? Nawpchen lai kha asawt deuh mai thei, achawm deuh maithe. Zie chapa naupangzaw nawpchen hunsung hi chientak in akizik puoi. Aneih apuokdawh kha abeih vak leh abeih hak thua kinga ahimai hi. Himahleh sawt in, chawm leh taksap hun chu ahung tung ta ahi. Zukhamte'n akham sung ua athawtnam hawu khu pammai tak ahi.

Ka naupa'n lai a, pa khat in chapo tak a agen puoknat umtak ka he zing hi. "Ka zu dawn cheng-cheng hih kikhawl leh eitawh mang zo in a" ana ti lawm lawm ahi. Zieguol pate hin inchen le siemtheilo zen in, zu leh khamtheih dang dang suok in aum den tasek ui. Amau le kisik sek mahmah in au. Kham pumpum a, zan khat a asing, asanga thawtnamte hih ngaihtuoh leh chin, pa-ting khat thil bawl dinga chuh iplah um mahmah ahiu hi. Umlam, beilam helo a sum hi matmat theih eipuo. Hung bei teitei sek ahi. Zietiang chuleh taksapna achunga kigen haw hi achanding u chuh ahung hita sek ahi.

Kum sawmni malam hitana. Camp khata lungthim khawhtak khat chuh, camper laka piengthak bang ahim zat in azite'u kawma ngaihdam nget aut ua, hun ahun ngen ui. Ngaihdam kinget tuohna ding hun ka siemsak

- ding. Chuleh Department danga Committee member ding chuh Church Committee'n tel ding.
3. FINANCE MAINTENANCE:- Department dungzuia Finance Secretary leh Tresurer achuom chiet neih ding.
4. LOCAL SUM AUDIT:-Audit hi kum khat sunga 2 (nih) vei bawl chiet ding.
5. SAPCHUOM SUM BAT THU:-Sapchuom sum ba te kuomah ngaihdam um theilo ding.
6. MO KHAW DANG APAT PUIH TE:-Khuo chuom apat Mo hung kipui chuh Local Chairman (Upa) in ah tunsak gieksak ahia. Zie a pat chun anu/apa kivalah lo in, Upa pa mah khan agawm ding tu Pastor khut ah pie lut leh tih hi zui ding dan tangpi ahi.
7. NAWHSUOH LEH LAKLUT:-Nawhsuoh him him tha-6 maa laklut loh ding ahi.
8. HO-IN CONDUCTOR:-Ho-in a conductor hi Church Committee te ngei in alak ding ahi. Buoina zieka ahung theih loh na aum chun, L.C.C. Secretary'n aluoh ding ahi.

(Chuleh Thugentu ding te hi ahung theih loh ding chun, midang aseh sawn theia, Conductor le ahetsak ding ahi. Thugen ding aum

loh chun, Conductor in hun awng ahi tih phuong intin, aluoh ding aum loh chun aman aluoh ding ahi.)

9. MITHIH NIA, PA LEH CHAPA LEH THAGAU THIENGTHO MIN LAMNA:- Sapchuom in mithi ivuih ni hin, PA LEH CHAPA LEH THAGAU THIENGTHO MIN hi Thankhuk chauh ah kimang leh tih deih ahi.
10. SACRAMENT A, PA LEH CHAPA LEH THAGAU THIENGTHO MIN LAMNA:- Pastor in Sacrament hi PA LEH CHAPA LEH THAGAU THIENGTHO MIN in hawn khel khel hi dah leh.
11. O R D I N A T I O N TE UMLOHNA A THAWHLAWM LATNA:- Ho-in a thawhlawm hi ordination te umloh na mun ah laymen (Church Committee) ten lat theih hi ding ahi.
12. NUNGAK TANGVAL DAN LOA KICHENG A CHA NEI TE:-Nungak tangval dan loa ana kicheng, cha le hun nei te chungu sapchuom in pan lak ding dan.

(1) Sapchuom dan sung apat nawhdawk/nawhsuohna neih ding. (Baptisma chang nailo te chuh nawhsuoh ngai loa, nawhsuoh saa

zuih chu Pathien thu zuih na ahih ziek in kipak tak leh lungsiet na nei tak a athuu zuih ding ahi. Lauhna ziek a thu zuih leh lungsiet na ziek a thu zuih chu aki bang lo ahi, a thu neih na tieng u a a thuu zuih chu aphapen ahi,

3- Thu awih na chuh nasep in azuih angai hi, lei man piek leh Sieh chawih thu ah

Kristiente chu apie pha penpen hih guot ding ahi. Paul hun lai khan Juda mi tamtak, etsaknan Zealot pawl ami te kha Sawrkal a ki phin

ching aum ua, amau chun a sakhuou hum bit nading a thil pha bawl in aki ngai ui, mahleh Sawlchak Paul gel dan in zie tawbang chu Kristien te thil hih dan ding ahipuoi atii. Sawrkal chu Pathien deih loh dan thil bawl ahih loh chun a thuu zawp ding ahi, chun Rom sawrkal kha zie hun lai achuh Pathien guot ahih na kawng tam tak ah muh theih ahi, buoina tam tak hung um ding asu thip a, chun avaihawm na nuoi u ah Pathien nasepna hattak in Kristient'en sem in mun chuom chuom ah chanchinpha nasem in aki theh dalh ui.



Sapchuom Upaten seminar/Orientation aneih u apat thupiek/thuchah:-

Thupi:- Sapchuom Upa ten (tarik 15-07-2016) nia Local Church administration thu a group discussion aneih nau apat lunggel leh ngaihtuohna kipiekhawm haw chuh anuoia te hi ahi.

Lead by:- *Upa Th. Mangngul Secretary, E.S.C. Sapchuom Upa Board.*

Recording Secretary:- *Upa T. Jampi, K. Laitui E.S.C. Sapchuom.*

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|---|--|
| <ol style="list-style-type: none"> 1. CHURCH COMMITTEE TEL DAN:-Zie hi tel dan kibang leh (1) Tuilanguol Biel leh (2) Saichang Biel in khaw khat in khaw dang khat ava telsak ahia. (3) Phai Biel in chuh mahni khaw chiet in aki tel ahia. Zie hi chieh zawm zel henla, kuole | <ol style="list-style-type: none"> 2. KITELDAN (System):-(1) Committee member ding zah chuh teldawk phawt ding, azawhleh portfolio hawp ding. (2) Portfolio pum'a tel khawm mai |
|---|--|

ui. Kisikn`a leh kipakna mittui aluong tam mahmah hi. Zie guola kingaihdam tuohna hun kamat sung uchun , Counsellor khat chuh ana vak mang hieu zieng a, ahung tun kit phat chun, zie guola programme thupi tak a atel loh avangsiet dan ka vak gen leh ka ginchak loh lam tak in ei hun dawng hi.

