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CENTRAL LAMKA

Editorial

Lalpa'n amah hehpih a a thupiek zawpte chungah a lungsietna alatsak sek hi. (Pdn 20:6)

Tha sawmlenih te lak ah a tha sagihna July issue suoh ahi ta a, chun August issue ding ngaihtuoh thei a damna hiselna ei pie tu Lalpa Pathien chu pahchak in um hen.



Khawvel buoina leh haksatna kâl a hung khawsa to zêl in kumkim I pêlto vielvuol mai taua, Pathien panpihna kinem in Sapchuomte'n nasa tak mai in pan na hun lâua Sapchuom te pankhawmna ziek leh pan hatna zieka tuni tieng hi tung thei I hiu a, Sapchuomte panpih tu Pathien chu avel in pahchâkna leh min phatna I pieu ahi.

Ti tienga hamphatna nei I hih uhi ngaihtuoh loh theih loh ahi. Miching mi thiem te'n hamphatna ana muh haw'u Pathien lungsietna ziek ahih ana mu chien mah mah ui. **C. H. Spurgeon** in, "Pathien lungsietna lo in kuomah a sukipak in asunêm thei puoi." Spurgeon thugen dawnna ding hileh kilawm tak in **John F. Macarthur Jr.** in, "Mi dang chunga lungsietna ka suklat loh chun, Pathien lungsietna ka neih hi a thawn ahi," ana tikit hi.

Spurgeon hi mi zaidam leh mi kingaihniem thei tak ahi a, a kingaihniem theihna chuh Pathien lungsietna achan ziek ahi, tia agen ahi. Chun, lungsietna changa kihe te chuh mi kipak thei te ahiju hi, tih hi amah hinkhuo a pata ana muh agen ahi. Pathien lungsietna chang te'n kingaihniem haksa asakloh thu'u leh mi kipak thei ahih nau muh ahi a, zie ziek a hi Macarthur hin, mi te kawma lungsietna/zahngaihna ka latsak theihloh chun Pathien in kei a lungsietna a kawih hi a thawn hiding ahi, tia a gen hiel ahi.

Zie a lungsietna kitii hi Macarthur gen guola hi I mihing chanpih te chunga sulang dinga Lalpa'n ei deih ahi a, I suklat ding sulang talo a I hetngilh phat phat leh piengthaklo te hinkhuo va kikawppih va hih zel theih ahi. Evan, T. Damkhothang in, "Mi mawhna muthei ten haw hi pienthakna diktak neilo ahi,

piengthak diktak chun mi mawhna sanga ei mawhna ki mu zaw ahi, ” ti’n chientak in agen hi. Zie hi mi te chunga lungsietna latsakna chikhat ahi. Zie ziek chun mi chunga lungsietna latsak hih Pathien ei deih dan le ahi a, mi mawhna kihetmawh sak hile Pathien ei deih dan le hingei dinga ginchak um ahi. Taksa lam hihenla thagau lam hilele, I kipawlkhawmna bangkim ah masawnna um theihna ding chun, ki awihmawhna kampau sangin kipahchak na kampau leh kitilkhohna thu haw hin mi lung a zo a, gah hawih taktak le suongthei zaw dinga ginchak ahi. Tawbanga gah suoh na ding hin lungsietna latsak alo theilo ahi a, mimbal hi’n pawlpi hileh zie hinkhuo hi zuih ahih chun khantohna a umlohei puoi, tih hi I Bible ale mun tamtak ah muh a hi.

=====

ZEPNA MAWLH HI CHAN TEI NGAI AHIM?

Pr. Soilal Gangte

Chate'n nu leh pa 'lungsietna' i chan hi 'cha' i hih lai hi'n ka he tai tilengle, akizil thawh (bukimlo), akizakthawh mai ahi. Ahin, cha i hun neih tiengle chuh nulepa lungsietna leh lungsietna i chante kha akihedawk pan ham sek a, nulepa lungsiet ding dan le akihe hâm sek hi (atângpi a i vak gen ahi).

Kihilh, kigaih, kikhâm kit i haw kha apet in ana hethiemlo mah leuhing le, Cha i hihna a lungsietna i dawn ziek chauh leh tunung a thilpha i chan zawkna ding ana hisek hi. Lampi dik, apha leh aphalo, ahawih leh ahawihlo ei a ding a he'u a, a muchien ua, zie lampi chu ei kawkmuh sek uh ahi. Mihiem hi a kilochal hih hiding ahi a, zep i chan louh leh pil mawh hiel, gamsa bang a lak (train) ngai ngen kihi dan ahi.

Ichapona ziek hin, Lalpa akipat zepna i tuok phawt loh a, i mit leh i bil i chamlo a Amah lam ei ngatsak ahilohu ngal chun, Lalpa mel i hawl sek puou hi. Hebrai 12:6 na'n "Lalpa chun a hehpihte chuh a thunun sek a, Cha a a ngaih cheng chuh a zép sek a puo!" a tih hi Lalpa cha i hihna a hin i tuok angai a, lei a cha i hihna ahin le nulepa a kipat i tuok ding mâwng chu ana hi.

Tunia khawvel pumpi'n i thuok uh, alawh ngaihna i hetlouh uhi, Lalpa a kipat ahi die aw? Ahih chun, bang zieka Lalpa'n zie hi aphan ahi'm? Ngaitie! Lalpa mite zieng khale, Lalpa deihlam a, a chieh dik theihna ding un, vel tampli Lalpa thununna ah puihuoi ana hiu hi. Jeremia lehkhabu ah thiengau Jeremia mangin Pathien in a mite a puihuoi dan hi neukhat vak en hitiu.

Lalpa'n Jeremiah hi naupang cha ahih a kipat Israel mite gitloh bawlte kawkmuh ding leh a gitlohma'u a haihsan u'a, Amah lam angat kit theihna ding un Thiengau di'n ana sam hi. Milim pathien ana ho ziek uleh Lalpa tawh a thugawlhe hawu a zuihloh ziek ua, Lalpa thu hi Israelte chunga hungtung ahi tih amuhtheih hi. A chung ua thiltung dinga, a genhaw chuh bawhdawk leh bawhsiet, chun siemphat leh dindawk sak kit ding tih

haw ahi (1:5-10). Israelte hi Pathien in a chate a mite ding in leh, Amah chu a Pathien uh Pa hihna chang ding in thugawlh a siem hi. Israelte hi, cha a hihna'u ah Pa a ding in a ginum puou a, a gitloh ziek un gawtna chu Lalpa'n a siemsak tei ding ahi (5:7-9).

Thiemgau Jeremia'n ana genlawk chu, Lalpa'n ami Israelte a thil gitlouh bawlnau apat puihdawk leh puihzanna ding in Babulon (gilo) te a namat a, Babulon lama sal-a puihmang leh gawt a um ding ahihzieu a gen hi (25:8-12).

