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THUPI:

"THUOKHAT TAKIN TAI HITIU"  
HEBRAI 12:1

Editor: Rev. T. Kamgin Gangte

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December, 2019**

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CENTRAL LAMKA

# Editorial

LALPA Isu min in Sapchuomte nabawn un Kristmas/Kumthak chibai. Chun, Pathien program, thihna/manna zieka a ngaihtak uh ana khenta Insung mi te ka sunpih thu ka hun phuong hi.



Hun haksih nuom a ei na puia tukum December 2019 tieng ei pui galkai I Pathien uchu amasa'n lopina piek in um hen. Kum khat sung hin sep leh bawl ah kuo mah mah in haksatna I neih chiet uh ginchâk a uma mahleh ei puitu Pathien ziek chauh a ma sawn zêl thei Ihiu ui, tih I het in kipak a um takzet hi. Tukum thupi, "Thuokhat tak in tâi hitiu," (Heb. 12:1b) tih hi tu khêl hih kum thupi dân a gênkít vak zieng hung hikhel talo ding ahih ziekin neukhat vak genbeh hitiu.

I thuokhatna ding uhi aziek tampi gentheih a um hi. Ahi'n I bible in I thuokhatna ding uh a agen pên chuh. "Hêtpih meipi'n ei ûmkimvel ziek un," atih hi ahi. Hêtpih meipi, atih hi bible thiem te'n, "Gingtu ana chieh masa te haw ahiu," atiu ui, dik dingin ginchâk a um a, I bible in le bangzah ahim ahun tâklang hi, (Heb. 11: 4ff). Aleh, thuokhattaka I taihna dinga chuh bangzieka amâu haw hi ahun matchâk khelkel a? tih hi dawtna lienpi ahi. Aziek chuh, ei úm kimvel zingte ahiua ahi. "ûm kimvel," tih hih, "hechien mahmah," tihna ahi. Gingtu ana chieh masa te chuh ei úm kimvel zingte ahiu a, ei thîl zingte le ahiu a ei he chien mahmah te ahiu ui. Chun, I thuokhat ahung ngaih mahmah na ding khat kít chuh I kawl tâンna a pata taih dawk zawhna ding thuokhatna I neih uh a mamawh hi. Ei suawlâwk cheng laka pata I hung taihdawk zawh sek lohna ziek chuh, hetpih meipi hih I hêtchetloh ziek uh ahi sek hi. Hêtpih meipi'n ei úm kimvél zieka thuokhat tako tâi dinga phût I hih uchun, zie "hêtpih meipi," hih I hetchet loh uchun kuomah thuok tûn tûna tai hâmhâm um puona. Ei hêtpih te chu bang tawbang/kuo tawbang te ahiu em, tih I hetchet uh ngai ahi. A masa ahih ziek uchun puitu dinmun a ding ahiu hi, tih hi a chien hi. Puitu chu ettawn tâk ahih ding ahi a, ettawn theih nana na chu lauh le ngai ding, zah le ngâi ding, a masang ua le I kisuonlah deuh ule ngâi ding, khuti tieng ngaihdan chu eia a umloh chun taih tûn tûn tih chu thil haksapi hiding ahi.

A thu chieh dān hi, hawih taka I et detdet leh gingtu masa a umleh, a nunung le a um hi, tih a chien hi. Gingtu nunung, um haw chuh tulāi khanga ei haw gingtu te hi I hiu ui. Hētpih meipi (Gingtu masa) kiti te hi, Pathien a mi gin um, Pathien ana zûi dik mahmah mihangsang te gênnna ahi. Mi dawilawk te leh mi taisie te kuoma'n hetpih meipi'n amang ngei puoi. Gingtu masa te chu Pathiena migin umte a na hiu a ei na hechien mahmah ui, Zieziek chun, zie bible châng hi Pathien kihcha te, ei he chien mahmah (ei um kimvel) te chunga gingtu te umdân ding kigênnna ahi.

Pathien a mikipie zo te, Pathien a mihangsan te, Pathien min a haksatna ana thuok ta te hêt thiem leh zahna piek ding ahîh dâñ, eimah sângä midang ei he zaw um ahi, ei he mahmah te hawn ei thîl zing ahîu ui. Zieziek chun seplehbawla gin um taka pankhêl chuh ading dang umlo ahi. Ei hechien mahmah te tawh umkhawm zing I hiu a, zie haw zieka hi ei le hahpana panga Pathien min a taihsan ngâite taihsan a, haihsan ngâite haihsan a, sep ding/bawl ding, hak in nuom leh bangtawbang tuok ding hileng le ngâp zing dinga pan ding ahîh dâñ ei kawkmuh hi. Khawvel in phatlam manawh lo ahîh na ah, kumkit/kumnawn inle bangtawbang hun haksa ahun hing dem tih gêl zing kawm in I hun (time) uhîh mang ding in kisâi tiu.



## Ngetna

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vukna ale pang dingin na tawmngaihnau leh  
deihsaknau Pathien min in ka hun ngen ui.*

- Editorial Board

# BETHLEHEM AKSI

*“...suohlam ah a aksi ka muu a, amah chibai dinga hung ka  
hiu hi atiu a.” (Matthai 2:1, 2)*

- Pr. Mangneihlal, Phaijang

**M**i khatin hiti hin atii, “Isu Krista hung ding kuona mihingte mamawh khah khantoh na hileh, Pathienin scientist hun sawl intin, hauhsakna hileh economist hunsawl intin, kipahna hileh, entertainer hunsawl ina. Amahvang, mihingte mamawh khah hukdamtu ahihziek in Isu Krista ahun sawl ahi.” Bible ah tamtak vei aksite umdan kigenna I muu a, aksi te umdan hi lunglut umtak le ahi. Phalbi zan sawtnunga vanthamzawl thiengtak lamkhu I vak ettouh chun, aksi zatchuom chuom, phe sip sip, alien deuh aneu deuh, akinaih deuh aki gamla deuh, avak deuh, athim deuh, asan deuh, achiim deuh chi chuom chuom tamtak aum ui. Michingte hunzuih aksi khah bangpen ahi ta dem tih mithiemte chun achetna muhguon asut ua, I het theih dan dan in ngaihdan khenkhat aneih teu ana en khawm hitiu.

A bang hileh aksite mak dan neukhat ana enkhawm masai tiu.

**Scientist te gendan chun :** Aksite hih atam mah mah mai ua, liet le alien thei mah mah mai ua, makle amak thei ui. Vuklampi (galaxy) ah hin aksi tuklehdingawn 100 vel aum hi atiu, Vuklampi (galaxy) dang tuklehdinawn 100 vel aum nalai hi atiu. Vanthamzawl mithiemte het theih (known universe) a aksi um hi second khata khat zel sim ding kihitah leh kumsangnih val lut ding ahi atiu. Aksite hi huuh alawm (alum) aum, meikuong tawh kithuoh, ziechu eiun vaknem leh vakhing taka I muh uh ahi. Thapi tihloh vanthamzawl zana vak I muh cheng cheng uhi aksi ahi mai hi. Nisa hile aksi chikhat ahia, khawvel (earth) tawh nisa lietdan tehding hitaleng, khawvelhi sailimchang, nisahi saipi bang mai ding ahiu. Nisa sanga lien aksi tamtak aum nalaia, Aksi

lienpen tuchana scientistte muhdawk chu San Majoris atiu, alietdanchu khawvel (earth) hi asunga trillion sagih um/lut theiding ahi atiu. Scientist te chun second tin hin aksi khat apienbeh zel hile ati nalai ui.

Zie achunga I gen aksi maktak mai te hih I Pathien uh khutsuok ahi (Thil 1:16; Sam 8:3; 99). Aksite hih vak simsen maiguol ahiahloh dan imukit ui (Thil 15:5). Aksi ziezat zozai atam chu Pathien in aminun asam hi (S 147:4). Bible hunlai khanle aksi tamtakte min anahetau tih imu (Job 38:31, Amos 5:25). Aksi te'n vak thupi tak anei ui tih imukit ui (Daniel 12:3). Isu Krista hih zingsawl aksi tia le gen ahi (Thup 22:16). Ipi leh pute khan aksilam hetna bangtieng ana nei um neucha vakenkhawm hitiu.

**Ipi leh puteu gen dan chun:** Ipi leh puteu khan aksilam hetna sangpi chu ananeilo hiding ahiu hi. Zana vanthamzawla vakcheng thapi tihloh phawt khuh aksi tin anahe mai ui. Aksi ana het dan uh khenkhat ana enkhawm hitiu. **Bawmbiel:** Zie aksi hi alawmcha a um, phelieu lieu akimusek pen

khu ahi. **Zuheisuktun:** Zie pen hi vanlaizawla thum kizawm taka kitieg haw khu ahi. **Aksisawmleng:** Ziehi zansawtlama aksi lengviel zetzeta kimusek khu ahi atiu. **Thaltawngpa:** Zie hi avakle sankeikui a kimu ahi. **Zingsawl aksi:** Zie hi zingkal khuo hungvak dingkuona aksi souhla mdawha lientaka vaka kimukhu ahi. **Nitaksawl:** Zie hi nitumzawha tumlamdawha aksi adangte sanga vakzaw leh lienzawa kimu khu ahi. **Aksi meikhutung:** Zie aksi hi akigen danin umzie neitak ahi. Tumlam dawh a khu gal or kiel um ding kuon leh a etsakna dana a chunga meikhu guola buonghiehuoia kivungviehvuoha kimusek dan ahi. I gen manloh ding aksi dangdang tam tak a um nalai hi.