“Hepa, kei a ding in zieguol a nupa`n ngaihdam kinget tuohna programme hi pan danding aum puoi, thuok zolo ding ka hi ahun tita a, Bang ati a mawh? ti a ka dawt leh “Pa kei chun ngaihdam ngen nuom lengle kangetna ding um talo ahi. Ni cheng in zu ka kham a, lehkha ka kap na leh kinawp telna mun thanguoi lak ah ni chengin hun ka na mang a, ka zi a lungkham taluo a, atawplam in lungchangnat ahun nei a, ka tuilo lientak, kapa lamsa chu ka zuoka, sawtle ka ne diek puoh a, ka nezo paitai, ka gari ka zuok kita, Lamka lam ah bazar mun ah in khat ka nei a, ka pa`n ka chate lehkha sim in aumpiha, zie in chule ahethloh kal ua banda a ka na tunkit ahitai. Ka kiho nau ni ahungtun tieng a le tandawk zo diek talo ka hih ziek in, ka pa kawm ah ava gen ua, ka pa bangmah helo chun amah lamdawk ngei In chuh ka nek zawh ahitai tih ahethin, mitthi kithiek in ka khuo lam uh a zuon tai. Kei chanchin chu zie guol mai

chu ahi. Ngaihdam kinget tuohna program haw kha umleng, thuok zolo ding ka hih ziek in gamlak ah ka na chieh a, va paucham ka hi” tin ei dawng hi. Aw, ana na lawm-lawm e maw! Zalenna diklo in mihiemte zie chanhah einatut sek ahimai hi.

Lungkhamna leh vakvaihna

Taksapna tawh kizawm teitei chu lungkhamna leh liengvaihna ahi. Zie a chapa neuzaw apa duot mahmah leh, aw sang a le a ho ngam loh pa chu, tuzet hin chuh hehpih tu dingle mu zolo in, kuoman le nekding pielo, gilkiel in amaban ding angaihtuoh leh lungkham lo thei eita puoi. Mi kawt bieng tinchenga dak in, lungsiettu dingle mudiek lo in, khawvel a alungsiet tu ding umtalo guol in avak vai ta ahi.

Tulai hinle, amah leh amah kibawla alungkham lele Pathien belhna chang helo, zu mun lam zuona, pil man lo hiela dawnkham a hinkhuo mang zing te hin lungthim asuna lothei puou hi. Bangcheng hileh amau leh amau kibawl ahiu hitih vang ahe ngilh puou a, kisuon lahna neilo le ahi puou hi.

Hitih hun hileh Pathien belh zieng sang a, gamlat deuh deuh abaihlam zaw nalai hi. Pathien chauh hilo, Pathien mite natieng le anel tapuou a, kuomah hetphak loh a kingai in agamla deuh deuh zieng uh ahi.

Kilehkit chu vangpha zaw mahmah ding ahingala.

La khat in “Bang ding in na kawm apat ka taimang dem? Gamthipa gilkiela kap in, na melma’n muleh lawp in tin. Ka mittui muleh nuihmel pun a” Hehpihtu Pathien na taihsan a, Amah melma Setan na zuih zing a hih chun mi gimthei tawpkihawka ahun siem na ding in, la sak ding hun pien tin, na duh duh hun pien tin, himahleh agimthei pena ahun kawih guot ahi zing hi. He chien leu hing Setan hih Isu bellote ading achuh hat leh pil mahmah ahi. Athil bawl dan hi imuhchet leh gilotak chu ana hi.

“Kum sawmni phapan pan nungak ka hi a, kum khat leh akim khamtheih chingte lampi chuh kana hawh ta a, haihsan ka nuom ta mahmah a, himahleh ka haihsan thei diek puoi. Suongkul in eisiempha thei puoh a, rehab inle ei panpih thei diek puoi. Doctor in ka in kuonpihte kienga ana gen chuh, “Na chanuu khamtheih ana pietu hin, meithal in aluchang ana sutuoh henla, aluthuok ana kap zak zaw leh a lungsiet hizaw mahmah ding ahi.” Ana tii. Zieguol a chuh ei bawl hileh kati na lawm lawm e. Aw, Pathien kaplup in ana um zawleng ka ti na lawm-lawm e!

Aliengvai na lawmlawm e maw? Akipat tunglai avang zalen kisa

mahmah ding ahi. Lawileh guolte tawh nawp chenna akipan hingei ding ahiu hi. Zalenna lem chun lung ngaihna guom sung thimtak ana puitung ahi.

Thihding mabak ahitai.

Chapa neuzaw zietieng ahungtun hin chuh, thihding amabak ahitamai hi. Mi hausa khat ava belh leh alo lama vawk an pie dingin ana sawl a, amau hunlai ahih gancha kivak himhim hih khuosunga kivak lo ahi. Isu Krista pienlai a belum chingte umdan kha ngaihtuoh leh chin akichien ziang hi (Lo lam a vawk vak chu, ei lam a bawl chi vang hi puona, aneitu tam taluo ding ahi) Amau hunlai chun zieguol a hi ana vak sek uh ahi.

Ava belhpa hin lungsietlo mahmah chuh hiding ahi. Ziebanga gilkiel chu nekding pelo in vawk an pie ding in asawl a, tulai hunhin le ahi deuh deuh a, kilungsietna atawm mahmah tai.