Zie chun le Lalpa Pathien in a chate chu a lungsietna'n atawnpih zing hi, gawtna chu amasang u ah kawih mahleh tununga dinga kinepna, hukdamna chu a siemsak hi (29:11). Israelte ginum louhna chung ahin, Lalpa'n a puuh dan leh a lungsiet dan hi amak mahmah ahi. A chate chunga hin a lungnatna tunsak mahleh a mite tawh a thugawlh siemthak a, Amah lam (Israel, gamtiem gam) a puihding hi a tup zing ahi. Zie thugawlh thak (alui abawhsiet bang u hilo) chu suong a zikthawh hilo in, a lunggil ua zik leh kawih hi zaw ta ding ahi. Israelte hi Pathien a ginum lo leh suol himahleu, Lalpa ginumna hin a Thutieme Ama'n a guitun sak tho tho ding ahi (31:31-

34). [Chate dinga apha ding pen hi nu le pate'n ei guonsak zing a, zie chu ahih chun, Pa Pathien in vang thilpha ei hah guonsakna ding e.]

Pathien cha (a deihtel namte) ahihnau ahin Pathien deihloh, hawt um mahmah, milim pathien ho leh thugawlh bawhsiet chauh hilo in, khenkhat vang in tizat umtak! 'nausen a kithawih' gitlohma le ana bawl nalai ui (19:5). Agitlohnau chu Lalpa ngaih in zawsai, nawhchizuok, ginumlo ahii hi (13:27), Amah tihloh pathien dang a neih ziek un.

A gitlohnate hawu zieka Lalpa vahawmna a chung u'a hungtung ding chu, a temple u suksiet leh a gam uh a luoh ding umlo in a hawm in um in a tih ahi (22:5; 26:9). Zie thu haw hi Jeremia'n a gen zing lai in Lalpa lam nga ding in hahpi'n a ngen a, mahleh a nga diek puou hi (42:19-22). Atawp in, Lalpa thu bangzel in Babulon sepaih lawiupa Nebuzaradan mapuihna'n Jerusalem a Lalpa In, leng In, leh In chengcheng mei in hâl ana hi a, chun kulhbâng haw abawn in sukchim ahi (52:12ff).

Lalpa'n a mite chunga a vahawm dan, chawmkim cha'n i vak en u a. Vaihawmna a tunsak masang a thuchahte hi vak enkhawm kit hitiu.

Bung 6:8 na a Lalpa'n ti hin ana gen hi, "Ka lunggil in a hun taihsan masang in, Aw Jerusalem, chingthei in. Khutilochun, kuomah chenlohma gam in hun siem kha'ng ka ting, hun suhawm kha'ng ka." Lalpa Pathien in chu zep leh gawt, ahihloh leh 'haksatna' hi chu a mite dinga a deihpen ahi puoi tih hi a muhtheih hi. Jerusalem khawpi suksiet a aum masang in, nunsietna, kipawngbawlna leh kisuksiet tuohna aum hi tih Lalpa'n a mu a, ana gîk masa ahi. Mahleh, a limsakloh ziek un leh chingthei tako hinkhuo a matloh ziek un, zie vahawmna Pathien helo milim pathien hote akipat gawtna achung ua atun ding chu Pathien in a phal ta ahi.

Nang leh kei gitlohma ziek a, Pathien zawl i saihsan ziek hin, gawtna hi a lam alam ah ahungthei a, zie chu Pathien in a phal hi. Hinla, zie tieng chu i tun masang in, Lalpa'n hunpha tuni hin ei piek ahi. Israel mite bang in chingthei tako ki-enthak ding in Lalpa'n ei chiel uh ahi. Zie a zawsaih i tih hi, lei leh van siemu Pathien neite'n Amah sânga thildang, khawvel thilte, khawvel nawpsaknate i telzawk sek hi ahi.

Israel mite kawma Lalpa lam nga kit dinga a thu hungsung kha kum 23 zet hita mahleh a

ngai nuom diek puou hi (25:3). Babulon a Israelte saltan ding kha genlawk himahleh, "pathien dangte na zuihloh chun hun gawt puo'ng ka" (25:6) tih hi Lalpa kamsuok ahi zing mai hi.

Pate'n chate I dahsasa a I zepsek bang hin, tunia thuokna i tuokte hi chu i chan dinga lawm kichang chauh dan ahi. Langkhat lama i et kit chun, ziebang gilo leh chapote, Pathien malsawmna leh zaidawhnate kichang zaw dan ahi. Pathien phatna haw hi i vak sim chun Lalpa pahchak mai hi ahi i bawl theihsun. Pathien aphai, hun cheng in.

Kei zepna ka chang tam taluoi, ti i um kha ding u aw? Ahihlouhleh, Vangsakna i chan cheng hi Lalpa ma ahin changtâk ka hi mawng na'i, i tîm? Malak in! Thi dinga lawm ngen, sawisak sak ding a pha ngen i hi maitei ui.

Atawpna pen ah châng mun nih vak enkhawm kit hitiu.

i) 26:3, **Amau chun ana ngaithau in, mitin chuh amau gitlohma apat a vaikit kha mawh ding u, khutichun, a thil phalo bawltau zieka thil phalo hih dinga ka ngaihtuoh chule ka kisik kha mawh die!**

ii) 36:7, **Mitin chun a umdan gilo uh a haihsan u**

a ahîh chun Lalpa masanga lungsietna a nget u chuh a tungthei kha mawh die; zie chite chunga lungnatna leh thangtawmna Lalpa'n a gen haw chuh a nasa mah mah ngâla, ti'n thu a pie a.

Lalpa Pathien in a mite chunga a lunggel (susie ding leh siempha ding) hi Jeremia hin a muchien mahmah mai ana hi. Ziezekchun, Jeremia hin Jerusalem hi ana kahpih hiel sek hi (4:19-6:14; 8:18-11:23). Israelte chunga thiltung hi, Lalpa ma a a umchan uh ana dikloh ziek in, Lalpa lungnatna ana tuok tau ahi. Ziechu ahîh chun eite le i tawihna leh i nungchangte hin Lalpa lungnat na i sukha thei a, ziezekchun a lungnatna chule i chunga ahungtung thei hi.

Lalpa zepna mawlh i chunga hungchu thei ahîh ziek in, tunia a aw nem za nalai i hih ziek hin, Lalpa ma ah ki-enthak zing hitiu. Zepna mawlh hi chu Pathien in a chate phatna dinga atup pen vang ahi puoi. Khawvel a khaw hephalo a, pathien dang tawh i na zawsaihsan khathei ahi, zie chu ei a ding a khawk mahmah ding ahi. Thuokna changlo thei, pelthei ding dinmun a i um lai hin, kizakmawh sak

puoi tiu.

China? USA? I tih zing lai in, Lei leh Van Siemu'n "Um Hen" a tih zieka hung um hi, Lalpa Pathien a kipat ahi, tih hezing pum a kingawlsak nalai thei dingte i hi puou. Tulai natpi hin bangzieka khawvel ningtin hi chawking ahi ta'm? Tua hipi "Corona Virus" i tih chauh hitalo in news te haw i et chun, thil lamdang ngen ahita hila. Mite chung a zepna mawlh achuk lai hin, kisiemthakna leh Lalpa lam belhna'n hun lemchang Lalpa a ding in kilak zawi tiu.