Tha, aksite, nisa leh vanthamzawla thilumte hih Pathien in tiemtehna leh hunbite hettheih na dinga asiem ahi tih I muu (Thil 1:14). Zieguol mahchun, Chunglama thilumte apathin ipi leh pu teu khan tiemtehna, hunbite hettheihna chuomchuom ana neingut ui. Nitumdingkuona meisan adawk leh khuophading, thathak alen leh khuosieding etc. Zietawbang

ahi Suohlam michingte khanle amauthiemna (rules of their arts) apat Messiah pienchu asutdawk maiuh ahitadem maw? A leh tulai mithiemte

hetdawkzawh guolloh thiemna a neihuh ahitadem? Or Pathien thilmak mawngin apuih ahidem? I thupiu Bethlehem aksi lamah lutkitphawt hitiu.



## BETHLEHEM AKSI

**(Mathai 2:1, 2)**

*“Khawi ah ahim Judate leng hungpieng chu? Suohlam ah a aksi kamuu a, amah chibai dinga hung ka hiu hi atiu a.”*

Zie chung khristmas khan aksi lamdang tak khat auma, alamdang mahmah mai a, suohlam aksi lehkhatiemte chun avaket uleh, Judate leng apienghi tih aksi apat chun avak hezieng thei ui. Aginchak mai mai uh ahi puoa, min agenthawh a het uhle ahi puoa, aksi amuu a, a mah aksi ahi tih ahemai ui. Bible in zie aksi umzie, or a aksi chi (kind) le agen diek puoi. Aksi pangai (fixed star) ahih loh na khat chu a chieh chawn hi. Michingte chun agamlat anaih, anawp ahaksat genlohin ahun zui tuun tuun mai ui. E. W. Muander chun hiti hin agen hi, “A Aksi kilat dan khan bangti zawng ahim a chun, Judate leng a hungpieng hi tih hi mai loin, Judate leng Judate

chauh in ahung angak uh le hilo, khawvel gam khangto, a hepha chan in ana ngak u chu ahungpieng tai tih hetsakna a piei.” Nausen hungpieng chu Judate leng, Jentelte tawh kisai na neilo hileh ziegoul lawm lawm a khah bang ba va hawl ding ahiju em tih theih le ahi. Zie lai a Juda leng Herod chun ahet phet in a buoi mah mah mai ta a, thiempute leh dan sinsakte samkhawm in Messiah hung ding thu a dawng a, Bethlehem ah Isu hung pieng ding ahi tin Thiemgau Mikah in agen hi tin adawng ui. Ginchak phak loh Jentel aksi lehkhatiem te'n Isu nausen ava hawl zieng ukhan, leng leh Juda sakhuo puitu te le a buoi lak lak mai ui. Mimawl belam pute kawmah vansawlchak

te van lapawl tawh a kilak ua, miching (scientistte) kawm ah tiemtehna aksi'n a kilak hi. Zie hin nausen Isu hungpieng chu Judate ding mai ahi puoi tih ei muhsak hi. Aksi pangai ahim or thilmak mawng mawng a Pathien siem ahim tih ngaidan chuom chuom khenhat ana enkhawm hitiu.

**Conjunction of planets:** Aksi lehkhathiem Johannes Kepler in Bethlehem aksi khah planet ki suuoh hin a tin aginchak thu ana gen hi. Planet khat leh khat ahung kinaih tieng uh leh vak ahungpawt hin, vak khat chauh in a kilang hi atiu. Chun Jupiter leh Saturn conjunction kha 6 BC vel khan a um hi atiu. Zie ngaihdan hi a awm na tieng um mahleh, zie dawtna haw hih a dawng thei puoi: Bangtia Judate leng apieng hi tih aksi apat khah ahet theih uh ahi dem? Bangti dan a aksi khah amasang uh a chieh zing thei ahi dem? Sun ale aksi khah muh theih ahim? Bangti dan a nausen um na chet khah a kawk muh zieng thei ahim? tih haw hih ahi.

**Nova:** Khenhat ten “nova” hina atiu. Zie hi aksipuokzak akuong apata meivak

hungpawt hina atiu. Zie hin le a hilh chien thei diekpuoi.

**Comet:** Comet hi khangthua thilsuok pawimawh khenkhat, leng pien thu leh a dang dang tawh kizawi a um ahi tih hi ana ngaihdan uh ahi. Comet chieh hat dan chu 1-2 degrees per day chule ni 100 sung chu mit a muhtheih ahi atiu. Chuleh, ni zakhat masang ah chun michingte kha tung thei dinga ginchak le ahi. Aksi sun a le muhtheih chu michingte dinga kha lem chang mah mah ding ahi. Chule, michingte khale Isu pienzawh zawh a tung zieng ahi puou tih het theih na chu, Belampute khan aksi a muh lam uh akigen khapuoi. Herod khan naupang kumnih apat a a nuoilam thah ding atih khan hun bangchan ahim chieh hiding ahi tih a hetzieng theih hi. Planet leh natural object dangte hih suohlam apat a tumlam zuona kitawlsek ahiu hi atiu. Zie chan hin chu a awm mah mah mai a, Mahleh comet khale Isu pien hun tuom vel khan aum khan ahe puou hi. Comet hi suohlam apat tum lam zuona chieh ahi iti tau a, mahleh Bethlehem kha Jerusalem apata miles 6 vel a sim lam panga um ahi.

Comet khah 6 B.C. - 4 A.D. vel khan um zieng mawng ta lehle, Bangtina apa ngei vak (natural light) in Isu nausen um na khel khel kha apuihlut theih ding? Aksi pangai hi leh, Jerusalem a Herod kawma a chaam kal u khan ana chieh mang man lo ding ahi? Aksi pangai hi leh sangtaka vanthamzawl ah um intin, chun Jerusalem leh Bethlehem kinaih cha ahih ziekin, miles tam lo a sang ahih loh chun kuozawk chungzawn a um ahim tih het theih loh ding ahi. Zieziek chun, aksi pangei hiloin, Pathienin michingte pui ding mawng mawnga thilmak abawl hina tih ginchak a um zaw khawp puoi. Aksi khah Comet, lienpen hawtawh kituok a thil ana umsek hita mawnglehle, Isu pien hun a le ahung um hi thilmak ahi him him hi.

**Balaam hilhawlk:** Kisimna 24:17 ah “hun nunung lam ah” atih hi, Isu hungpien ding genlawk na hidingin ginchak ahi. “Aksi Jacob apatin hungpawt intin, aksi lenglai guolin leng hungpawt ina.” Balaam khah Israel mi hi kimahleh, Pathien apat kilak na amui tih I muu a, Isu Krista hungna ding le Pathien in ana

muhsak hi ding in ginchak a um hi. Balaam leh suohlam michingte khah Israel mi hilo ahiu hi. Zie hin Pathien chu Jentel te kawm ah le akilak hi tih ei muhsak hi. Aksi suohlam michingte Isu um na in puitung pen kha aksi pangei (natural), science hilhchet theih chi sangin, thilmak (supernatural) mawng mawng, Pathien in Israelte sun leh meipi, zan leh meikuong a apuih guola khah or Leng Solomon in Ho-in asak zawh a, Pathien lopina (shekinah) ahun tuom bang a khah suohlam michingte hile mak taka puiha um, Zie chu michingte khan aksi guola a muh uh hina tih ngaihdan le a um hi (Pawtdawkna 40:34-35; 1 Lengte 8:10). Mahleh, Israelte puitu meikuong leh meipi or Shekinah Pathien lopina kha aksi tawbang ahi kit puoi tih I muu ui. A bangpen chu hitalele Pathien a ding chun bang kim chu ahaksa leh ahi thei lo aum puoi.

Suohlam michingte kha aksi lekhathiem (specialist in astronomy) ahiu tih ihe tau a, zie hun lai a Greco-Roman te khah aksi lekhathiem a minthang ahiu tih chu hetsa ahi. Mithiemte chun,

michingte kha Babylon gam a pat hi dingin agingchau hi. Babylon vela Juda saltang khenkhat te a pat Balaam hilhlawkna khah suohlam michingte khan ahet khak uh, aksi a muh ua khah ahet thiem zieng uh hina ti pawle aum ui. Suohlam michingte khah Balaam suon a mi ahi ding um tia ngaihdan nei pawl le a um kit ui. Indian Christian lehkhaziktu khenkhat te chun suohlam michingte kha India a pat ahieu ati ta get ui. India chu Israel a dingin suohlam ahia, zie lai khan India te khale aksi lehkhathiem sang ahi atiu. Michingte kha Babylon or India or Parthia gam apat hizieng ta leu le Israel a ding chun suohlam ahi ve ve tho hi.

Alang khat lam a chun, Aksi khah sun leh zan a muh tei tei ding tihna le a um puoi. Gammang lak a zawt phat u leh sun tih takloh zan nasan leh aksi muh chu haksa thei ahi. Nausen pienna chu Judea gam ahi tih a bul a ahet nak uleh a chieh ziengthei tho ui tia le gel theih ahi. Herod in apat michingte ahung pawt uh khan, aksi suohlam a amuh uh, a masang ua chieh khah mudawk kit un a kipak mah

mah tau tih I muu (Matt 2:8, 9). Aksi kha muzing leu Herod in ah va lut dul dul puon au. Aksi kha, Jerusalem akha a muhdawk kit ham uh ahi dem tia gen pawl le aum ui. Bible in Aksi chanchin hi saupi'n a gen puoa, zieziek chun, ki chien taka het chu thil haksatak ahi. Himahleh, kichien mah mah chu Aksi kha Puitu ahi tih hi ahi. Bangpen hi zieng ta lele a kilat dan (physical nature) kha apawimawh ahi zaw puoa, Nausen Isu pienna puihtung kha athiltup ahi zawi. A tawp na ah Bible hi Science or Aksi lehkha lam ei hilh dinga zik ahi puoa, kumsawt hinna lampi I muh theih na diu a zik ahi zawi. I chauh, I zawnkhal lai mai hiloin, I phat theih lai, khangto hiei hiei a I ki het lai inle Puitu I mamawh ui. Ei unle van lam I et ua, Lal Khrista Aksi vak muthei dinga iki sak uh apawi mawh hi. Aksi eng thil nachang he talo, or Aksi eng umtalo guola hinkhuo mang mai ta te din ngetsak hitiu. Khawvel in phatna, felna leh diktatna taksap na hahpia I tuok lai un, Solkar nasan ki vahawm theilo khawpa kiphinna, mitin in mahni masielna, duh aamna, Pathien khawksak loh

nate'n I gam a chup lai hin malai guolkhan hung leng in ei  
 (declining of morality), Aw hung pui kit leu ut aum na mai  
 Bethlehem Aksi, Lal Khrista zen e!