Aphatna lienpi aum bawn hi, ava belhpa hin ana lungsiet ten henla, taksap beihiel in ana kawih henla, nuomtak in umsak leh suok in umden mai ding ahi. Ei hehpihtu taktak I pa kienga I kilehkit masangsieh hehpih tu ding umloh hi apha na lawm lawm e! Kangaihtuoh sek a, khawvela beidawnna ana kituokte hi Pa kawm a eipui luttu ana hisek hi. Hehpihtu

Ei enkawl tu vaihawm ten ichung a mawhpuk na aneih guol in, khuo le tui ten vaihawmte chung ah mawhpuk na inei uh ahi. Pathien in mihing te a etkawl na chung ahin mamawh chi chuom chuom leh sep chi chuom chuom ineh na ah mawh puk na chuom chuom ei pie chiet hi. Thuthunlui ah sakhuo lam a nasem tu ding in THIEMPU guot ahia, Khuo tang ki vaihawm na lam ah LENG te leh vaihawm tu ding guot ahi kit hi. Lal Isun le zie haw chu angaikhaw mah mah hi . Zieziek chun hiti hin agen hi, “KAISAR thil chuh KAISAR kawm ah pieu in la PATHIEN thil chuh PATHIEN KAWM AH pieu in” atih kha, (Lk.12:17). Vaihawm tute hih bat ahih loh lawm lawm chun khuti tak a dem tak luot hih ngai lo ahi, atang pin thil pha bawl ten chuh vaihawm tu talauh um puoa, amah vang chuh thil phalo bawlte’n vang athil phalo bawl ziek un alau sek uh ahi. Miphalote lunggel phat loh ziek in miphate le thiem loh chang sek in aum sek ui.

THU ZUI LOTE

Vaihawm tute chu Pathien guot himahleu a vaihawm dan u ah Pathien deih loh zawnng a ahiah uh aum thei hi, zie tawbang chuh ahiah ziek in vaihawm tu ahiah nau kha Pathien gawt hilo angaih ding ahi

diek puoi, Pathien guot ahiah nau tu chak a, Pathien deih lam hol lo a, amah dieh dan a vaihawmna le aum thei hi. Solomon le Pathien guot ngei a leng himah leh amah leng a siem tu Pathien deih bang azuihloh ziek in Pathien in a leng hihna apie thai. A chang leh thunei tute’n athuneih natieng val a thuneih aguot chang uh atam hi. Zie hin gingtute’n adik lo tieng chuh nan ngam ahung pawimawh namun ahung um sek hi. Amah vang chuh apawimawh namun a thu diklo nan ngam nading mun atam in, zie chu hetkhen apawimawh ahi. Thil pha achun thu zui tu hih le apawi mawh ahi. Rom khopi a kristien suk gim theih na aum lai in Paul in vaihawm tute thu zuih ding ahiah zie agen a. Gitloh na ziek a thuok hilo a, phat na ziek a thawk vang chuh KA ZAH CHAK pih puoi tin kristiente chu a tilkhoh hi (1Pet.2.13). Khutichun vaihawmtute chung a lung gel dan ding leh um dan ding agen hi.

1- Pathien guot ahiah ziek un athuu izawp ding uh ahi, vaihawm tute khel ah Pathien

aum hi tih hi het ding ahi. Zahna dingdawl a phatak a zah a, athu neihna tieng u ah a thuu phatak zuih ding ahi.

2- Minsiet ding lauh na ziek a athuu zuih ding hilo in, athuu

a hin tâk loh uh a; a thih sik uh a thi pa leh thokitpa dinga chuh a hin tâk zawkna dingun, mi chengcheng thih sika thi ahi zawi.”

Chanchinpha gen dinga Lalpa'n ahun sawl ahi a, nang na chieh theihloh chun, na thatheng ding midang na sawl ding ahi.



Bible Simding: Rom.13.1-7

KI HET THIEM TUOH DING AHI

- Pu Paubik
D. Phailien

Paul in Rom mite kawm a lehkha athak hun lai hin Juda Kristien te haw lak ah haksat na tam tak ahung um seka, Rom lalgam sung a Juda te chun Sakhuo thil ah adiek itak in haksat na atuok sek ui, asakhuou kha Sawlkar het pih ahia, aSabbath chan uleh nek leh dawn/chuleh serh le sang kawng ale agam sawlkar in zalen na apiei, amah vang chu Kristien te ding chun haksatna tamtak aum sek hi. Kristien sakhuo phut dawk tu Lal Isu chu Rom sawlkar in thiem loh chan in athi ahi.

Alexandria gamte, Rom gam haw ah buoi na neuh neuh (national calamity) aum sek hi, zie haw chu kristien haw angawh sek ziek un sawrkal in kristiente amuh dan uh a asugimthei sek ui, zieziek chun kristiente chu mi lak a aum dan uh achit theih uh angai ta ahi. Isu'n ma apuih he zing in Paul chun sawrkal kieng ah khuo le tui thil bat chu angaih paw mawh pen khat chu ahi.

THUZUIH APAWI MAWH NA ZIEK

I-vaihawmte hi Pathien guot ahi,thu neih na cheng cheng nei

tu chu Pathien ahi ngal a, Pathien in amite chung a vaihawm ding in vahawm tu ding aguot sek hi, vaihawm tu chu aphant in le, aphant loh in le Pathien guot ahi tih hi adiek lo diek puoi. Lal Isu ngei kha le Juda gam, Rom gam vaihawm te lak a mi phalo khat Pilat kieng ah athuok hi, zie tawbang mah chun vaihawm te lak a gilo pen khat NERO khut ah athuok kit hi. Zie tawbang chu himahleh Lal Isu leh Sawlchak Paul khan vaihawm tute kha adem diek puou hi, Vaihawm tute thu zuih loh chu Pathien thu zuih loh na khat ahi.

Vahawmtu pha nei ding chun "Khuo le tui pha" hih angai hi.

lemguot dan hi hetdawk sen ding hilo ahihim hi. "Aw athuk in asang na e, na chitna leh na hehpihna" tih la hih ngaihtuoh hitiu.

Ahung kihetdawk phet in "Ka pa kienga, suok thalakte neksenloh atam mai zen tawh, kei gilkiela thimai ding ka hitai" ahun ti thei ta ahi. Hallelujah! Thiding ka hitai tih kihet dawk hih apawimawh na lawm lawm e ! Dinmun sietdan kihet dawk chu inn lam zuot kitna dinga kalbi masapen ahisek hi."

Thiding hingala kihedawk thei nailo bangzat ium ding um? Hinna ding achuh thiding ka hi tih kihetdawk apawimawh masa ngala. A lungsiet um pen chuh thiding ahih lam lam kihedawk nailo haw hih ahiu.