Israel mite guol a, i Pathien ho uh hi milim pathien tawh i zawsaihsan ziek ua, zie thil hi Lalpa'n ei u melma (Babulon) dinga ei siemsak ahi ta mai dem? Zie nat guolpi hin ei pha nai puoi ti'n, ana mawk ngak leh lung awlmawhlo hiel in um puoi tiu. **Pathien tawh kilamtuoh thei di'n, i kisazo ta'm?** Jerusalem zawsaihsna zieka gawtna tunsak ding in Pathien in Babulon a tungding a. Nang leh kei in Pathien i zawsaihsna ahin kuo ahun tungdawk dem? Zie hun hungtun masang a kisiemthak chu cha pil kihiding ahi.

Zepna Mawlh khelkhel ngak puoi tiu!!

PATHIEN TAWH KIVAWP

Rev Dr Ellien Gangte

Chun, Enok in kum sawmgup leh nga a hihin, chapa Mathusel a hinga; Mathusel a neih nung in Enok chuh kum zathum sung chuh Pathien tawh a kivawp zing u a, chanu leh chapate le a hing kit a: Tichun Enok damsung cheng chuh kum zathum leh sawmgup leh nga ahi: Enok chuh Pathien tawh a kivawp zing sek u a: chun, Pathien in a lamang a, a um ta puoh a. Thilsiembul 5:21-24. Enok chu kuo ahim? Enok pa chu Jared ahi. Thilsiembul 5:18. Enok chapa chu Mathusel ahi. Adam apat Khang sagihna ahi. Enok damsung chu kum 365 ahi. Enok chu a damsung cheng Pathien tawh a kivawp zing ui.



1. PATHIEN TAWH GUOL KHAT A KIPAWL:

Milim haw leh Pathien Ho-In inle banga kituokna a neih uh? Eihaw vang, Pathien hing Ho-In I ngâl u a; Pathien in, “Kei, amau lak ah cheng ing ka ting, Amau tawh kitawn ing ka: Chun, a Pathien uh hi'ng ka ting, Amau haw le ka mite hi'n au,” A tih bang khan. 2Korinth 6:16. Pathien chate I hih tak uchun Pathien hing Ho-In I hitau a, I damsung chenguh Lalpa tawh I kivawp zing dinguh ahi. Guolpha chun bangtik lai in le a lungsiet a, chun, Inkuo'n kinaihpihte hi lungkhamna thuokpih dinga

pieng ahi. Thuchingte 17:17. Pathien chu guolpha pen a I neih uchun ei lungsiet zinga, ei panpih zing ding ahi. Guolpha I neih theihna dingin lunglut dan a kibat ding ahi. Chun ki-lung hawl tuoh deuh le ngai ahi. Ginum tako le kipawl a, kimuon tuoh ngai ahi.

2. PATHIEN TAWH KIVAWPNA APAT THILNGEK:

Enok min umzie chu “Kipie dawk” tihna ahi. Bangkim ah Lalpa deih bang bang um dinga kipie, kilan ahi. Akithutuok loh u chun bangti'n mi nih chuh a kitawn khawm thei ding u? Amos 3:3. Pathien tawh I kivawp theihna dingin

Amah tawh I kituok ngai ahi. Pathien deihdan deihpih a, A deihlohte deihohpih ngai ahi. Pathien deih banga I um loh chun ki kivawp theilo ding ahi. Zieiekchun, kihih thiengtho unla, thiengtho in um un, Kei Lalpa na Pathien u chuh ka hi ngâl a. Thiempudante 20:7. Thienthohna tello a Pathien tawh kivawp theihloh ahi. Nek leh dawn, umdan, khandan bangkim ah thienthohna amamawh zing ahi. Paul, Krista Isu suok, sawlchak hi dinga sap, Pathien in a Chanchin pha gen dinga a kawihchuompa chun: Rome 1:1. "Khawvel in a hun hawt u leh, a hun hawt mau in kei ei haw tau hi tih na he tau hi. Johan 15:18. Krista Isu seapaih phatak guolin haksa thuok ei thuokpih ah. Sepaih a pang dinga lapa chuh a sukkipak theihna dingun... 2Timoth 2:3. Sepaihte'n lawhtitna dinga bangkim a, haksa a thuok tu'n tu'n bang u a, ei uh Kristiente'n le I thuok muolsuoh uh ngai ahi.

3. PATHIEN TAWH KIVAWPNA A UMDAN: Krista Isu tawh pumkhata um in, taksanna ziekin Pathien chate na hi vek ngâl u a. Galati 3:26. Taksanna zieka,

lungsietna a hukdam na hi tau hi; zie chule nangmau a pawt ahi puoh a, Pathien thilpiek ahi; thilhiih ziek ahi puoi, khutilochun, mi'n kisuonpih kha'n au. Ephesi 2:8-9. Ginna diktak I neih apat in Pathien cha hihna I chang a, zie apat chu thudik lampi hetchietna kinei in malam zuon a chieh ding ahi. Isu'n a kawmah, "Keimah hi Lampi leh Thutak leh Hinna ka hii; keimah a chieh lo chuh, kuomah Pa kawm a tung ngei puou. Johan 14:6. Isu a chiehte chauh Pa kawm tung ding ahi a, zie chu Thagau a umna ahi. Khutichun, ziehi ka tih ahi: Thagau ah um un, tichun, phehlevo utna chuh zawp lo ding na hiu hi. Thagau a hing I hih u chun, Thagau in I hinnau a thunun ding ahi ngâl a. Galati 5:16, 25. Kuole Thagau a aum phatleh phehlehvo utchakna haw chu a dozo a, Pathien Thagau chun a hinna A thununzo zing hi.

4. PATHIEN TAWH KIVAWPNA A

HAMPATNA: Pathien tawh I kivawp phatleh nicheng a hatna ei pie zel ahi. Nicheng a I thiltuokte haw ah kipahna leh dahna ana umkha chawk sek hi. Kipahna a chun I hethiem

sek uh a, mahleh lungkhamna apat, chautha a I um dinguh Krista Isu'n A phal puohna, thamuonna thuchah ei hilhnau ahi. "Chun, ngaitiem u; Kei, kumkuo'n, khawvel beih tiengin le na kawm u ah um zel ing ka," A ti a. Amen. Matthai 28:20. Isu I kawma umzing ahih tih I hetchiet uchun lungmuonna I neih dinguh ahi. Chanchinpha kei zieka gen kima a um theihna'n leh, Jentel te chengcheng chun a zak theihna dingun, Lalpa chun ei hum a, ei sukhat zawk ahi a, chun, sakeibaknei kama um kha hukdawk in ka hung um zaw ahi tai. Lalpa chun gitlohma chengcheng apat ei hukdawk intin, a Van gam achun bit takin ei tun ina. Amah kawm achun kumkhuotuong in lopina um hen! Amen. 2Timothe 4:17-18. Chanchinpha zieka Lalpa'n A