## CHAMNA LAL

**H**ebrai 7:1-2, Melkisedek chuh, Salem lengpa, Chungnung pên Pathien Thiempu ahi. Abraham chuh leng lite that zo a, a hung vahkit lai chun, Melkisedek chun ana lamtuoh in, a na vangsak hi. Tichun, Abraham chun a gallâk thilte lak apat chun sawma-khat chuh a pie ta a. (Melkisedek min umzie masapen chuh, "Diktatna Leng," a hi a, chun, Salem leng a hih ziekin, "Chamna Leng," le a kitii.)

Isai 9:6, Ei u dingin naupang a hung pieng a, Chapa piek in I um tau a! Vaihawmna chuh a liengko ah um intin; Amin chuh "Mak, Lemguottu, Pathien Hat, Kumsawt Pa, Chamna Lal Cha," tih hi ding ahi ngâla.

Aw le, I Bible ahin Melkisedek hin Lalpa isu Krista a etsak hi. I Lalpa Isu Krista hi Chamna Leng, chungnungpen Pathien thiempu ahi.

Hebrai 7:3, Melkisedek pa ahim, a nu ahim, a hihloh leh a suonte chanchin zikna him a um puoh a, amah chuh pa neilo, um pat ni neilo ahi a; Pathien Chapa banga siem ahi a; kumlekhuo'n thiempu'n a um zing ta ahi. (Heb 7:3)

Hebrew 4:14-15, Tichun, van haw cheng zawt pai a, chieh pa, Thiempu Lienpen, lopi tak, Isu Pathien Chapa chuh I neih zieku I thu taksan u hi pawm chak hitiu. Thiempu Lienpen, I hatlohnau ei hetpih a ei thuok pih khalo nei I hi puoh ngâl u a; eihaw guola bangakaia thepna tuoksa, hilele, gitlohnna bei, nei I hi zazu ie.

Hebrai 8:1-2, Chun, I thugen hawu lak ahin, a thupi pên chuh ziehi ahi: Khutibang Thiempu Lienpen, Vana Pathien lopipen

Lalchutphah changlama va chu pa chuh I nei ui, tih hi. Amah chun, Mun Thiengho pên, mihiem sak hilo, Lalpa sak ngêi hobuk tak tak achun Thiempu Lienpen nasep chuh a sem ahi.

Melkisadek leh Krista kibatna hi lam chuoムchuom ah a um thei hi. Himahleh akibatnau pen vang chuh Lal leh Thiempu na a sepkhawm nau pen hi ahi. Melkisedek chu “Felna Lal tihna ahi. Zieguolmah chun, Isu Krista kha le Felna Lal” tih ahi. Pathien Felna hun sulangtu kha Isu Krisat ahih ziekin, Lalpa chu ka felna ahi.

Rom 3:22, Zie chuh Pathien diktatna, Isu Krista taksan zieka gingcha ta chengte kawma sukleta um chuh ahi; lamdanna himhim a um puoh a,

Jeremiah 33:16, Zie ni haw achun Juda chuh hukbit in um intin, Jerusalem chuh bit takin um in a. Chun, a min dingin, ‘LALPA CHUH I DIKTATNAU AHI’ tih hi hi’n a.

Hebrai 1:9, Diktatna chuh na ngailul a, Sukkhelhna vang chuh na haw a. Ziezekchun, Pathien, na Pathien chun, Na lawite sang chun Lawpna than a hun nuh tam zawk ahi,” tih leh, Chun, felna dinga siem ahi.

1 Korinth 1:30, Himahlele, nang haw vang chuh, amah zalin Krista tawh pumkhat in a hun siem a, amah chuh Pathien apat ei uh a ding a chitna, diktatna, thienthona leh tatdawkn dinga siem ahi.

Lalpa Isu krista chun Fel/dik in vahawm in a.

Isai 32:1, Ngaitie, leng khat chuh diktat takin vahawm in chu’n tin, a miliente chun vahawmna diktak in vahawm un au.

Amah chun na mite chu diktatna’n vahawm sak in a, Na mi gimtheite chu diktatna’n vahawm sak in a. (Psa 72:2)

Chun, diktatna hi a kâwnggak hi’n tin, ginumna’n le kivan ina. (Isa 11:5)

Melkisedek chu Salem Lal ahi, ziechu “Chamna Lal” tihna ahi. Zieguol mah chun isu Krista chu “Salem Lal” ahi a, chamna Lal ahi. Zawlnei Isai in Isu Krista chu “Chamna Lal” hun tin au ana ti.

Isai 9:6 chun Pathien leh mihiem kal a Chamna siem a hih ziekin “Chamna Lal” ahi, ati.

2 Korinth 5:17-21, Zieziekchun, kuole. Krista a um chuh, a kisiemthak a hung hi ta a, thil lui chengcheng chuh a mang ta a, ngaitiem u; a hung thak kit tai! <sup>18</sup>Ziehaw chengcheng chuh Pathien thilhiah ahi a, amah chun, melma hihna apat in. Krista zalin amah tawh kicham in ei siem a; mi dangte le amah tawh kichama siemna dinga, zenvielna nasep chuh ei pie tai. <sup>19</sup>Khati a, Pathien in, Krista-ah chun mihing chengcheng hi amah tawh kicham in a siem a, a sukkhelhna hawu chuh, sukkhelhna a san sak lo in, kichamma thu ei piek zawk uh ahi. <sup>20</sup>Khutichun, Krista sika palai ka hiu a, Pathien in keimauhaw ei mang in a hun net na hiu hi tih theih ahi. “Pathien tawh na kicham un,” ti a Krista sika ka hun net na hiu hi. <sup>21</sup>Amah a chuh, mi diktat I hung hih theihna dingun, gitloh himhim helo hiel pa chuh, Pathien in eimau haw ziekin, gilo in a siem ta ngâl a.

Luke 2:14, “Chungnung pên ah Pathien lopi takin um hen la, Lei chunga a kipahna mah mah mihiemte kawmah cham thu leng hen!” a tiu a.

Isu Krista chu Pathien namtel Israel nam sawmleñih te laka Juda suon, Lal nam apat a hung pieng ahi. Pathien in Jakob mang in Leng mawlhchuh Juda apat chun mangpuon tin, vailawmna mawlh chule keng kal apat in mang diek puon a; Shiloh hung masang sieh chun; nam tin in amah thu awi un au, tin ana phuong lawk hi, (Thilsiebul 49:10).

Juda suon akipat in, numei hin Isu Krista chu Mari akipat in Thagau Thiengtho thil hih theihna in a hung pieng a, a pien masang in Josefa Juda suon a mi tawh ana kicheng ui. Chapa hung pieng chu mingaïh in Joshep chapa ahi atiu hi. (Luke 3:23) A nu leh a pa chu Juda suon ahîh gel ziek un, Juda Lal goluohtu

diktak leh Juda Lalna tung ding theitu um sun ahi. Josefa chi vat khat le tel lo in, nungak thiengtho Mari'n nau ana vawp hi. Jekonia hansie umsa kha a pumpelh a, zieziek chun Juda Lalna hansie zieka tawp ta kha Josefa chapa guol a ngaih ahih ziekin, Juda Lalna sieta nung chu a tung ding kit tai. (Matthai 1:12) Babulon sal a puuh a aum nung un Jekonia'n Salathiel a hing; Salthiel in Jerubabel a hing hi. Jeremia 22:30 Aw leilung, leilung, leilung, Lalpa thu hi ngaitha'n. " Lalpa chun hiti hin a tii: 'Zie pa hi cha neilo, a damsunga lawhting lo ding mi ahi; A suonte kuomah lawhting a, David lalchutphah a chu ding leh Juda gam a vaihawm ding umlo ding ahi ngâl u a,' ti'n zik in,"

Luke 1:30-38, Vânsâwlchâk chun a kawmah, "Mari, lau ki'n, Pathien deihchuom na hi. Ngai ah, gai in na tin, chapa hun nei inla, a min dingin ISU na sak ding ahi. Amah chuh milien hung hi'n tin, Chungnung pêñ Pa Chapa ti'n au. Lalpa Pathien in a kawmah a suonpau David chutphah chuh pie'n tin, Amah chuh milien hung hi'n tin, Chungnung pêñ Pa Chapa ti'n au. Lalpa Pathien in a kawmah a suonpau David chutphah chuh pie'n tin, Jakob suonte chungah kumkhuotuong in lal intin, a gam in tâwp ni nei ta puo'n a," a ti a. Chun, Mari'n vânsâwlchâk kawm achun, "Ziehaw chuh bangti'n ahi thei die, nungak thiengtho ka hi ngâl a?" a ti a. Vânsâwlchâk chun a dâwng a, a kawmah, "Thagau Thiengtho na chungah hungtung intin, Pathien thilhiah theihna chuh na chungah um intin, zieziekchun, nau thiengtho hung pieng ding chule Pathien Chapa ti'n au. Chun, ngaitie, na behnu Elizabet khan le a têk nung in chapa a vawp tai! Nau nei thei lo ahi a tih u khah, tu tha hi a tha gupna ahi tai. Pathien kamsuok. himhim thilhiah theilo in um puo'n a," a ti a. Chun, Mari'n, "Ngaitie! Lalpa suoknu ka hi, na thugen guol zelin ka chungah hungtung hen," a ti a. Chun vânsâwlchâk chun a taihsan ta a.