Zalenna dika kileh kitna

Zalenna taktak chu ngaihdamna nuoi a hehpihtu angung a umkit hi ahi. Zalenna diklo chun thihna mun atun a, thi ding ahi tih akihet ziek in chapa taimang hin kilehkitna ding chuh ahun ngaihtuoh thei ta ahi. Pa kienga kilehkitna kalbi aban-ban in vak en hitiu. Na zuih nuom leh Pa kieng tung kit ding na hi.

1. Khanlawhna: "Ahung kihet dawk phet in" tih hih khanlawhna kipak umtak chu ahi. Ni khat hiti hin ka hun ngaihtuoha ka thugen masapen achun ka gen ngal ahi.

Mihiemte hin I hung khandawk laitak a I na bawl bawl chu I hun bawl chiet ua, thilphalo le I bawl kha chiet ui. Himahleh haihsanna chang hekitte chuh ahing ua, ahelote chuh athi den sek ui "tih hih, Chapa taimang chanchin a apha hung kipatna chu ahung kihetdawk phet in" tih hi ahi. Kihetdawkna chang hete chun innlam zuot kit ding hun ahesek ui. Kisikin innlam zuonte chu lawplut in aum teitei sek uh ahi.

Chapa taimang hin gilkiel ngingui a aumlai chun apa inn a an neksenloh um chuh a vakgeldawk thei ahi. Akihetdawkna ah hetdawk dinga pha mahmah chuh ahe dawk ahi. "Kei hilah ziehin gilkiel a thiding ka hi" kihetdawk hih hinna kipatna ahi. Akihedawk lote ahiu athiden sek.

2. Kingaihtuohna: Mihiem hi ganchate guol I hipuoua ngaihtuohna nei thei I hui. Pathien in mihiem asiem a, A mah I batna'u khat chu, ngaihtuoh theihna I neih uhi ahi. Zie ngaihtuohna chu aphaltama mat theih ahi a, asielam ale mat theih ahi. Zie ni a chapa taimang hin aphaltam in ahun manga, "Tho ing ka ting" ahun ti theih hi. Pa kawm tun theihna ding chun kipan dinga kingaihtuohna amasa teitei sek hi. I lungthim a I ngaihtuoh chu I bawl sek uh ahih ziek in, na kingaihtuohna chu apawimawh mahmah ahi.

Kingaihtuohna apat in chapa taimang chun abawl ding ahe a, anutsieh ding ahe a, achiehna ding lam ahe a, atunna ding ahe a, apa kawm a agending ahei. Kingaihtuoh pat himhim na ah abanban ahung umsek hi. Na kipatna ding na het masak angai a, ziechuh ngaihtuohna kiti hih ahi. Mi ahung kingaihtuoh theihtak leh panpihtu ding Thagau thiengtho in ana ngak zing ahi. Pa kawm eipuitung nuom tinten I neih ziek un I vangphau hi.

3. Thupukna: Kingaihtuohna chu thupukna'n azui ahi. Thupukna kiti chu, kuomah eisawl le hilo, eimah nawpna leh deihtelna ngei a “ Hiti tangka, hiti hin umtang ka, zie guol hin bawl-ing-ka” tih haw hih ahi. Zieguol a kingaihtuohna apat thupukna asiem chu kuoman I cham lo a eibawlsak theih hilo, I thasanga kuoman eina bawlsak theih le hilo, I het loh kal a thil ana umthei le hilo, eimah lunggel a hung kipan thupukna chu ahi. I kingaihtuohna chu ataktak a semdawk ngei dinga kisikna ahi a, tupna kichien tak ahieh ding ahi. Ngaihtuoh vengvenga deihtelna siemna mun chuh ahi. Thi ding ahim, hingding ahim a, eimah kingaihtuoh tawpna athil hung kibawl chu ahi.

4. Kipat dawknah leh nutsiehnah: Thi ding ahieh kiheta, hinna lam

zuon dinga kingaihtuohna achun thupukna chu nasepin azui ngei ding ahi. Chapa taimang hin vawk an kuong bul anutsieh angai hi. Vawk an kuong bul a pat ngaihdam ngetna aum theipuo. Thihhna ding mun chu nusieh ta dinga kipat dawknah angai hi. Lungheina diktakchun nutsieh anei a, zuotna lampi anei tei tei ahi. Pa kawm azuot ding chun, pa thu matloh zieka atunna mun vawk an kuong bul chu a nutsieh angai hi.

Tulai mitamtakin Pa kawm zuon nuom ngal in vawk an kuong bul a nusieh nuom puou a, he sa saa ahalo kikhenpih nuomlo chun, Pa kawm tun ding chu kinep loh mai ding ahi. Nutsieh gam umlo a tunnading mun kizuon theilo ahi. Nutsieh nawpna hin apha deihtelna asulang hi.

5. Thupha chawihna: Lungheina diktak achun “Ka bawlkhiel tai” tih nawpna aum teitei sek hi. chapa taimang hin apa kawma agen ding ngaihtuoh felsa diem in akawih hi. Phuok kawm ahipuoh a, alunggil taka akisikna apuondawknah ahieh ziek in, zie chu gendawknah kal angaklah ahi. “Kapa kawm ah, Hepa, Van a mi chung leh nangmah mitmuh ngei in thil ka hihkhiel tai, na chapa a vawhhawile ka hitapuo, na suok thalakte laka khat guol in ei sim zawta'n vati tang ka” tih hih

ah chieh un la, thilsiem tincheng kawmah Chanchin Pha gen un. A gingcha a baptistma chang chuh hukdam in um intin, a gingcha lo chuh vang mawhchang in um ina.” Chanchinpha gen dinga sawl I hui. Lalpa Isu'n ei sawl ahi. Johan 17:18. “Nang in khawvel a kei nei sawl guol in, kenle amau haw chuh khawvel a ka sawl ahi.”

Lalpa'n ei sawl ngal chun, thip hiet hiet hun ei ta puoi. 2 Lengte 7:9. “A zawh chun, “I hih dik hiel puou hi, tuni hi chanchin kipah-um tun ni ahi a, eihaw hi I thip hiet hiet u a; khawvak I ngak u chun gawtna tuok ngêi hitiu; zieziekchun, hung tiem u! Leng miliente va hilh hitiu,” ti'n a kiho u a.”