chate haw ei humbit sek a, ei sukhat zel sek ahi. "Na lunggil uh lunggim kiheh; Pathien na gingchau hi, Kei le ei gingchau in. Ka pa In ah umna tamtak a um a, a um loh chun, nanguh hun hilh ta'ng ka; nang u ding mun siem a chieh ding ka hi. Chun, nang u dinga mun ka va siem zawh tieng chu leh, hungkit ing ka ting, ka kawmah nanguh hun lang ka, ka umna a nang u le na um theihna dingun. Johan 14:1-3. Isu'n A sinsakte A thamuonna haw I hettoh pek chun lungmuon aum takzet ahi. Paul in a hetchiet ziekin bangkim ah kipak dingin Sapchuomte tilkhohna a pie sek hi. Lalpa achun kipâk zingun, ti kit zel sek ka, kipâk un! Philippi 4:4. Pathien tawh kivawp chu bangkim a kipahna ahi. Lalpa tawh kivawp zing dingin I kichiel ui. Amen!

SAPCHUOM THUNUNNA (CHURCH DISCIPLINE)

-Rev. Thangkhosiem

Sapchuom sunga kithununna I & II Korinth ah nasataka gen in aum hi. Zie khel achun, I & II Thessalonika ah gen in aum hi. Thuthun thaka Sapchuom kithununna, Sapchuom masate'n a neihna leh kithununna a pawimawh zie Thessalonika ahin kichien takin a kimui. Sapchuom kithen dan ding chu Paul in chientak in a gen hi. II Thess. 3:6-15.

Sapchuom a thununna atangpi a gen chuh- “Ka kawm uh apat a thu a muhdan bang ua umlo a” (3:6). Zie hin a gennuompen chuh, Thugin tawh kikalh, nungchang hawihlo um ahi. Zie chuh I Thess. 4:3-8 kikala ana gen, Numei-pasal kala kipawl thanghuoina khah hiding ahi. Mahleh, tu a agen pen hi thununna piek ding kitih “Hindan thadah taka um” kitih ahi. Zie a Thadah kitih chi thum a gen theih ahi.

1. Amau nek ding nasan ngaihtuoh peihlote genna ahi. Paul in Sapchuomte laka Thatdahna um hi pawi asa mah mah hi. Paul in, II Thess. 3:8-12 kikal sung ahin, “Thadah tihi gupvei hiel ana gen hi. Thatdahna kitih in Sapchuom nasaepna leh hinkhuo nasatak in a susiei.

2. Thatdahna chun Sapchuom sunga kituoklohma lientak atun hi. Paul in amau (thadah) chu nasatak in thiemloh a chan hi. Chuleh, mun dang ah “thatdah leh mawk holim” I Tim.5:13 ti'n a gen hi. Mi thadahte chuh mawk holim mai lo a, thipkei a sem dingin thupiek a piei (II Thess. 3:12). Chuleh midangte subuoi mai mailo ding leh amau chiet nasep ding kibuoipih dingin a hilh hi. “Nangmau nasep chiet kibuoipih un” (I Thess.4:11-12).

3. Mi thadah te chuh, Sapchuom puitute kithuohpih nuomlo leh puitute dem dingte ahii hi. Chuleh, I Thess.5:14 na a , mi thadahte thuhilhna hi Sapchuom a lawiupate lungsieta anuoi ua kitulut dinga ngetna leh thupiek ahi. Paul in avel vela a gen chuh,

mi thadahte chun Sawlchakte thusinsak chuh a pawm puou a, holim kamtam in mite kawmah a demsek ui (II Thess. 3:6, 14).

Sapchuom masate laka le zie “Thatdahna” kiti hi Sapchuoma thunun dinga pawimawh khat chu ana hi tai. Thildang thununna pawimawh kit chuh, numei leh pasal kala thanhuoina, huoiham leh lepgute, milim hote, zukham nuom mite haw chuh thunun ding ti'n a gen hi (I Kor.5:9-11). Zie mite apata hi Sapchuomte chu a kikiengkawih ding leh kivawppih lo dinga hilh ahiu hi. Sapchuom mite thununna chuh, hindan hawihlote siemphat chu khat ahi a, chuleh zie banga hindan hawihlote chu tawh kipawlloh chuleh Sapchuom kithununna ahi. Paul in zie thu hi maah deihdan mai gen ahi puo a, Thuthun lui, Dannihna 17:17 apata laksawn ahi. “Na lak ua pat zie thil phalo chu na sukbeih ding uh ahi.”

Dannihna 17:7; 19:19; 21:21; 22:21, 24 haw hin milim hote, cha thu-awilote, zukhamte, mi thanghuoite haw nawhdawk ding ti'n a gen a, zie thu hi Paul in Israelte laka gitlohma

neite chunga thilhii dan ding ahun gen a, Sapchuom laka umte le thununna piek ding ahihdan agen hi. Dannihna 24:7 naa “pum mat” kiti leh “zuok” kiti hin Paul in a genna gitlohma lakah panglo ahi. Mahleh, Hebraite'n “pummat” (kidnapping) a tih tiengu leh, mihing apum hilo in, a thagau or a hinna gu tih le ahi. Paul in Sapchuom sunga thununna piek dinga a tih haw a sulang hi. Mi thadah leh sem peihlote chun, mite hinna, thagau a susie mah mah a, khawktaka ngai in, Thununna piek ding lakah a gen hi.

II Thess. 3 na a Sapchuom kithununna (discipline) a gen Sapchuom (gingtute) laka pata nawhdawk ding a tih chuh, “Kuonle na a sep nawploh chun, nek le ne kihen” (v10). Zie hin a gennuom chuh, mi thadahte chungah Sapchuom in a nasepna chu a thahthawt deuh ding, Sapchuomte kipawlkhawmna leh nekkhawmna ahim, mi gimtheite panpihna haw laka pansak loh ding tienga a genna ahi. I Korinth 5:11 na ah Paul in Sapchuomte, gingtute chuh, mi thanghuoite (numei leh pasal kala) tawh nekkhawm

dawnkhawm loh ding ti'n ana gen khai. Zie hi Sapchuom mite kithununna lampi vantang khat chu ahi. Zie umzie chuh, zie bang mite chu Sapchuomte kipawlkhawmna a pansakloh ding. Thessalonika a ahihleh mi thadahte chuh Sapchuomte kipawlkhawmna a pansak loh ding chuleh Sapchuomte sumlepai a le kingalo ding lama a genna ahi.