Matthai 1:18-22, Isu Krista hung pien zie chuh hiti hi ahi: A nu Mari chuh Joseph tawh kihuol ahiu a, himahlele a kichêñ mau in Thagau thiengtho in a gaihsak hi tih het a hung hi ta a.- 1.18: Luk 1 .Tichun a pasal Joseph chuh mi diktat ahi a; tângpi heta sukmuolpho a nuom puoh a, a gûka haihsan a guo ta a. Himahlele

zie thu haw chuh a ngaihtuoh lai in ngaitie, a mang in Lalpa Vânsâwlchâk a kawmah a hung kilak a, a kawmah, “Joseph, nang David chapa, na zi Mari chuh kichênpih lau kih, a nauvawp chuh Thagau thiengtho apat ahi. Chapa hun hing in tin, a min dingin ISU sa'n la: amah chun a mite a thil hihkhelh nau apat hukdam ding ahi ngâl a,” a ti a.- 1.21 Luk 1.31. Ziehaw chengcheng hi Lalpa'n a thiemgau manga a gen kha a hung guitun theihna dinga um ahi.

Luke 2:11, Tuni hin nanguh dingin David khawpi ah Hukdampa chuh a pieng tai, Lal Krista chuh!

Lalpan athu vangsak hen!



## ISU PIEN KRISTMAS

- Rev Dr Ellien Gangte

Awllentha Ni 25 hih Isu Krista pien hun'in Sapchuom tin'in kum chenga kimang ahi. Rome emperor 'Vaihawmtu' Constantine hun lai A.D. 336 Awllentha 25 nia Kristmas masapen chu mat ana hii. Orthodox leh Coptic Sapchuom hawn Tuolbuol 7 chu Kristmas in a mang ui. Himahleh Armenia Sapchuomite'n Tuolbuol 6 ni'n amang sek ui. 1568 kum a Kristmas umzie a genlat uchuh "Mipi Hukdam Dinga Lalpa Sathau Nuh Pien Ni" atiu hi.

Isu Krisrta pienni diktak hih hetloh ahi. Michingte chun 'Isu hih Abul leh Atawp, kumsawt apat kumsawt chana Lalpa, tawptik neilo Pathien ahih ziekin eiuh mihingte'n A pien hun diktak I hetdawk zawhloh uh ahi' atiu hi.

Dionysius, Romete sakhuo Thiempu A.D. 550 kum a thipa khan Kristiente Ni leh Tha simna 'Kalendar' hih a siem ahi. Romete kum simdan a 754 hi Isu pien hun AD 1 tawh kibang in a namdet hi. Mahleh Josephus in Herod milien Isu pien zawh a thipa khah, Romete kumsim dan a 754 masang ahi atii. Matthai 2:19-22.

Herod thih khan Juda hotu nih a that uh a; zie zan chun Tha Awk in a valh hi. Chunglam suithiemte'n Thakau Ni 12 ahihlohleh Ni 13 zan 750 kum in Tha Awk in a kimkhat avalh hi ti'n a suidawk ui. Zieziekchun Romete kumsim 750 Tunpi Ni 1 vel chuh Herod thih hun in I pawm thei uh ahi.

Kum Zabi 4 masang khan Awllentha Ni 25, BC 5 hih Kristmas in a mang puou hi. BC 5 vel hi Dionysius Kalendar Awllentha 25 AD a, a bawl sanga kum 5 a vaima zawa, kikawih a, kinamdet ahi. Krista Lei a, A kilakna, pienna, Baptisma channa haw hi Lawpna dinga chientak a kilang bangmah aum puoi. Kum Zabi 6 leh 7 vel ahung kithehzak pan chauh ahi. Milim hote Kut –‘Pagan Festival “Solstice” kiti Nisa zagh ngeiloh Nisa chawm niper Awllentha 22 chuh Kristiente guolzawhna zieka, Awllentha 25 hi Isu pienni Kristmas Kut a kitheng a, mat ahi. Bible in Kristmas leh a dang dang haw nit ding ti'n zik kimahleh, sawrkal'in ‘chawl’ suti-ni a mat ding atih ziekun mawk um sanga I matuh phazaw ahi. Kristiente'n suti ni haw kikhawpna I neih loh uchun guolnawp bawlna mun haw ah chieh'in, hinkhuo tanzau taka I mat khak theihuh ahi.

**Kristmas aum ziek:** Pathien in khawvel A hehpih mah mah ziekin, A Chapa changkhat neih sun a pie a, Amah chuh kuole a gingcha taphawt chuh a manthai loh u a, kumkuo a hinna a neih zawk nāng un. Pathien in khawvel mawhchansak dingin A Chapa khawvel ah A hun sawl puoh a, Amah zieka hukdama aum theihna dingun A sawl ahi zawi. Kuole, Amah gingcha chuh mawh changin um puo'n au, kuole, a gingcha lo chuh, tua kipat zieng hinle mawhchang in aum ui; Pathien Chapa changkhat a ginchak loh ziekun. Johan 3:16-18.

**Kristmas mantam dan:** I Lalpau Isu Krista hehpihna chuh, a chatgahna zieka na hung neih zagh theihna dingun, neizo mahlele, nang haw zieka, a hung chatgah tâk khah na he ngâl u a. 2Korinth 8:9. Zie lungthim, Krista Isu a um sek kha nangmau ah um hen: Amah vang chun Pathien banga um a, Pathien tuka um chuh thil thaklah theih in a ngai puoh a. Mihiemte

banga hung pieng in, suok tawbang in a kingainiem a, a mah leh amah a kisudawng zaw ta a. Chun, mihiem mellepâng hung pu'n, a kingainiem a, thih chanpha a thu zawp in a hung um ta a, kross a thihna ngîi chuh. Zieziek tak chun Pathien in Amah chuh chungnung pên a khun chawisâng in, min lak laka min chungnung pên chuh A pie ta a. Khutichun, Isu min limbawlna dingin, van a mi chengcheng te, lei chunga mi chengcheng te leh,leinuoia mi cheng chengte chuh khupdin un tin, tichun, Pa Pathien lopina dingin, Isu Krista chuh Lal ahi, ti'n lei tin chengin phuong chiet un au. Phili. 2:5-11

**Kristmas chona:** Amah chuh khawvel ah aum, khawvel chuh Amah siem ahi, khawvel chun Amah a he puou. A mite kawmah A hung a, a mite'n Amah a na he puou. Himahlele, Amah lawp ta chuh, a kawm u ah Pathien chate hih theihna ding thu A piei, A min gingchate chuh. Ziete haw chuh thisan hin a hi puou a, phehlevo deihlam a hin ahi puou a pasal deihlam a hin le ahi diek puou a, Pathien hin ahi zazu hi. Johan 1:10-13. Mihiem hetpihna bawn I ginchak uh chun, Pathien hetpihna chuh a hatzaw ngâl a; Pathien hetpihna chuh ziehi a hii, "Ka chapa chanchin ka hetpih tai," tih hi. Khutichun, kuole Pathien Chapa gingcha ta chun, amah lunggil mawng ah, zie hetpihna chuh a nei hi; kuole, Pathien gingcha lo chun, Amah chuh lepchieh a hih sak ahii, Pathien in A Chapa chanchin A hetpih chuh a ginchak loh ziekin. Hetpihna chuh ziehi a hii, Pathien in ei uh kumsawt hinna ei pie a, zie hinna chuh A Chapa aum ahi. Kuole, Chapa nei ta chun, hinna chule a nei a, Chapa neilo chun hinna chuh a nei puoi. 1Johan 5:9-12.

Chawmkim taka kizik ahih ziekin kim zolo ahia, a dik ngeinai tihna um kimahleh, Sapchuom tamzaw pawmdan le ahihna zalin Awllentha 25, BC 5 hih, Isu Krista A pieng ngeinai tih taksanna zala I mat uh ahi. Kristmas hi Pathien kipahna a, I mat theihna dingun Lalpa Thagau in imau puizel tahan! Amen!

**KHANGLAI BIBLE CAMP: 2019**  
**EVANGELICAL SYNOD CHURCH, SHILLONG**  
**October 3-6, 2019**

**Khanglai Bible Camp:** Shillong ESC Ho-In ah October 3-6, 2019 sungin aum hi. Speaker: Rev Dr Ellien Gangte, Camp Director: Pastor P. Thanglalmuon ahi. Camp Mess Incharge Pu Kamkholun in feltak'in nek-le-chak bangkim a sutup hi. Shillong ESC Church Committee'n sumlepai amamawh bang zelin a seng ua, nulepate'n paucham khawmna nei in, theihtawp a suohna zal ua lawhtitna chang ihiu hi. Khanglai mi 90 vel ahung lut ua, hihna kibanglo, deihdan kibanglo, hetdan kibanglo leh kum kibanglo taktak ahiu hi. Camp kipat tungin, a kham tawh, nuomsa tawh, nuomsalo tawh kihelpawl zengzung ziengin lungkham aum mah mah mai hi.