Awle, nang leh kei Chanchinpha genlo a, I thip hiet hiet u chun gawtna tuok ding I hui hi, thip hiet hiet hun ei ta puoi. Lalpa'n Chanchinpha gen dinga ei sawl ahi ngal a.

Jeremiah 47:7. Lalpa'n hih ding ahun piek ngâl chun, bang ti a um hiet hiet thei ding na him?” Lalpa Isu'n hiti hin ei na genkhum hi. Johan 4:35. “Nang haw'n buh âtna ding tha li a um nalai hi, na tiu hilo maw? Ngaiun, ka hilh na hui hi, khawdak unla, lo haw hi en un, tu apat hin lak dingin a âng ei tai.” Ei haw'n Chanchinpha genna

ding ahun ei nai puoi le I ti maithei, awl in kigen na'n a le I ti maithei, Lalpa Isu'n khawdak unla lo haw hi en un, lak dinga min ei tai, ti'n ei genkhum hi, thip hiet hiet hun ei ta puoi, khawdak hitiu. Sawlchak Paul thugen hi vak ngaihtai tiu. I Korinth 9:16. “Chanchin Pha gen mahleng le, suon ding himhim ka nei puoi, hihmâkmawh ding ka chung a kinga ahi ngâl a. Chanchinpha gen kileng lah, ka chung gik ding ahi ngâl a.” Sawlchak Paul hih Chanchinpha gen dinga sawl ahieh a kihechien mah mah mai hi. “Chanchinpha hi genlo thei kei puoi, ka genloh chun ka chung gik ding ahi a, mawh le chang ding ka hi,” a tii.

Rom 1:14-15. Khutichun, nang uh Rom kuo a umte kawm ale Chanchinpha ka zawh chana gen dingin ka kisa zo zing hi. Sawlchak Paul hin, Chanchinpha gen ding hin bang hun ale kisazo zing ahieh dan a genchien hi. Nang leh kei le chanchinpha gen ding hin kisazo zing hitiu. Lalpa Isu chanchin hih khawvel muntin ah genviel dinga sawl I hui. Bible chang haw hih sim in- Mark 16:15-16; Matthai 28:18-20.

2 Korinth 5:14. “Krista hehpihna chun ka chamlo a ei sawl ahi; hiti hin ka heu hi: Mi chengcheng thih sik in mi khat a thi a, ziezieka chuh mi chengcheng thi ahui hi. A hingte chuh amau dinga



THIP HIET HIET HUN EI TA PUOI !!

By: Evan. Lamzagin

Changtel: Esther 4:14. “Tuhun a hi na thip hiet hiet chun, mun dang apat Juda te ding in bitna leh suohchakna hung um mawng lele, nang leh na pa inkawte hi mangthai tho tho ding ahi; zieziekchun, leng hihna na hung chan hi hitih hun a ding hi hilo ding ahim?”

2 Lengte 7:9. “A zawh chun, “I hih dik hiel puou hi, tuni hi chanchin kipah-um tun ni ahi a, eihaw hi I thip hiet hiet u a; khawvak I ngak u chun gawtna tuok ngêi hitiu; zieziekchun, hung tiem u! Leng miliente va hilh hitiu,” ti’n a kiho u a.”

Jeremiah 47:7. “Lalpa’n hih ding a hun piek ngâl chun, bang ti a um hiet hiet thei ding na him? Ashkelon leh tuipi pang luoh dinga a hun guot ngâl chun.”

Johan 4:35. “Nang haw’n buh âtna ding tha li a um nalai hi, na tiu hilo maw? Ngaiun, ka hilh na hiu hi, khawdak unla, lo haw hi en un, tu apat hin lak dingin a âng ei tai.”

I Korinth 9:16. “Chanchin Pha gen mahleng le, suon ding himhim ka nei puoi, hihmâkmawh ding ka chung kinga ahi ngâl a. Chanchin Pha gen kileng lah, ka

chung gik ding ahi ngâl a.”

Rom 1:15. “Khutichun, nanguh Rome khuo a umte kawm ale Chanchin Pha ka zawh chana gen dingin ka kisazo zing hi.”

Zie Lalpa Isu thugen hi, Apa’n khawvel/vannuoi hukdampa dinga ahun sawl ahizie Bible chang ahin a gen chien hi, vak sim hitiu. Johan 1:29. “Chun, a zing chun, Johan in Isu a kawma hung dingin a mu a, a gen a, “En tiem u, Pathien Belamno, vannuoi gitloh la mang pa khuh! Amah hi ahi.” Vannuoi Hukdampa chuh Baptist Johan in kichien tak mai in, Entiem u, Pathien Belamno vannuoi gitloh lamang ding pa khuh, amah hi ahi, ti’n a sinsakte ana kawkmuh hi. Awle, Lalpa Isu khawvel gitloh lamang dinga sawl ahieh bangin, Lalpa Isu’n ei uh le ei sawlsawn ahi. Mark 16:15. “Isu’n, a kawm u ah, “Khawvel pumpi

agen dinga angaihtuoh lawk chuh ahi. Mi akisik taktak chun, agen ding phuoksak angai puoha, agen dinga kilawm chet ahun gen daw sek hi. Mi dang gen guol-guol a gen angai puoha, eimah gen dinga kilawm ahung pawtmai sek hi. Chapa taimang hinle akilawm hi ding pena azikdaw eipuoi, a lungthima aum guol tak a ahun gen daw ahi.

6. Pa kawma ngaihdamna umzing: Chapa taimang, inlam zuona ahunglai in, apa’n gamla takapat ana mungal hi. Bangziek ahidem? Nitin ahungna ding lam enzing ahi tih hettheih ngal ahi. Achapa chun khawvel ahin apa guola hehpihtu ding mu zolo ding ahi tih apa’n ahe mahmah hi. Zieziek chun ahungna ding lam ana gal et zing ahi. Achapa chun khawvel ahin apa guola hehpihtu ding mu zolo ding ahi tih apa’n ahe mahmah hi. Zieziek chun ahungna ding lam ana gal et zing ahi. Amuh phat in kawtbul ah ana ngak mai puoh a, adelha apawma, achawp chukchuk hi. aki kawlh tuoh chuh ahimai ui. Achapa’n apa kawma gen ding atih cheng hih agenzo man puoi. Apa’n athugen abawhtan sak zieng abang hi. La phuoktu khat in, Hungkit in, Hungkit mai in, mitphet kalsung kangakle kei ading in asawt taluo ahi” ana tih hin Pathien lungthim agen lang mahmah ahi.