Mi thadahte thununna ding, a kalbi nihna chuh- “Thadahte laka pata kikiengkawih” (II Thess.3:6,14). Sapchuomte chu amau haw apata kikawihdawk, kikawih gamlat ding ahi. Mahleh, “melma bangin bawl kiu inla, suohpih bangin ho zawu un” (II Thess.3:15) ti'n agen hi. Zie hi mi thadahte kawihna dinga kipatna chu ahi a, zie nunga chu a kisik diek loh u chun, asanga khauh zaw um nalai ding ahi. Thessalonika thak nihna tiengah, zie banga mi kalhte chu gingtu banga kaih ahi nalai ui. Mahleh Matt. 18:15-17 “Sapchuom thu a ngaih diekloh chun amah chu nang dingin Jentel leh siehdawl bang hi hen.” Khutibang chun, I Korinth 5:11 mi thanghuoite chu kivawppih lo dingin a gen hi. Chuleh, thununna

pawimawh dan chuh Korinth ah Thessalonika sanga huoisie zaw a gen in aum hi. “Zie tawbang mi chuh Lalpa Ni a hukdama a um theihna ding” a taksa chu Setan kawmah suk mangthai a um theihna dingin, na piekdinguh ahi.” I Korinth 5:5. Mahleh, zie hin kisikna aumloh chun hukdam hi dieklo ding ahi. A taksa suksiet tih umzie chuh, a zahchak theihna ding le ahi.

Bangti dana Setan mi kisiksak thei ding ahi die? Setan min umzie chuh, nielkalhtu tih ahi. “Piekdawk” thumal hi court pau ahi a, vaihawm khum dinga piekdawk tihna ahi. I Tim. 1:20 na a Setan khuta piek” tih umzie chuh, a sukhieltu chuh Setan kinielpih dinga piekdawk, ahung kisik theihna ding kinepna tawh piekdawk ahi. A thutawpna pen ah, mi tamzawte deihdana vote ahim a pahna thununna hiding ahi (I Kor.5:4).

Sapchuom masate'n Sapcuom thununna (discipline) a bawl dan uhi tulai Sapchuoma dingin khauh taluo, haksa leh thil hithei lo guolin lang maithei ahi. Thununna a siem uhi gawtna ahi puo a, a tatdawk theihna ding uh ahi zawi.

Thununna chun, kisikna lampi a a puih ding ahi. Thessalonika 3:14 thununna chun a sukhieltu chu a zahchak saka, muonna diklo aumna apat hung kileh kit a, kisikna diktak a neih chun, Sapchuom apat ngaihdamna bukim chang kit ding ahi (II Korinth 2:5-11).

Thununna ding aziek anihna chuh- Sapchuomte chu, zie bang gitlohma laka chu a bit a, a suohchak theihna dinguh ahi. Thupiek chuh “Kivawppih lo in, melgiel zazuw in” (II Thess.3:14; I Kor.5:9, 11). Sapchuom sunga thanghuoi taka umte chun, midangte a thununa a kawihsawn lohna ding ua, thununna piek ding ahi. Chawl tawmcha'n changthak lawm chuh azelsuok sek hi” (I Kor.5:6-8). Chawl tawmcha'n changthak lawm azel suok banga Sapchuom sunga thanhuoina chu thunun leh sukbeih ahihloh chun, Sapchuom pumpi zelsuoka susie thei ahi.

Thununna (discipline) apawimawhna thununna chuh- Sapchuom thuneihna leh a thienthona venbit apawimawh hi. Thessalonika, thak khatna 4:11-12 na ah, Paul

in Sapchuom a mi thadahte chu thip hiet hiet a um a, nasema, amau nasep ding kibuoipih chiet dingin ngetna a siem hi. Khuti a chuh ni cheng hinkhuo matdan a midangte (pawlam mite) thuzawh a um thei ding ahi. Khutibang mah chun, I Kor.5:1 na ah, Paul in zie bang thil chu ginglote (pagan) laka um khalo ahi a tii. Zie banga gitlohma chun Sapchuom a susie a, manthaina lampi ah a pui thei hi. Isu Krista ngei in a hinkhuo ah, Chanchinpha nasem in, chanchinpha a chieh zelna dingin a hing in, a kimang hi.

Tulai Sapchuom ahinle Bible sinsakna dungzuia Sapchuom thununna, gingtute thununna (discipline) hi a chieh hawihloh chun, Sapchuom thienthona leh Pathien Sapchuom ahihna hi hung da deuh deuh intin, khawvel mite chiehdan chauha ahung um khak ding hi a lauhum hi. Bible thuneihna (authority) leh chanchinpha a chieh sawn zelna ding ahin, Bible gen dan a, Sapchuom thununna, Bible deihdan, Sapchuom hi bang ahim tih guntaka het guot (study) ding chuh, I masang ua chona lopi tak ahi tai.

BANG HILEH NA NGET TAK UH

(John.14:14)

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“Banghileh” tih hin Pathien kawma nget ding chuh alien taluo aneu taluo um lo,chuleh gamla taluo nai taluo um diek lo ahi tih, Bible in agen hi (*Joh.14:14;1Leng.8:38*). Ahin Banghileh inget ngal chun Elizah guola *lunglut tak* chuleh Solomon in *puona taka* atih haw hi van kawt hawnna chabi ahia, chuleh lunggil chengchenga ngente ngaihsak loa kawih lo Pathien ahi (*Jak.5:17;1Leng.8:23*). Elizah apauchama kum thum leh tha gup khuo akhala,apauchama hung zu kit zieng ahih leh asakhau ah chabi akivawp hi tihna ahi. Chun Pauchamna hi Bible gen dan in mipi atam theipen le khawklo atawm lamah mikhat hi lele khawklo tin agen kit hi (*1Leng.8:38*). Himahleh I ngetna dâwn ahih theihna dingin thil thum pawimawh tak auma,zie haw chuh: (1) Maichâm ahim mimal ngetsaka pang ding tu chuh Pathien mi het, midiktat ahi nam ? (*Jak.5:16*).

(2) I paucham sak dingte chuh Pathien lungsiet chang thei mi ahi nam? (*Luk.7:4*). (3) Bangtawbang mi ,nai leh,gamla,Pathien mi leh mi lote dingin le Pathien zahngaihna nget sak theih ahi (*Leng.8:41,42*). Sawlchak Paul in Timothe kawmah kipah thu genna leh midangte,milien leh vaihawmte ding inle paucham sek un ti'n agen hi (*1Tim.2:1-2*).Tuchung covid-19 ziekin USA President in America pumpi anngawlh pauchamna “**Nationtional Day of Prayer**”a phuonga,*It is my great honor to declare Sunday March 15th as a National Day of Prayer,Ask God,in his mercy to stop this pandemic and save lives,not only in our communities but around the world,paticularly in places that are unequipped medically to deal with the virus;* America mipite ding chauh hiloin,khawvel pumpi ding leh adiekin zie tawbang natna hik do dingga ana kisa man lote diek dingin ti'n

leichung huopin apaucham ui. Chuleh ei Sapchuom sunga gam mawnglam tak Longpi,Siempat,Haran-te Longpi khuo ah Covid ziek in July 15-16.2020 in an ngawl in pauchamna anei ui. Bible khuta zik ding pawl leh Pauchamna point chuo mchuom siem in Pathien ana buon ui. Khuo leh khuo kitawh tuo ha paucham khawm thilpha ahih dan leh Pathien deihlam ahih dan Thiemgau Zekaria in agen hi (Zek.9:21).Chuleh Mizoram Vaphai khuote saidip puon silhin July 26.2020 nin sapchuom pumpi covid-19 leh Inling ziek in anngawl in apaucham ui. Chuleh,Sociel Media Prayer meetings, Online Prayer groups chuo mchuomte tha masa chamna aw a kigen haw khah: Sapchuom leh Pawl gen loh in mimal tin in icha inauteu mun dangdanga nasem leh zillaite dingin chuleh apawtdawklo eite bit na ding mahmahn le ipaucham uh ahi. Zie haw ban zawm ding chun:-