Thugin chuom chuom ana lut a, ngaihdan chuom chuom ana umtak ziekin, ei Evangelical Thugin sinsak ahiu hi. Bible Pathien Thutak ahihna, Thilsiembul apat in Thuphuon chan a tangpi a genlat ahi. Pathien thilsiem, Lei leh Vante, Lei chung leh Vannuoi a thil umte, Eden huon, Noah Tuisanglet, Babel Insang, Sodom, Gomorra, Adma leh Zeboiim mei a hal mang a aum na, Tuipi San kanna, Israelte sukgintheihna leh tundinkitna, Hunnununga thiltung dingte Aadhar Card, Chips, 666, Nuclear, Isu hungkitna ding a naihtak zie leh Sabbath Chawlhni thu haw gen ahi. Evangelical Thugin tawh kituoklo a sinsakna ana dawng hun tieng a chuom-bika Bible tawh kithuoh a holimpik ahiu hi. Pathien lungsietna zalin hun tieng hihkhel kisa a, hung kilehkit aum ua, Imau puitu Pathien chu lopina I pieu hi.

Pathien panpihna zalin, Camp boruokte ahung kisang a, Thagau Thiengtho umpihna zal'in a hung nuom deuh deuh hi. Mihing gitlohma, gitloh man thihna, gawtmun lauh aum dan leh Krista Isu thisan zala gitlohma cheng cheng ngaihdamna I channau gen ahi. Pathien thu ngaitha a, Krista ngaihdamna bukim he a, taksanna neia hukdamna aum, pienthakna nei hun tieng aum ui. Camp chuom chuom ale ana tel, Pathien kawma kilatna ana

neita mahleu, gitloh ngaihdamna bukim a hetloh ziek ua, thi thamuonna neilo, gitloh ngaihdamna hechien aum ui. Gitloh ngaihdamna chang, pienthakna nei a Baptisma mi 15 a chang ui. Lalpa Thagau nasep lopi tak zala vangsa kna I chan teu ziekin I kipak ui.

Lalpa'n Khanglaite dingin hukdamna kawt lopi tak A hawnsak a, I kipak takzet uh ahi. Chun Kristien hinkhuo kitup taka hin theihna ding lampi sinsak ahiu hi. Thugin diktak he a, Lalpa deih banga hinkhuo a hun mat theihna dingun pauchampih zing hitiu! Lopina Lalpa chu I pakchau hi. Amen!

Ellien

Rev. Dr. Ellien Gangte  
Director, BCE, ESC  
November 5, 2019



## **KRISTIEN HINKHUO ETTAWNNA DINGA SAWLCHAK PAUL HINKHUO**

- Chungthang Gangte,  
Phailien.

**A** pienna leh a seiletna Cilicia gama Tarsus khuo a pien ahi a, zie hunlai a sumdawnna mun pawimawh pen ahi. Zilna sang (university) umna leh mi chitin khawsakna leh mun pawimawh pen ana hi. Paul ngei inle khuo lopi tak a um ka hi, ana ti him a. Amah ngei inle

Alician kel vun apat a puon in siem ana jil a (Sawlchak 21-23) Tarsus khuolehtui (citizen) hi ding chun mi neizo deuh leh mi challang deuh le a na ngai a, a pate hi Benjamin suon ana hiu. Israel lal masapen Benjamin suon ana hi a, Israel Lal masapen Benjamin suon ami Saul min kha ana sak uh

hin a kilang a. Ahung pienthak nung hin Paul tia san ahung hitai (Sawl 13-9). Zie hunlaia Juda ten ana ngaihsan mahmah uh Rabbi, Pharisai te laka dan he mi Gamaliel keng bul a sei lien ahih ziekin, Paul hile ana kingaisang ..... a, Gamaliel hi dan hawih (Beauty of the law) tih khawp hiel ahinhna (title) piek ana hi. Tulai hun hilechuh Doctorate degree piek ding ahih ginchak aum hi. Pharisai ahin Sanhedrinte laka vaihawm pawlte lak a pang a gen ahi. Paul hinkhuo a ettawntak mahmah te haw chuh, Thuthun thak Bu 27 ahin bu 13 hi amah zik ahia Sapchuom<sup>7</sup>(sagih)aphuttawk a, a lehkhhathak ahin gingtute ding a pawimawh ngawn achun khawm hi.

**PATHIEN BEL GUOT AHI** (Nasepte 9-15): Gingtute hi chanchinpha phuong zak ding I hih zinglai un mi cheng in I hihtheihloh uh hih ding hin Pathien in belguot chuoan ananei hin a lang hi. Thupukna avak neihna thu (Sawlchak 9-6) Damaska khuoa kilakna amuh masak na pen ah Pathien adawt masak pen chuh, “Lalpa bang hih dingin nei deih hi?” Phachuom ngai tak mai a

thagau mangthai te vei mi ahi (Heb 1-7) a ana gen guol in. chun, Pathien in vansawlchak te chungchang thu achun zie hi a gen hi. Amah chun vansawlchak te chuh huih a suoh sak sek a, a zen viel te le meikuong a suoh sak sek hi.

**A KINGAIHNIEMNA:** Mithiengtho cheng cheng te sang inle a neupen ka hi kei chu Sawlchak a vawh hawi le ka hipuoi, alak ua migilo pen ka hi, a vak tih hin a kingaihniemna asulang diek hi.

**ATAIMAI:** Huih hileh guohpi athawk ua tuohsie atuok lai u khan le kiselgu mailo in panpih ngaite apanpih a, kuongpute taih sietmai guote kha amu a khutia bittak a kaihdawk zawh nung Paul chun guoh leh huihpi a thawk ziekin dap a sa a, amah chun thing ava chawm hi.

**KRISTA ZIEKA ACHANNA:** Philippi 3:7-8, Himahlele, kei dinga thil phachuom hi a ka ngaih takphawt chuh, ziehaw ngéi chuh Krista vangin chânnna a ka ngaih ahi. Ziehaw mai chuh hilo in, Ka Lalpa Krista Isu hetna chuh a lopi zawk bék ziekin, thil bang cheng le chânnna a ka ngaih vek ahi. Amah ziekin thil chengcheng

ka chan vek ta a; ziehaw chuh thil bangmahlo mai in ka ngai a, Krista ka muh theihna ding ahih phawt leh tin.

BANG KIMAH LUNG AWIHNA HINKHUO ANEI HI: (2 Korinth 12:10; Phil 4:11) Ka tâksap thu gen vang ka hi puoi: kei chun chuh bang tawbang in um leng le lungkim zel ka sin ta ngâl a. (Phi 4:11)

A THAWKNA ANASAT DAN: (2 Krointh 11:23-28) Krista suokte ahiu maw? Mingawl guol in vak gen ta leng, keile ka hi zaw sem hi. Ginna nasa zawssem in tanzau sem suongkul a lut in tam tak vei zepna, sawmli tit na ding khat vei vat, nga vei ka tuoka, Rome mite khuta thum vei zep in ka um a, khat vei suong a seh thawh. Kuong sietna thum (3) vei ka tuok a zan khat leh ni khat tui suohtiet ah ka um hi.

MI NEIH AH KINGA MAILOIN AMAH NGEI KITODELH A, NASEMTU AHI: Sawlchak 20:34; 2 Thess 3:8 – Kuomah khut apat mawk in na chang thak uh ka ne kha diek puo hi. Khutih malak in na lak uh a kuomah ka sukngik sak lohna ding in asun, azan a gimtak a nasem kawmin na

nek zawk uh ahi kha.

AHUN LEH AMUN ZILA KISIEM TUOK DAN A THIEM A THUGEN HUN LE A HEI: Athens khuo a Greek miching te kawm a achun hetloh pathien ading tia zik ka mudawk a khuti chun helo a na chibai sek ukha, zie mawng chu ka hun hilh na hiu hi. Jerusalem mipi te kawm achun amingaihsan uh Gamaliel kienga a zil ahih dan leh a pienthak dan a gen a, sanhedrin ma a din khan pharisai leh sadukai thawhkitna pawmlo te tawh hah niel in ka ki niel ua, Gamawptu (Governor) Felika masang achun felna te a ki sumna thute leh vahawm sak a umna thu te a gen a Felika'an lauh um a sa ten na a Paul thugen chuh apawm diek puoi (Sawl 24:24-29).

A pienthak nung hin a phatchuom ngaih na leh a tawmngaihna ahung lien deuhdeuh ta a, zieziekhin kum 3 Arabia gam ah aum phawt a (Galati 1:17-18). A kilehkit a Damaska ah na a sem pan tai.

Mosie le Aigupta gam chitna chengcheng hesuok himahleh Israel te puidawk dingin tinglo a kisa a akingaih tuoh phawt angai hi. Aigupta ah kum 40

Midian gam ah Thalek ah kum 40 kingaihtuoh (phawt angai hi) nan hun amang hi. David inle goliath a do ma khan sakei bak nei leh savawm tawh a kido uh angaih guol khan (1 Samuel 17:35). Kuomah hin gen sietna te hi pum pelh theih ahi puoh a, Paul ngei inle ana tuok a a gensietnau haw vang a dinthuk puoi (2 Kotinth 10:10).

2 Timothe hi alehkha thak nunung pen a ngaih ahin, a thih mai ding aki ginchak tak ziek in amah vang a lauhthawngna thu leh a taihsiet mailoh ding a gen a, zawhna thuguk in a kawihzaw ahi.

Ka gin chu ka hei, kei vang chuh tu hinle lat a um ka hi ta ngal a,

ka pawtdawk phat (anai tai) a tungtai. Guolsiek pha chuh ka bawl zo ta a, ka kitaihsiekna lam chuh ka siek zota a, taksanna chuh ka kivawp zing ahi tai. Tuhin chuh diktatna Lal Lukhuk chuh kei adingin kawih in a um ta a, zie chuh Lalpa angaihtuoh pa diktat chun zie ni chuleh ei pien a, kei kawm mai ah hilo in a kilakna ngaita chengte kawm ale hin a.