Kintaka apa’n ahun gendawkpai zieng chuh, “Puon phapen kha hun silhsak unla, chuleh zungbuh buhsak unla, kengtawbek le hun buh sak un” tin ana lamtuoh ngal ahi. “Ka ngaidam tai” tih hih athumal in agen puoha, anasep in aetsak ngal ahi.

Agochan sik chengcheng akipuok daw ahi khala maw! In-sung ahin “kei a” tih ding him him, bang anei na lai dem? himahleh hehpihna tawp ngeilo, apa chun, achapa kisika hung kileh kit a ding chun bang kim anei nalai ahi. Apa’n hun pieu in atih cheng hih, achapa hin ana neihsa ngen ahi a, ava suk mang suok kei ahitai. Apuon le atelzo ta a, akengtaw buh lohna le sawt tak hitan a, azungbuh le avakizuok mang hita ding ahi. Chapa khat in aneih ngei ding thilte neitaloa a um chu apa’n a en zopuoi.

Thagau mite hilhchiet dan chun: Puon hin Pathien ngaihdamna bukim aetsak a, Zungbuh hin cha hihna, thuneihna aetsaka; Kengtawbek hin In-sung mi hihna aetsak hi. Suokte’n kengtawbek abut ngei puou hi.

Amah kinepna sanga sang zaw ahiehna dinmun mahmah chu piek in aum tai. Pa hehpihna hih anasa na e maw? Zie hehpihna hih ahi Pa Pathien in nang leh kei ei hehpihna chuh. Pachante chanchin maimai a kigen ahipuoha, nangle na

Chamna Aw

taih mangsan na Pa Pathien chanchin ahi. Hallelujah.

Ngaihtuoh tie, a zalen ta na ding e! Pa angung taih san a, nawp-nawp a umchu zalenna ana hi naisaipuoi suoka lutna mai ahi. Hehpihtu angunga kilehkitna ahin zalenna taktak chuh aum chauh hi. Pa tawh chen khawma, amah hehpihna nuoia thumang taka um khela zalenna nuom leh buting aumpuoi.

Ahung kilehkit hi amah kipahna chauh eipuoi bawngno thautak thata an limtak nek khawmna nuom tak abawl tau ahi. Pa kawma I kileh kit tieng leh ahepha chan kipakna leh lawpna ahi sek hi. Hehpihtu kawma kilehkit hi amantam na lawm-lawm e maw!

Unau ngaihtuoh in, zalenna lem aum hi. Mi tamtak in ziechuh adelh ua, himahleh taksapna, gilkielna leh lungkhamna mai ahi. Kilehkit nachang helote vang thiden nalai ding ahiu. Van'a na Pa thununna nuoi ah thamuong tak in um guo zawn, ziechu zalenna diktak chu ahi.

Zietaka ngaihdamna thupitak changtu, chapa neuzaw hin, khawvel nawpchenna mun ah zalenna taktak aumpuoi tih a he chien a, a hung kileh kit nung hin vang, ahun nutsiehna gam, vakvaihna, gilkielna, liengvaihna leh muolphona mun kha vazuo kitta puona. Aziekchu Pa kawm ah adeih cheng akim ahi.



NGETNA LEH HETSAKNA

1. Chamna Aw phungvuktu leh deihsaktu apung zel a, kipah aum mahmah hi. Aphungvuk sate leh aphungvuk nailote'n le, Pathien nasepna a ngai a pan hun la zel ding in ka hun ngen ui.
2. Chamna Aw achieh hawih zawk sem theihna dinga Article hun zik a, hun pie sausau ding in ka hun ngen ui.
3. Chamna Aw agent tenle theihtawp suoha pan hun la thak ding in avel in ka hun ngen ui. Aman hun la khawma, alathak ding hawla, aphaat zawkna ding lampi hete'n le na deih dan uh hun pie ding in ka hun ngen ui.
4. Dahna, kipahna hileh I bawn ua het dinga suklat nuom neiten ₹ 2000/- piek a suoh theih ahi.

*Editorial Board
Chamna Aw*

Chamna Aw

chuom chuom, gam changkang gam khangto, gam thupi chuom chuom ah Lalpa'n ei pui a, khawvel lopina, hawihna chuom chuom ei muhsak a, athupi'n ahawih ngei hi. Himahleh, khawvel hawihna, lopina, thupi na haw ahin kipahna ding ka mu puoi, ka zinviel, ka vakvielna cheng cheng leh ka muhlah lah a thupi ka sak pen chuh, Lalpa ei lungsietna ahi. Pathien tawh kipawl zing, umkhawm zing khela nuom khawvel ahin aum puoi. Khawvel a gitlohna khat ziekin police ten case siema ei man a, suongkul kilut thei, thil khat hih suol ziek chauh a le zie tienga chuh gawtna kichang thu, Pathien in ka gitlohna hih case in ei en henla, ei man leh bangzah phet in atam ta phet dem maw? Ka gitlohna hih Lalpa'n en in, ei that ding hileh hinga dam ding kuomah um puoi tiu. Bangzah gitlohna nei le ngaidam zo, ngaidam nuom Lalpa chuh bangzieka I kilepsan mai theih ding uh ahim, kingaihtuoh thak hitiu. Matthai bung7 na a, ngen un piek in um unlau, hawl un mu'n lau,



kiu un hawnsak in um unlau atih khu, chutmuna nget ding ei puoi, ei ma'n panlaka hawl ding muhding chanding ahi zawi, theihtawp in pan la thak lengun Pathien hukdamna kipah um mah mah gen zawhsen loh, chang ding I hui, taksa leh thagau ah.