1. Chamna Aw regular subscriber Upa Pachek: Amah hi Khuga Sadar Presbytery a Sapchuom upa kum 84 mi ahia, mitbelh bei in lockdown sung ni 17 (May.13-29) in Bible pumpi asim zoa,asam kangta Chamna Aw regular subscriber belampu Pathien thu lunglut ineih ziekun kipa hthu gen in,taksa leh thagaua belamte a-etkawl zel theihna ding in paucham sak hitiu.



2. Chamna Aw regular subcsribet mah Pr.Thanglet: Amah hi Thangkhal Baptist Church N.Delhi a Pastor nasem lai damloh ziek in lamah ahunga, Churachandpur District isolation ward a um chuh hung pha deuhin tun Institutional Quarantine centre Mini secretariat Tui buong peace ground ah hun amang kita,LAPA'N damna kim apieka Pathienna asep zawm zel theihna ding in nget sak hitiu.



3. America President Donald J.Trump:

Apostle Paul in,mi nunsie laka na kasema,LALPA na achieh zawm zel theih na dingin ei hun paucham pih un atih bangin (*2Thes.3:1-2*), khawvel pumpia christianity achieh zel theihna dingin melmate gawta um USA President in Prayer request ahun bawla; “*I'm perplex, I'm in a very sad mood,I love my citizens,hate to see them dying as it is hapening to day. If you see this statesmen say a word of prayer for me*” beidawng takin ka um hi,ka mipite ka lungsieta, athih mai ding uh ka en ngam puoi,zie thu hih na muh chun ei hun paucham sakin ti'n,ngetna ahun bawl hi. Negro mivawm khat Mr.Floyd police ten athah ziek un Donald J Trump mawhna ding hawl in thil leh lawh asuksiet utawh ahawnhawna kizawt in,blacklivesmettar phut in sum thawh pawl tawh tawkaw huk cheng,numei leh numei,pasal leh pasal kikawi haw leh Hollywood stars nau sukthak deihte'n nau sukthakna Dan aphiet sak zieka phuba lak guoa pang ahitau hi. President masa Obama,Bil clinton, chuleh State Governor haw leh kristien liberal pawlte nasan kiphinte tawsawna pangin, suk dailh guo'n pan alak pih puou hi. Chun 44th.USA,President masa Obama (2009-2017) khan “**Change**” kikhelna deih in mipite vote ana hawla ahung ting ngeia,agen bangin President ahih sunga **change** abawl haw chuh: America-te dingin Setanic church aphuta,Public schoola paucham ding khapna abawla, nau sukthakna dan passed abawla,numei leh numei, pasal leh pasal kikawite zalen na ding Dan a siemsaka, numei pasal hih ut, pasal numei hih ut (transgender) Goverment suma surgery bawl phalna asiem sak hi. Donald J Trump in “**America great again**” mangin siemphat kit aguoaa,thil na men chuh hi lo ding ahi. Chun ziehaw siemphat kitna ding chun Supreme court judge 9 lak ah Trump panpih judge nih chauh auma,amah President hihna amat deuh lela vaihawm thiemlo undemocratic ti'n adem ua,tuni chan in abelh Pathien chun anusieh puoi.Feb.20.2019 nau sukthak deihlo pawl kizawtna rally ava tel ziekin le athangtawm diek ui. Bang chuh



hileh Amah tup chuh America ni dang banga thupi sakkit ding tih manga vote hun hawl ding ahia, Democratic party Obama huna Vice President Joe Biden tawh ki contest ding ahiu hi. Khawvela kristien chengcheng in pauchampih hi tiu. Tutuhin le Mississippi state ah ***In God we trust*** tih sum chunga ki zik sukmang teitei dingin court ah hekna abawl ui. Chuleh tulaitaka blaclivesmettar dinga sum tam pipi thawh haw hile Trump sukthak na ding leh minsietna denga Setanic pawl leh LGBT te panlakna ngen ahih dan he'n, paucham na'n panpih hitiu. America President-te laka khawvel ma sanga kristiente dinpih ngam ineih sun uh amah chauh ahi.

4. *United Kingdom, Prime Minister*

Boris John Son: America bana Kristien te'n I kineihsak mahmah uh London kumpite hile ginglo ten ahuol kimvel zieng tau hi. London Jan.5.2020 news in agen dan in; U.K National Secular Society (NSS) Chief Executive, Stephen Evans, in Parliament session kipat ding chenga pauchamma kimang sek khuh Kristien lote nelsiehna leh kikhenna division ahi ti'n Speaker Lindsay Hoyle kawmah ngetna lehkha apiea, British Prime Minister Boris Johnson in mun pawimawh aluoha, church, and state. Lord ah le Centerbury Bishop te atel ziekun amitthip ui. Chuleh Anti-Christ government ding tia le kihe European common market tia ana kigen sek European Union apat Britain pawtpiha Brexit hun suna vak, British Prime Minister Boris John Son leh Kumpinu Elizabeth leh a siehmangte dingin paucham hitiu.



5. **Russia President Vladimir Putin dingin ngen hitiu.** Apu-lehpate hun laia Kristien sakhuo alut kum 1030 tinna, July 29.2018 ni'n thupi takin Moscow khawpi, Prince Vladimir Putin het zingna suong lienpi ki dawhna,zie tak mun ngeia chun lawpna auma, zie ni chun President Vladimir Putin in zie thu hi agen hi. Russia gamah kum 1000



masangin Kristien ana luta, Russia hih Kristiena kibulphuh gam khat ahia,hihna kichientak nei, chuleh gam khangto leh thupi ahiih theina chuh Christianity ziek ahi ti'n President in agen ahi. Tiemteh theih khat chuh Peter the great kit galhang mahmah hin agal zawh het zingna dingin ami ngaihsan St. Peter Isu nungzui Simon Peter min in akhawpi chuh St Petersburgh asa a,tua,akhawpiu Moscow hih galven mun hawihzaw tin St.Petersburgh apat ana chawn uh ahia,zie taka chun Olympic Stadium hawihtak le sau ahi kha.Thusim achun Russia lengin a siehmangte sakhuo hawlin asawl ua,ziete chun Kristien sakhuo hi ana kawkmuh ua,tichun Greek missionary-te Byzantium hun 9th.century in ahung ua Pathien thu ahung hilh ui. Chun 863-869 AD velin Saint Cyril leh Saint Methodius in Bible ana leh sak ui. America,Britain ban zawma Kristien gam khat hi ding leh America nunga kikhai dingin etlah auma,Kristiena kibulpatsa gam ahiih tawh Putin hinle apu apate ho Kristien hun zawma,Russia hih gam thahat khat hung hi dingin paucham hitiu. Zie paucham sak ding haw hih thabul SWS pauchamna,ei sunga point chuomchuom haw ban zawm in ngai chiet hitiu.