Simtute cheng cheng bang hih dingin ei deih ahim? Lalpan kingaihtuoh thak kit leu hing, hinkhuo chiet uh kien thak kit a mite gensietna leh demna thute haw hi I thuok thiem theih ding in Lalpan ei pui chiet ta hen. Amen!



## KRISTMAS KIPAHUM

- L.Meshack

*Amin dingin Immanuel san au....I kawm ah Pathien aum....  
Matthai 1:23. .....Chamna Lal Cha.....Isai 9:6.*

Kum tam tak ana chieh takhan, Kristmas card makdeuh leh lungkhawih un deuh, KRISTA chuh hunglo hileh (*If Christ had not come*), tih thupi mangcha a kisiem ahi. A card chu, Hukdampa kamsuok ngei- ‘Kei hunglo hi leng’ (1 Johan 15:22) apat a kizik ahi.

Zietak achun, Sapchuom Upa khat, Kristmas zingkala alehkha simna room a ana ipmu’n, ziechun mang nei in, amang chun

KRISTA hung khak loh na khawvel ahin ana um a. A mang chun a in apat pawtdawk in, khawlai ah avak viel a, Biekin muh ding la umlo chun Bible chang khawlai a kizik a kitak muhding khatle umlo. Tichun a in achun a lut a,a room sung chuh avak et leh, Hukdampa chanchin kizik na book haw cheng khat le muh ding umtalo, kisat tha a akipaih bang zieng. Aziek chuh Isu Krista, khawvel thamuontu, sukipaktu leh Hukdamtu, mihing te a ding aum tak loh ziek in ahi.

Chun lungdawng leh lungkham a akingaih tuoh lai in, akawt ahung kikiu a, ava hawm leh pasal naupang khat in hepu numei thikuon khat aum a, na hung paucham sak ngai ding ahi. Tichun kinleh buong in naupang pa chutawh damlo umna lam chu a zuon tau a. A mun a tun un damlou nu kawm achun tihin agen a: zietak ahin thamuonna hun pie thei ding kahei, ti'n a Bible avak phet a. Thamuonna, Hukdampa'n ei piek ding a agen nahaw avak etleh, a Bible chula Thuthunlui chauh hita, Malachi a tawpta. Lalpa'n a thutiem leh a Hukdamna kinep dingla umlo, ziephet chun, kunsuk a adamlo nutawh hahpi a thavai taka kah chu ahih theih umsun ahi mai tai. Ninih zawh chun thankuong gei achun dingin avuihna siem mahleh, thamuonna thugen ding lah umlo, chun Krista vang a thawhkit na lopi leh Vangam lo ngal umlo, aumsun chuh kumsawt a kikhenna. Chun hahpi a kiko in ahung kah leh ahung kapdawk a, aih mut na apat chun, Hung khanglo in amang ana hih chuh kipak taluon Lalpa min a pakcha a , Biekin a Kristmas la kisak chu avak zak in akipah na ahung sang diek hi.

### **La kisa chu ahih leh:-**

*“Aw hung un muon umte, guolzo a kipak in;  
Bethlehem lam zuon in kitawn diel diel hitiu;  
En in gankuong ah Angel te leng a kuol  
Aw hungun chawian hitiu LAL KRISTA”*

- Kristien Labu No. 49

## MITIN A DIN CHANCHINPHA, KUMSAWT A DING A KIPAHNA !

Christmas kipahna hi zie nipi ni Hukdampa migilo te adinga ahung pien hetzing na ding a December 25, Kristien ten I nit sek uh ahi. Ani akichaiah nikhat, ninih/kalkhat kalnih zawh a kipah na bei til til zieng, ani a gamlat dungzui a, Hiti hi hilo ding ahi Piengthak na diktak neimite ading in Lalpa a kipan ahih ziekin, bangtik hun ale akipahnau chul ngeilo ding ahi."Lalpa ahung hi" ziek chun tuni ahih kipak a I lawp ding ahi.

Angel te thuphuon chun.... "Ngai un mitin a ding a chanchinpha kipahum mah mah kahun puoksaq nahi, Tuni hin nang uh ding in David khawpi ah Hukdampa chu a pieng tai, Lal Krista chuh...." Luke 2:10,11.

### 1. HINNA, KRISTMAS LAWPNA ADIM:

"....Mitin a ding a chanchinpha kipah um mah mah ahi..." (Luke 2:10) Kipahna aum theih na ziek chu Pathien in Hukdampa eipiekna ziek ahi. Kristmas thilpiek ziek in lawite apat ahih loh leh mun chuom a inkuonpih te tawh kisukkhawm ziek in hunsawtlo kipahna chu ineithehi hi. Mahleh ziechun hunsawt a daih puoi, anipi abeih leh a kiem deuh deuh mai in aki hei. Ahinvang, chatuon daih ding peh chuh Pathien in eipiek thilpiek lak lak a lopi pen, Hukdampa a chapa Lalpa Isu ikilak hi ahi. Aw suohpih nang in zie chu naki lak tam?

### 2. HINNA, APAHCHAKNA NEIH ZING:

"...THAKHATIN, Vansawlchakte kawm achun van a mi haw, mipite chuh ahung kilang phut uha, Pathien pahchak nala ahun sau a..." (Luke 2:13). Angel te hawn Pathien pahchak tihloh hi thil dang bang mah abawl puou hi, mihingte le zie tawbang ding chu ihiu. Belam pute'n nausen Isu Krista ava muh zawh un Pathien pakcha a lasan avaikit tau hi-(v.20). Awle tuhin Pathien pakcha zing ding in nakisazo nam? Ahihloh leh hepha nai loh na him leh? Kingaihtuoh phat eitai.

### 3. HINNA, LALPA LOPI ZING:

“....*LALPA lopinan a kimvel uchuh ahun khawhvak a....*”(Luke 2:9). Zietaka kigen pen hi Pathien lopina vak ahi a, Greek pautak in ‘Shekinah’ akitii. Zie umzie chuh Pathien chenna/umna akitii. “Diktak a umte kawm achun thilpha mawng mawng it hiel puon a: (*Sam 84:11*). Lalpa ihinna a lopi zing theihna ding chun, diktat tak a adeihdan a um angai a zie ding chun athu het angai a, zieding chun a thu sim tam angai hi.

### 4. HINNA A LALPA THU’N EIPAWL ZING:

“...*Belamchingten Amah ava muh phet u chun nausen chanchin vansawlchak in akawm uh a agen khah amauhaw ahilh tau a*” (Luke 2:17). Zieguol mah chuh ihih ding ahi Kristmas thu chauh hilo a, bangtik hun ale Pathien thu ihet tehaw midangte hilhsawn kal ingak lah ding ahi, thip hiet hiet lo a.

### 5. HINNA A, LALPA’N MUN CHANG ZING:

“*Tuhin nang uh ding in David Khawpi ah, Hukdampa chuh apieng tai, LAL KRISTA chuh*”(Luke 2:11). Zie hi ahi Vansawlchak te thuphuon in a tup pen chuh, chun dawnna chinih muh theih in aum a- Khat, thuzak midangte kawm a hilhsawn nagal, Belam chingte (v.17) Chuleh nihna, a thilzakte haw cheng cheng hezing a, lunghim a ngaihtuoh zing – (v.19) mai.

Awle, tuhin I lunghim teu hawng thak hitingun, thimlak a mite ading in, adiek in, CHRISTMAS mawng mawng hekha nailote ding in – **Zawlnei Jeremiah 8:10**, “...**CHIEH UNLA A THAU THAU NEU UNLA, ATHUM THUM DAWN UNLA. BANGMAH NEILOTE DING IN CHANVO THAK UN...**”

# “TU NI A KA NEKKHAWP UH AN EI PIEN” – Mat. 6:11

**L**alpa'n paucham dan ei sinsak na ah, Amah ngei in hiti hin paucham un tia ei sinsak nate lak a khat “Tu Ni a ka nekkhawp uh An ei pien” – Mat. 6:11 ti a Bible a eina suklat sak thu apat in vak holim deuh leu hing ut a um ten in ka hei.

Lalpa Isu'n ‘Ni chenga nekkhawp’ ngen ding in ei sin sak a. Ka ngaituohna ahin kei mai in Lalpa Isu hin bang khawk a ei khuti deihsak ahi ta die! ti'n kei le kei ka na holim seka, achang leh Bible sunga Amah (Isu) thu gen haw ‘An’ avak genna (Johan 4:34) “Ei sawlpa deih bang hih leh ana sepzawh ding hi ka ‘An’ ahi Lalpa'n ati a, aleh a dang achun I Lalpa Isu mah in Johan 6:27 na ah “An khadanga mang mai mai ding chuh delh in phe phe kiu inla, kumsawt a um ding An chu delh in phe zawu in” tin ei hilh kit ta ahi. Lalpa Isu thugen a kipat in ni chenga An nekkhawp ei pien ti a ei hilh hi a umzie ei hetthiem sak tak ziek in “Hallelujah Amen” hi kati mai tai. La phuok tute la phuok bang in kenle ‘Ka hechien tai tu hin, Lal Isu kawm maih ah kipahna aum hi’, Amen.

Awle, An chi nih te vak sulang hitiu. Taksa lam An a

pawimawh na: Zingkal, Nitak in An nek akiphah mawh mah mah a, zingkal An hi vah taka neka hat tak leh thatho taka na sep na'n apang ahi, zie bang mah chun nitak an hile vah taka neka ki chawhldam na ding leh ihmut nuomtaka ih a, kipak taka thawhdawk kitna ding ahi. Ahin, zingkal nitaka An pawimawh a ngailo hinkhuo mat hi aphachuom puo a, na semlo ding tih hetsa ahi mai hi, zie chuh a chieh zawm zel chun hatlohnna, damlohnna, Doctor tieng tun lawhna ahi sek hi, ahung khawk diek vang leh thihna tieng atun theih ahi, taksa thil ahinle ‘An’ lo in mi hintheih guol hilo ahi.