THUTAWPNA

Awle, gennawp tampi nei mahleng un gen tam, gen hat sangin, I het sun sunteu chuh zui leuhing 'lawhtitna hi zaw'n a maw? I thusim uh apat in I mawhpuoknau, I sepding uh I bawl ding uh, I bawl loh ding uh tampi I gen tau a, I zawh loh chauh uh a Lalpa hung kipan ahihdante I he tau a, tu apat a panla thaka kei le ka kipat loh zieka ana lawhsam ka hi hi uo, tih kihedawka pan athak taka I lak uh a, taksa leh thagau a I hung lawhtit chiet theihna ding un, Lalpa'n ei vangsak chiet ta hen, gen khelh, ating lo, avalte ngaihdam ka hun ngen a, chuleh ana simtute cheng cheng chung ah kipahthu Lalpa min in ka hun gen hi.

zawkna ding un, kei chanchin neukhat hun gen ingka, Pathien lopina dingin. NU LEH PA neilo a hinkhuo mat chuh gentam loh a haksa ahih I het mai ding uh hi henla. Zie hinkhuo chuh kenle kum 20 vel ka hun mang ta a, zie hunsunga haksatna ka thuokte laka khat hun gen ingka. Mumbai ah, hair-dresser diploma ka zil lai in, ka college hih kilometer 50 vela gamla ahi. Zingkal dak 8am leh ka tun angai a, zie a chuh 5 a.m. beka ka thawh loh chun tungman lo ding ka hih ziek in, dak 8 a.m. chuh ka delh zing angai tai. Mi panpih ding ka ngak puo a, aziiekchuh ken ka theihchina pan ka lak masak phawt angai hi ka tia, ka lawhtit nawp chun, ei panpih dingle kinepna ka nei puoi, Lalpa'n damna ei piek phawt chun ka theihtawp suoh phawt phawt ka ting, ka zawhloh leh vang kei thiemawh hi talo ding ahi, ka ti mai hi. Ka zilna ah haksa mah mah lele, ka kipat tak laklawh chun, ka theihtawp in pang ingka ting atawp chan tung him him ka, tih chuh ka thupukna ahi mai hi. Bangkim chuh Lalpa khutah ka nga a, kei hihtheih loh cheng chuh, Lalpa khuta ka ngak mai ahi. Lungkieka kingaihsiet lam him him ka gel kha puoi, lawhting dinga kikawih mai ka hi. Zie chauh chuh hilo in, ka zilna tawh na ka sep kawp loh chun

ka nek ding um lo ahi a, ka zilna ka zawh phat leh part time in na ka sem kawm a, ka kilawh kawm ahi. Aziiekchuh ka lawhtit nawp ziek in, theihchin in pan ka la a, ka nasep kawma ka zil ahih vangin ka zillai a ka haksatnate chuh ka gel tam bek puo a, ka hung lawhtitna ding lam ka gel tam ziek in nasatak in ei suhat sek a, gim in chawl mahleung ka hetloh kal in ka na zil zo a, Lalpa'n ei lawhtitsak ngei a, Lalpa ziek chauh in, kei dinga kilawm lo, kei chan dinga sang taluo, kei muhding guol hilo mahleh, zie tieng ei tuntu hih Lalpa ahi, mi a ding in bangmah kham le ei puoi, genkham le ei puoi, gen dinga le zahchak le um hi'n a, himahleh kei ka kingaih tuoh a, LAILONG-L, khuo ah ka pieng a, ka hung seilien a, ka pienna tawh ka insung tawh, tua ka umna hih ka teh leh genlo theilo in ka he a, Pathien chungah kipahna gensen loh, gen zawhloh khawp ahi. Zie tieng ei puitu Lalpa chuh bangti a ka kihet loh sak theih mai ding ahim, Leng David in Lalpa a chungah a phatna a gen chauh hilo in Lalpa chungah banga ka piekthuk ding a ti khala, kenle Lalpa ka chungah a phat maizen tawh, lungsietna tawplo a ei enkawltu, ka chungah zahngai zing Pathien hih bangti kihetngilhsak a, kilepsan thei maizen ding ka him? Pathien zal chauh in khawvel mun

PANPIH NGAITE CHUH KUO TE A?

Thanglalmuon K. Gangte, USA

Zie I magazine uh 'Chamna Aw' manga article hun zik thei dinga ka um ziek in Lalpa chung leh 'Chamna Aw' Editorial Board chungah kipathu ka hun gen masai. Zie thu mawltak a ka hun zik hih ngaihtuohna tamtak nei a, na na sim uh a, na sim chai nung uh ale ana ngaihtuoh zawm chiet dingin avel in Pathien min in ka hun chiel masai.

“Panpih ngaite chuh kuote a?” tih hih avek in gen kim zo ding hi kimahleung ka het khamkham hun gen ingka, zie thu hih ka ngaihtuoh tuoh leh keimah chung apat zieng inle thil tamtak vak genzawh zieng theihloh ding aum a, ka ngaihtuohna apat a Lalpa'n ei hetsakte hung sulang ingka.

Awle, athupi a I gen bangun, Panpih ngaite chuh kuote a? tih hih kiki dawng tuoh chiet thei leh, mi tamzawte'n adawna chuh *migimthei liengvaite, nauchagahte, meithaite, damlote, etc.* I tih ngei uh ginchak aum hi, dik le adik ngei nai, ahihvang a I ngaihtuoh thuk zawk deuh leh zie sanga khawk zaw pawimawh zaw um nalai ahi, nangin bang hiding in na gel hi? Ahihloh leh na ngaihtuoh kha'm? I tup leh I gennawp pen uh achet zawk theihna ding leh I hetthiem zawk

theihna ding un, etsakna (example) vak gen phawt hi tiu. Mikhat in van giktak puo henla, puolah mah mah in, na kawmah ei panpih in, ei dawn in ti leh, I panpih ngei ding uh ginchak aum hi maw? Bangziek in, aziiek chuh amah ngen in puo zolo ahih ziek in panpih tak mah ahi. Aleh midang khat mah chuh, atha le hat, dam le damthei, a sep nawp leh semthei, kivaklah ding le hilo, amah chuh Insung haksa mah mah ahihvanga na le sep guolo, sum le nei lo, a sep loh zieka neilo khat in, na kawm ah, kei michagah migimthei, meithai ka hi'n, ka nei zo puo'n, mi nek le ka ne zo puoi, ei panpih in, hung ti taleh na panpih die? or na lungsiet mah mah die? Lungsiet in panpih nuom lengle panpih vang haksa'n a maw, a semthei hinapi a semlo a nget tawp, hawlo a muh guo. Midang khat mah gen kit leng

amah chuh nasep le taima, sepding aum nak leh sem peih, mifel mi tawmngai, sepdah nei lo, bangtienga pan a lak vanga a pawimawh nei zolou, chaw zolo khat in, na kawm ah, he u, he pa, he nu, nei kithuohpih mai loh leh, kei ngen in ka zo puoi ti'n kisuonglah tak in panpihna hung ngen leh, panpih tak ei chula maw, a genma bawn in panpihna I piek uh ginchak aum hi. Aziekchuh a ma'n theihchin a panla masa a, a zawh loh chauh a kithuohpihna ngen pan ei chula maw.