Chun Bible college ka kaih 1999 kum in,Kerela-te nupi khat in Bible college student-te pauchampih dingin chielna ahun neia,hiti hi'n "**Communist Russia gama dingin kum 19 ka na pauchama,tukum hih Russia dinga ka paucham kum 20 tinna ding ahia,nanguh Bible student-te'n le ei panpih tau u**" ti'n, an ngawl in nikhat ka huh ui. Russia gama dinga paucham theih ahihlam zie ni chuh kahet pat ni le ahihim hi. Apaucham patna chuh kum 1980 vel khah hita ding ahi. Pathien tel loa khawvela

super power chawi guo USSR zie bang gam lien khuh sim leh mal tum lam ahalhal in ahung kithek duokduok mai tau hi.

Karjsakistan independence Dec.10, 1991; Ujbekkistan Independent Aug.31, 1991; Ukrain Independence Aug.24, 1991; Tajikistan Independence Sept.9, 1991 leh Kyrgyztan Indepedence Aug.31, 1991 ahia, chun President Mikhail Gorbechев na san akiresigned-a,tichun kum ziezah tuol gal ana um chuh economic ahung niemta mahmaha,sum ngen in gamtin ah atau ua,Communist USSR leh aki in neih gam thak haw chuh panpih ngaingeninahungumtauza,zietakchunkhawvelgamtinakristiente mahmah leh missionaryte lut in thil piek leh pauchamna'n ipanpih uh ahi khah. Super power hi dingin Pathien bei in ahi thei tadih puoi tih heleu ut aum hi. Chun atawpna dingah; India Prime Minister Mody'n Janata curfew March 22.2020 Pathien ni tawh kituok chetin athaha,Pathien nitak curfew kichaih 9:00 pm leh cylen hung gingin tin covid dona dinga in maia pawta kuong leh bel khet chiet ding ti'n thu pass abawl hi. Chun March tha bul lama Pakistan apat hung lut khaupe hawn khah bang alawh vang un aki dawita puoa,tun Rajasthan, Gurgaon leh UP,leh Haryana gama thai haw ahun nek chaih nungin July 12.2020 in Chandigarh state Mahendragargh District aluta,Chemical leh Tractor spray mangin kap leu le angeingei, Chief Minister Manohar Lal Khatar in anawhna dingin kuong leh um leh bel agi theithei khen mai hitiu, ti'n ngetna abawl kit hi. Aphatna ding ahih poh leh bang chuh kikhēn leh khawk ka sa puoi,hinla ei uh vang 'banghileh'na nget phawt uh' tipa kawm ahin khaupe thu hi hen,gam vaipuote thu hihen ,covid thu hileh angaih tuoh theipa kawmah ngen zawi tiu. Pr.Liangkhai in "Ka pauchamna het ngilh ahim?;ka pauchamna bék zâk hi leh, Midang chu sam puongka LALPA,Nang ei hehpihplo hi chu; atih le Pathien in ahun dâwng kita: Na pauchamna ka ngilh dange,Na pauchamna ka he zing ie;Ka thutiemah ka um zing hi,Ka dân thiengthoa hun hum di'n",ti'n la ana phuok hi. LALPA'N athu malsawmta hen. Simtu chengcheng Damna chibai.

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THAGAU THIENGTHO NASEP

-Pumkhomang Gangte

Penticost ni a Thagau Thiengtho ahungtun hin gingtute a ding hin lungsietna hun, Lalpa Isu Thagau zala mitin in Thagau Thiengtho han theihna hunpi khat chuh ahung hi dawk ta a. Zie ma hin chuh alawmp'i'n Thagau Thiengtho tih in akilang puoh a, amamawh dungzui in mimal kawm ah vansawlchak tih in ahim chuleh manglam ahim in Pathien in a mite a hopih sek hi. Lalpa Isu gingcha leh thih chana nungzui mi 120 chung achun Thagau Thiengtho chuh muhtheih in ahung chu ta a. Zie a kipat chun Thagau Thiengtho chuh hung kipesawn in a nasep chuh ahung kipan a, zie a chu tiemteh ding leh zil ding I lawkdawk nuom ahi.

1. DAN LEH MUOL KITHENNA:

Ti a chuh Thagau Thiengtho in ahun luoh a kipat chun, Mosi Dan khauh tak mai migilo, chawljni bawhsie leh thil dang dang hihkhiel phawt suong a sehlup zieng lai chuh, kuole a gitlohma apat a kisik chun lungsietna vanga ngaihdam chansak a, khawvel a amah vanga a manthai lohna ding hun in ahun then phut mai chuh lungsietna hun ni-eng hawihtak ahung suok chuh ahi ta mai a, zie lai a ho lamkaite chun pawmthiem theilo mahleule Thagau Thiengtho hung lawh chula migilote'n hukdamna a muhtheihna ding chuh atup leh a dawih pen ahi ngal a. Zie Thagau Thiengtho chuh tuni hin nang leh ken le kuote ahim pieksawn zel chuh Thagau neite dinga sep ding pen ahih ei muhdawk sak hi.

2. HANSANNA A THUOM AHIU:

Lalpa Isu'n lungmuonpa ahungtun masangsieh Jerusalem nusieh lo dingin a hilh malam a, tichun amau le mun khat a chuh ki-camp mai hileu akilawm ui. Judai gam leh Samari gam kawlmawng tienga thu hetsak dingin Thagau Thiengtho chun a hun thuom phet chun ngamna chuh a nei ngei uh hintin, lehkha thiemo namchawm mimawl maite, Pilate ma a le panpih

ngamlo hielte khan kisuonlahna neilo hiel in Lalpa Isu chuh Pathien chapa leh Messia ahih zie ahun gen uh chun mi a sang a zate'n pienthakna Thagau ahun nei pan ngal mai tau hi. Thagau Thiengtho hungtun lai a shape and size chuh lei (tongue) mei guol in tih ahi a, mithiemte gendan in zie lei pen khah thugen viel ding etsakna ahi a tiu hi, ginchak le aum hi. Tichun Thagua in a pausak bang zel in pauchuom chuom in a hung pau tau a, a gendawkteu chuh mi lungthim sung suna thei tak mai dingin Thagau chun a mang pan ngal hi tih hetna chuh mite deihsakna a chang ua, chuleh a thugenteu ngaihnawp um a sau a, mi tampi a hiplut ngal ui. Sawlchak Paul in I kithuomna chuh tisa kithuomna ahi puoh a, kulhpi dettak takte phietna dinga Pathien vanga thil hihthei tak ahi zawi a tih guol khan thuom thak in ahung um tau hi. Lunggil kulhpi dettak chuh a suchim thei ui tih I muu hi. Ei uh gingtu, tuhun a te hih bangin kithuom deuh pen u? Genthiemnate, zilsannate, dan hetnate, tekhinhinhu ngaihnawp umnate a kithuom hoh I hi ding um! Min I thugen a zau a, a tiemteh u chuh na gitdawksak loh leh na sel penna nungchang khah a muh sek uh ahi.