Thagau lam An I tup pen uh vak gen tai tiu. Our Daily Bread kit booklet a um a, I sim leh Bible thu ngen, Hinna thu ngen a um a, zie chu Ni cheng An chuh ahi. Aleh An chu abang pen ahi ta dem itih kit chun Johan 4:34 na ah banga agen? Lalpa Isu'n ‘Ei sawlpa

deihbang hih leh Ana sep zawh ding hih ka 'An' ahi" a tia. Pa deih dan chu ihet chet sem sem na ding in Zing leh Nitak a Athu Thiengtho sim leh Thagau lam a An-gum nethei dinga I um theih na ding ua Paucham na tawh, Lalpa kawm a kipahthu genna, Christian hindan dika I hintheih na ding ua ki hlan, mi dangte le I hehpih theih na ding ua paucham, Krista a dinga ginna det tak nei a, thuokngap dinga ngetna, leh adang dang. Lalpa hopihna I chan theih na ding in Bible sim in ni cheng in enle Lalpa hopih leh hing ni cheng nekhawp Lalpa'n ei pie tei tei ding ahi (Thagau lam An ding in Ephe. 5:17-21 sim ding).

Suohpih ngaihtak, Thagau An hi Ni chenga Bible sim leh Ni chenga paucham na hin Lalpa tawh kipawl khawmna ahi. A thu malkhat chauh hile Lalpa'n a vangsak chun mal 1000 val a suoh theih ziek in, thuokhat tak Bible sim leh Paucham na nei in I hun thiengtho (meditation) neih na a apat in Message le Lalpa'n ei pie thei a, zie chu Thagau lam malsawm na a hi. Zie a pawt te chuh mi dangte dinga An in apang thei sek hi.

Nekkhawp nei ding in I mimal chiet Lal Isu'n ei phut ahi. zie chuh anei theih na ding Lalpa Isu'n ei sinsak tai. Israel leng Saul in vang Lalpa thu a zawp puoa, Lalpa Thagau in a taihsan a, a hinkhuo ah buoina ngen, buoina ngen in ahun a sutawp ta ahi. Lalpa Sapchuom puitute vang vang Thagau lam An nekkhawp nei iih leh hihloh kihe se seloa puitu hih ding khak lauhthawn um ahi. Lalpa Belam, A Thisana atatte, enkawltute lah ihi ngal ua, leng Saul apat zillai sin leu hing maw...

Hermon daichim Zion tang te a kie sek bang hih ahi (Sam 133:3). Ahi, mi dangte dinga hin ding Bible in ei hilh a, ei a I daitui chim mite dinga vangphatna ahih angai hi. Zie ziek chun taksa thila An nek zel angaih bang in Thagau lam thil a An nek vah angai zaw diek hi.

Awle, suopihte, ni chenga An nekkhawp neih na ding ahin hausat leh chatgah in umzie a um puoi. Nichenga nekkhawp nei hi mi nuoinung te hi nuom tak ahiu ui. Ni cheng nekkhawp neia hinkhuo mangto zel ding in simtute cheng Lalpa'n vangsak ta hen.

# NU LEH PA CHUNGA CHAPATE MAWHPUOKNA

- Upa Dr. L.S. Gangte

Tu khang ahin chapaten a nu leh a pa lungsietna hi a neihloh thu hi mun tamtaka gen leh holimna ahi taa, akhawk ngei.

## CHAPATE HET NGEI NGEI DING A PHA CHU:-

1. Nu leh Pa ten thu dang cheng sang a chate lungsiet leh it a hiu hi tih het angai hi.
2. Nute vang vang in chate agimpih dan u chu sul a I hung kisiem u a pat mi hetloh a ei buoipih pat uh ahi tai.
3. Ei hung vawp ua pat aduh angaih uh chan leh ngawlh a hung ngaia, nau sietlohma dingin.
4. A duh uh ahung kisanga, achunguh ahung gika, athau a hung chaua, an duhlohma ahun nei ua, guol lakah ata zo puou a, lungchawm bang a nei ua, zie haw hi a sung ua um chate ziek vek ahi.
5. Mihing bukim I hung hihloh ding uh lauhna ziekin theihtawpin ei diem ua, tha kham ngui ngui in sun leh zan in tha 9 (kuo) hiel gim athuok ua, semlo bawilo theilo ahihziek un lahsa san a tawi ham ham ua.
6. I hung pien tieng uleh natna, haksatna gentheih loh thuokin thisan tamtak a hun seng nalai ua, I hung pienthak leh I mai uh a en ua, kipahna leh lungkhamnan a dim ui. I pieng ua, I mel uh amuh u leh akipak ua, mahleh I misuokloh khak ding uh lauin a lungkham zelsek ui. Mite kawma a gendawk loh uh tam tak anei ui.
7. Thu dang cheng sangin a chateu chungah lungthim a seng ui. I nat ding, I gilkiel ding, dap I sak ding, sa I sak ding tih haw hi a lunggel uh thupipen ahi.
8. Gilkiel leh dangchaka I um diu a thuokzo puoua, ei nekloh sangin amau nekloh khawk asa zaw puoua, ei ziekin gimtheih haksa tamtak a thuok zing ui. I hetmaua ei gimpihnau hi muhtheiha video a lak theih hileh nu leh pa te lungsietlo I um diu ginchak a um puoi.

9. Mahleh chapate I hung piting ua, zi leh cha I hun nei ua zie tieng chuleh I ziteu thu mai I zui ua, zipha I neih uleh apha a hilele zi cheng hi apha khel puoua, tieng chuleh I nu I pate thasie takin ahung um tau hi. Mi tamtakin amote hi I awimawh sek ua, mahleh amawh chu chapate I hiu hi. Mo chu michuom insunga hung lut ahiu a, apienna loh nu leh pa chu mo phalo chun lungsietlo thei ahiu hi. Ahin, apasal in a pienna nu leh pa lungsiet ten leh azin le lungsietlo thei puona. Nu leh pa thasiet sak hi pasal manloh ziek ahi pen hi. Pasal in anu leh apa alungsietta azin alungsiet theihloh leh a In lamah chieh kit mai leh khawlai mite gen ding leh insung buoina ding a hih sangin, mo phalo chu amah nu leh pa leh a inkuote dinga minsietna ahi.

Atawpna ah, tuhgah lo ding chiet I hiua thilpha tuh in thilpha lo intin thilsie tuh in gah sielo ding ahi. (Galatia 6:7, Job 4:8). Nute, Pate lungsiet hi Pathien thu zuihna ahi.

Nu leh Pa lungsiet lo Pathien thu-awi aum thei puoi. Nute, Pate lungsietlote chungah Pathien in phuba ala nuom sek hi. Chingthei hitiu.



## THUOKHAT TAK IN TAI HITIU

(Hebrai 12:1)

-Rev. K. Siemlien

Tukum 2019 kum thupi- “Thuokhat tak in tai hitiu” Heb.12:1 ih Kristiente dinga pawimawh leh lul tak ahi.

Kristien hinkhuo ah haksatna tampi tuok ding a um a, (Acts 14:22) zie haksatna haw chuh kibang vek puon tin, mahleh haksatna tuoklo gingtu diktak umlo ding ahi. Hetpih meipi nasatakte umkimvela um I hih thuu a, tilkhohna thu, lopi tak tal, ettawn ding, Bible ah tampi aum a, mihiemte a dingin haksatna, thuokna tampi um henla hilele, ei uh amasapen leh, ei u ngawn

a thuok hilo, mithiengtho tamtakte'n a thuok sau; gahsuoh taka ana muolsuohsau ahih dan hettheih in aum a, amau haw mai hilo, Isu Krista ngei le lampi chenga ettawn ding kitup tak neite I hiu a. Thil bang cheng, I dinmun ah hungtung lele, lungkielo hielia, malama thuokhat taka taih zel ding ahi tih ei muhsak hi.

Mihiemte hinkhuo ah tup kichien, dettak leh muhlawk diktak neite'n thawkhatna a nei ua, zie a thil muh u chuh, chanloh khak ding, amun tunloh khak ding a lauh ziek un- thil haksia bang cheng a chungu ah hungtung lele, muhlawk kichien tak leh thatlawp um tak, châñkhak ding lau in, thuok hat taka tai in, a thuok tun tun ui. Haksatna umlo/bei ahih ziek uh hilo in, tup leh muhlawk kichien tak nei ahih ziek ua, thuokhat taka tai, malam zuon zel ahi zawu hi.

Bible a I muh guol un, hun nunung a um I hi tau a, Isu Krista neite, a nasem, a nungzuite a dingin thuok ding, châñ ding tampi um ding ahi. Kristien ahih zieka sukgimtheihna nasatak thuok a, suohchakna ding hun lemchang muté'n le, suohchak sanga, pammaih sa tuntun a, thuokhat taka thuok muolsuoh tei tei tampi aum ui. Gensiet, muhsit, gimtheihna, châñna leh sawisakna, haksia sa tun tunte haw'n le; thuokhat taka a thuok muolsuoh uleh, azawhnau (final victory) lopi ding, lul diek ding ahi.

Mosi: “*Taksanna ziekin leng lungnat chuh lau lo in, Aigupta gam a taihsan a, muhtheihloh pa chuh a muh ziekin a thuok tun tun a*” *Heb.11:27*. Zie khawvel a chawmkhat sunga nawpsakna lawppih sangin, a tunna ding a hetchet bek ziekin, tunkal a ngaklah a, taksanna dettak, diktak, kichientak nei ahih ziekin, zie khawvela gimtheihna, thuokna haw chun a subuoi puoh a, a gimtheih a, a thuok nasat poh leh, a muhlawkna mun a tun tieng, a chan ding chuh, lopi zaw sem sem ding ahi tih a het ziek in, a chunga thil tung haw chuh baihla tak in a thuok zo hi.