THAGAU LAM AH:

Pathien kawma ki-surrender ngam lo, ki-surrender guo lo, gitlohna bawl zing, ahivvanga piengthak nuom mah mah tih haw hih I gamsung I namsung uh ahin tamtak um dingin ginchak aum hi, um le um ngei hitiu, pan lak guo lo a, Pathien kawma panpihna I nget nget uhin umzie bangmah neilo ding ahi. Pathien in bangti ei panpih die, a damlo, a chiehthei lo hiel I hih samloh leh, chutmuna paucham in umzie nei lo ahi ,agahsuoh ding dan le um lo, a malsawm ding pa'n le panpih dan ding he dingin ginchak aum puoi, bangziek in, aziekchuh, ei un pan lak phawt guo lo chuh, ei mau chiet in panla phawt phawt leuhing Lalpa'n a bawl ding, a sepding a he nai, Lalpa Isu a kikhedena a

changlama pa'n a hihtheih tawp suoh in, a lungthim cheng cheng apat a kisik in ngaihdam a ngen a, Lalpa Isu'n a hihtheih cheng hih, a ki-surrender ahi, tih a het in a ngaidam khala maw, a veilama pa khan panpihna ngen lo in a um a, Lalpa'n a panpih diek puoh khala maw, bangziek a Lalpa Isu'n a changlama pa panpih a, a veilama pa panpih lo or hukdam lo hiding in na gingcha'm? Na ngaih tuoh kha'm? Aziekchuh a changlama pa'n panpih ngai ahivvanga a kihe a, Lalpa kawma a lungthim pumpi a kisik in a kipietha a, panpihna a ngen khala, panpihna a nget masanga khah ahivvanga, a bawl ding um ahi khala maw? Banga a bawl leh? Gilo hih kihe, kisik, hukdam ngai hih hung kihe, zie chuh ahi chula a bawl, theihtawp a kisik, a khut leh keng tawi theilo in khenden mahleu, a kipiekhakna khah, amah lama ahivvanga ding dawl, Lalpa'n ahivvanga dinga a ngek pen chuh ahi. Ama'n a bawl theihloh, hukdamna khah Lalpa'n a pie khala maw? Zie chuh ahi I gennawp uh chuh, a veilama pa'n a nget loh zieka Lalpa Isu'n panpih nuom mahmah lele a nget loh chuh bangti a piek ding, hukdamna hih athawn himahleh, hukdam hihtheihna ding leh chan theih, muh theihna dinga hih, ei mah in I bawl ding, I sep ding, I hih ding hetngilh loh ding apawimawh mahmah ahi.

Lalpa'n a veilama pa khah a septheih loh, a bawl theihloh ding chuh ahe mah mah ahi, hilele a bawl theih khat aum chula maw, bangtieng in ana suol in, ana gilo mahleh kisik in ngaihdam ngen leh, zie chuh a bawl thei chula maw, a lawipa'n a bawl thei chuh, a ut leh ama'n le a bawlthei chula maw, kisik a Lalpa kawma kipieklut, kituklut, thupha chawih ahi chula, gitloh dan kibang gel hui a, bangziek a Lalpa'n khat hukdam a, khat hukdam lo ahi die, Lalpa chuh a lungthim sie ahi die, ahivvanga leh a deihsak chuom um ahi die, hi lo e, deihsak chuom, lungsiet chuom nei Lalpa ahi puoi, a hihding a hihloh zie ei chula maw, Lalpa'n ngaidam nuom in, ngaihdam dingin a ngak zing a, ngaihdam ngen lo chuh bangti a ngaihdam ding, hukdam nuom mahleh hukdamna ngen lo chuh bangti hukdam ding, nang leh kei inle I nget loh a, I hawl loh uh a, pan I lak loh uchun Lalpa'n ei panpih nuom mahmah lele ei panpih thei lo ding ahi tih hih I hetngilh loh hiel ding uh ahi. Na theihtawp in panla'n la Lalpa kei hatna'n ka zou puoi, nang tello in kei pang zo puo'ngka ti'n ei mau in panla phawt phawt lengun Lalpa chuh ei panpih dinga kimansa zing ahi, I gentak guol un, mihing lama le theihtawp suoh a, 'amah ngen in azawh loh' chuh 'I lungsiet uh a' I

panpih nuom u chula maw.

TAKSALAMAHVAKKIGEN LEH

Na sepna hawih dei, Officer hih nuom, IAS, IPS, Government service, etc, dei ahivvanga pan lak guolo, la peihlo gunchuh peihlou chuh bangti lawhtin ding! Exam ding chenga Pastorte sapa kipauchamsak mai hi huntawh lo ahi, na lawhtit nawp leh, mi'n dakkal khat lehkha a sim leh nang dakkal thum sim leh chun bang dinga lawhting lo ding la, na theihtawp in panla phawt inla, Pathien kawm ah panpihna ngen leh chun Lalpa a kimansa ahi, nang panpih ding a. Lehkhasimte chauh ding ahi puoi, lo nasem, nichenga nasem kawmte'n le, nidang sang in panla thak inla, mi'n na khat a sep leh nangin nih sep guo leh chun na zawh um tho ding ei ve, pan phawt phawt leh chun Lalpa'n na gimtheihna, na kuhkalna, na tupna chuh bang dinga athawn a hun kawih ding la, na sep tam zieka thi, tih hih kihkha nailo ahi, lawhting thei ding khama na I seploh zie uh, malsawm kham dinga I seploh zie uh ahi zaw dem maw, kingaihtuoh thak hitiu.

KEI MAH CHANCHIN CHAWMKIM

Kei mah chanchin gen nuom ka hi puo'n, I thupi'u ei panpih theihna ding leh I hetthiem uh a, I hetchien