Daniel: *Taksanna dettak, kichien tak nei*. Bible a mi lopite'n le taisie lo in, haksatna tamtak ana thuok muolsuoh ui. Meipi aleh nih a suksat hi henla, sakeibaknei hatlai gilkiel mah mah lak a

paihlut ding hilele, amuh uh a lopi bek ziek, lau lo in, meipi leh sakeibakneite siempa Pathien amau lama pang, a umpih a, veng zing ahih a het chet ziekun, lau lo in, hangsan tak in a chung ua thiltung haw a thuok zo to zel ui. “Zie te haw ding chun, khawvel hi umna hawi ahi puoi. Galta bangmai in, thalek leh tang haw achun a vakviel viel ua; kawlpuk haw leh kawkhuk haw achun a cheng sek ua.” Heb.11:38.

Stephen: Ei unle, Stephen guol a Lalpa ngak a, amah chunga kinga'n, chunglam en zing pum in, a thupiek zawp in, a na sem in, a nungzui in, thuokhat tak leh hangsan tak in I mabanteu muolsuoh thei chiet dingin thuok tuntun hitiu.

“Khutichun, eihaw vang, hetpih meipi nasa takte um kimvela um I hih ziek u hin, ei sukawlawk ta cheng leh, gitloh eimau a bek chak hi mu'n pahi thai tingun, I masang uh a kitaihsiekna um ahin, thuokhat takin tai hitiu. Chun, Isu, I taksannau siempa leh subukimpa lam chuh en zing hitiu. Amah chun, a masanga lawpna a um ziek chun, zahchâkna chuh ngaidau in, kross achun a thuok a, tichun, Pathien lalchutphah changlam achun a va chu ta a.” (Heb. 12:1-2)

Isu Krista: Isu'n mihiemte thuok guolloh thuok theihna a neih hih bang ziek ahim tih vak ngaihtuoh hitiu. “Tulai a thuokna haw hi, dana I chung ua lopina suklat ding chu tawh tehkal kham in ka ngai puoi” Rom 8:18. Mihiemte suola a puk tak ziekun, Pathien leh mihing kikal chuh gamla tak ahung hi tai. Gitlohma zieka, Pathien lungnatna chuh thawihamai theih ahi ta puoh a, akikal, kizawpna sie ta nung siempha kit ding leh kicham kitna dingin, Isu'n ahung thuok zo ahi. “Thimnuoia chute chun vak lopi tak a muu a, thihna thim sahtak nuoia chute chung achun vak lopi tak ahung eng tai” Isai. 9:2. Doctorte'n a gandan un, numei in nau neihnaa nat a thuok u khuh kinepna kichientak neilo a, zie nauhanat khuh, a changa, a thuok uh hileh kuoma'n thuok zolo in, thihiawh un au, a tiu hi. Isu thuokna hile Pathien tawh mihiemte kichamkitna ding ahih zieka thuok zo hi ngei in a.

Lungsietna leh ngaihdam nawpna hin a thuok zo a, gah kipahum tak a suohdawk hi. Lungsietna genchetna dinga pha pen chuh, Numei in, amau gila pieng, cha, hisello, a etkawl dan khu ahi mai hi. Zan leh bang guol in gimin, ihmutsan ngei puou. Sathu, ngathu, malchameh duhcha mah mah leule, a cha a ngaihtuoh ziek un, a nelo mai uh ahi. Nute'n gilkiel, dangchak, zan ihmutsan ngei puou. Sathu, ngathu, malchameh duhcha mah mah leule, a cha a ngaihtuoh ziek un, a nelo mai uh ahi. Nute'n gilkiel, dangchak, zan ihmutsan ngei puou. Sathu, ngathu, malchameh duhcha mah mah leule, a cha a ngaihtuoh ziek un, a nelo mai uh ahi. Nute'n gilkiel, dangchak, zan ihmutsan ngei puou. Sathu, ngathu, malchameh duhcha mah mah leule, a cha a ngaihtuoh ziek un, a nelo mai uh ahi. Nute'n gilkiel, dangchak, zan ihmutsan ngei puou. Sathu, ngathu, malchameh duhcha mah mah leule, a cha a ngaihtuoh ziek un, a nelo mai uh ahi. Isu'n le thil bangkim a thuok zawhna hih ei hehpihna ziek chauh ahi. Tulai gingtute melma anga pang ngamlo, I hinnau hukbitna dinga taidhawng dan thiem, mi nasep ding genthiem, amah pang ngamlo, Pathien a dinga gim peihlo, thachawl peihlo, thuok peihlo, dinmun pha, chanpha chanloh khak ding lau, midang lainatna nei tawmte I hiu hi. Mi'n veinatna, lainatna tupna dettak a neih tieng, bang tawbang dinmun haksa lakah ding leule thuokhat tak in a tai zo sek ui. Krista min zieka thuok ngam a thuokhat chauh hilo in, Amin zieka thi ding inle kisazo hitiu.

Paul: Chanchinpha nasepna ah, Paul in dodalna nasatak mai ana tuok a, Pathien nasepna a, a thuokhatna haw hi gen thatnawp um, ettawn dinga pha ngen ahi. Suongkul sung thim lak ah, thilo chauh a kawt khakkhum ahi a, thuok zawhloh ding khawp, sawmthum leh kuo vei zepna, nga vei ana tuok hi. Zan ihmutsan tamtak vei leh suonga sehna le ana tuok hi. Enghona, muhsitna, itthikna, sawisakna haw le tamtak vei Chanchinpha ziekin a tuok hi. Haksatna tawpkhawkpen mun ale a thuok tuntun a, suonga seha a umlai inle, Chanchinpha gen, a haihsan diek puoi. Paul hih a thuokhatna chauh hilo, a kingaihniemna leh midang, thagau mangthaite a veinatna haw leh Pathien in a guot, a hihna a hetchet hin thuokhatna leh zawhna a piei.

### **Milopite kamsuok:**

Gladys Staines: A pasal Graham Staines, a chate Philip leh Timothy lungsietna bei hiela, hallumtute thuneitute'n ahun man ua, bang guola gawtna piek pha na sa'm, ti a a dawt uleh, hitihin

a dawng hi. “Ngaihdam ding ahi, amau hih Vangam ah ka pasal leh ka chate tawh muhkhawm ka nuom hi,” a tii.

J. Huhsen Taylor: “Mihingte lawhsapna bul chuh, thatdahna leh thuokhat lohna ahi a, zie chu gitloh kipatna bulpi ahi, a tii.

C.H. Spurgeon: “Kristiente lampi hi lam nuomtak ei puoh a, huihpi leh guohpi thuoka zanthim lak hawh angai hi.”

Harmas: “Thuokhatna hih khuoizu sangin a thum zaw a, Pathien a dinga matchak phatak ahi, aziekchu alak ah Pathien a chen ziek in.”

F.B. Mayer: “Pathien chate, thuokna zieka sapdawk a tam ui. Aziekchu thuokna sanga ho dan dik lampi dang umlo ahi.

Heb. 9:27 “Chun, mihiem a dingin khatvei thihi guot ahi a, zie nung chuleh vaihawm na um ding ahi.” I thuoknau a thuokhat a, thuok tun tunna leh thuok muolsuoh chauh hilo a, khatvei thi ding chiet chiet, Krista'n ei hehpihna zieka, a hinna ngei le ei hung pie ahi tih geldawk zing pum a, Chanchinpha a dinga thihi na ding mun I tun lele lung lauhna, bei hiela, kipak leh thanuom taka, thi thei dingin kisai tiu. Bang natna ahi, huoitak accident na haim, kuo tawngpalh ahim, bang nek suok ahi, eh amak na e! eh amah le tel mawh! A tek a, a kum le a tam ta a, tih ahim bek a HINKHUA I tih uhih bei tho tho ding la ahi ngal a.



## TIHNA AHI

- ❖ Midang hetlouh dinga thu I gen thieng adiklo khat aum hi tihna ahi.
- ❖ Thu hi I genkhawm mun pht leh adiko khat aum hi tihna ahi.
- ❖ Thu hi I hah gen chien guot phawt leh adiklo khat aum hi tihna ahi.
- ❖ Thu hi I genthiem thawh phawt leh adiklo khat aum hi tihna ahi.
- ❖ Gendawk louh ding I tih chun, adiklo khat aum hi tihna ahi.
- ❖ Khawihlouh ding aum chun adiklo khat aum hi tihna ahi.
- ❖ Thuguk tih umzie diktak chuh adklo tihna ahi.
- ❖ Kamthiem na suoh phawt chun adiklo khat aum hi tihna ahi.
- ❖ Department chenga telna na neih guot chun mi kisalah na hi tihna ahi.
- ❖ Im ding leh gending khen theilou na hih chun lungthim tawm na hi tihna ahi.
- ❖ Mia nanga guola ngai a, gam tin khawh zieng na hih chun, mingawl tihna na hi.
- ❖ Nang sep ban sem ding mi na siemdawk louh chun, mi lawhsam tihna na hi.



**CHAMNA AW PATRON MEMBER LIST**

**CHIEF PATRONS:**

1. Pu S. Paukholal	Chief of Bunglon	1994
2. Ebenezer Chapel	D. Phailien	2014
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12. Shillong Local Missionary Board	Shillong	2016
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14. Pu Noksieki	New Lambulane	2018
15. Nemkhola	New Lambulane	2018
16. ESC Gangte Veng M&B	Gangte Veng	2018
17. Nk. Nancy Nemneihvak	Hill Town	2019
18. B. Lalven	Lamphel	2019

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