3. THAGAU THIENGTHO HUNGTUN KHA SAPCHUOM PIENNA AHI:

Pentecost ni hih Sapchuom hung pienna ni a ngaih ahi a. Lal Isu nungzuite leh a lawiteu chautak leh lauthawng taka umte khah Thagau Thiengtho hungtun khan ahun phawng halh thak/ahun suhing thak a, Sapchuom lopi tak ahun tungdawk uh ahi. Mithi kulh kawtkhak in a ngamlor khawpa hat leh loi tak in Sapchuom ahung ding dawk ahi. Khawvel pumpi puo, Rome lengte'n le nangzo talo in, Sapchuom chuh ahung dingdawk tai. Nang leh kei hile Sapchuom I hihna ahin bang bang in ahun supuk in, bang inle sukpuh theihloh in I um u? Sumlepai, neihlego, khawvel thil leh politics haw thumanloh leh thanghuoi haw hin Sapchuom gingtu hilo guola puk zieng na hin, I ding zo zel na'm?

4. SAPCHUOM KIPUMKHATNA:

Babel Insang sak lai khan chuh khenzakna um a, nasem khawm hiet hiette haw le pau khenzak ahih phet in, pangkhawm mawh hiel a abuoih phet un a kikhen zak tau hi tih I mu'u hi. Penticost ni a Thagau Thiengtho hungtun in chuh kipumkhatna deihum tak mai Sapchuomte lak ah ahung pieng ta a, Thagau a kipumkhatna mai hilo in, taksa ale a kipumkhat ui, zie mai chule hilo in kingaihsak tuohna, vahawmna a behpa deihsakna mai hlo in, midang le deihsak in van Lal naubang a kahna Kalvari ah a khen chuom puoi tih khah Thagau leh taksa ale atung hi. Zie tawbang halhna ahihloh leh kipumkhatna, kideihsaktuohna khah Bible a Nasepte 2:40 akhan muh ahi a, tulai hinle halhna (revival) I tih haw hi achuom chuom aum a, zie Bible a dungzui a hih ahihleh chuh adik in, tiemteh theih intin, Bible hetphak loh lam ahih chun dik theilo ding ahi. Penticost Thagau chang pha I hihna ahin ei mah a kideihsaktuohna, kipumkhatna, kihehpihtuohna hin ei laka le nasem zel thei leh ut aum hi.

5. THAGAU CHUN THUOKHATNA LEH ZAIDAWHNA A PIEI:

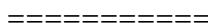
Thagau Thiengtho hungtun zawh nung chun thil lamdang taktak thil kitheng, Bible in a gen a um a, mihiem hih naklai zieka thil hihkhiel khakpalh aum inle, thiethu gen mai lo in, a thiethlo ka hi, ti'n sukdik theih chin sudik in, Thagau mi taktak hung kihawldawk in, tichun thil sukkhielh haw ahun hihdik zel ui (Nasepte 6:1-5). Zie hin Thagau mite vahawm ding dan hawihtak leh panlak ding dan zie Thagau a dim mi sagih a teldawknau ahin zilding ei muhsak a, a zaidawh thiethnau a sulang hi. Zie mai chule hilo in, Chanchinpha zieka suonga seh bang, bawlsietna bang, a tuok unle zaidam tak in thih chan a thuok in, a bawlsie te nasan ngaihdam a ngetsak ui. Zie hin le zil ding tampi ei pie a, gingtu masate hinkhuo zuih dinga deihum tak ahi. Lawite sang in kei chang tam leng/ lal zaw leng, awl zaw leng, mi dang sang in chungnung zaw leng tihna'n gingtu laka na a sep tieng thil a buoi ta sek a, thagau mite hinkhuo ahi puoh a, thuokhatna leh zaidawhna hinkhuo hi Kristien hinkhuo dik ahi.

6. GINGTUTE CHUH THAGAU IN A THUNUN HI:-

Gingtu a pun hul hul lai u chun sinsakte chuh lehkha thiemlo leh mimawl mai hi mahleu Thagau Thiengtho in thunun/ puohhuoina nuoi a na a sep ziek un a genpihtu Thagau chuh kuoma'n a nieltha thei puou a, Pathien aw za zel in, nasep ding a tih lam lam ah manglam ahim, bangti ahim in Thagau puihna nuoi a chun sawl in a um sek uh ahi. Zie chuh amau in a hak leh a nawp thu hilo in, kipak tak in a zui zel uh ahi. Tulai ei uh hinkhuo ahin Tahgau in ei thunun hilo in, Thagau hi I thunun guot zawk uh ai kha dem, Bible thudik umsa kalh lama Dan leh muol siem mai bang le aum thei a, zie haw hih Thagau puih ahim, Thagau bang I lawh uh ahi dem, ngaiantuoh um tak chuh ahi. Gingtu masate chuh hilh a a um bang bang un a tawi viel sek uh a, en I deih bang bang a Dan siem tih haw hih Thagau puih ka hi ti ngal in, ei mah ngaihdan leh Bible kalhlama chiehsau man taluo I hi ding um? Sapchuom chuh a chieh zinglai un, kawlmawng tienga ka thugente na hih dinguh tih kha chieh sawtlo deuh ahi dem! Gamsung vahawmte hung kipan in, gingtute bawlsietna ahung um ta a, gam chuom chuom ah a taizak tau a, tichun a phakna lam lam uh a Krista Chanchinpha chuh a gen zel uh a, tichun thuhing chu a dalh sawt deuh deuh zel hi. Zie a gingtute Jerusalem a umkhawm zing sang ua, a taihzak uh chule Pathien lemguot le hithei ahi. Pathien thiltup chuh gamtin a Chanchinpha phuonzak ding ahi ngal a.

7. THAGAU THILPIEK:

Penticost ni a hungtung, Thagau Thiengtho chun gingtute phatchuomna ding thilpiek a pie a, zie haw chuh Bible ah a kimu a, 1 Korinth 12; Ephesi 4:11 chuleh Rome 8:P6. Zie haw hih phatak a sim a, lawkpih thei di'n Pathien in gingtute lunggil ah Thagau Thiengtho in ei thuom tau hen.



PATHIEN HEHPIHNA

-Evan. Lamzagin

Changtel: “*Deihtakte, kihehpih tuoh chiet hitiu; hehpihna hi Pathien a hung kipan ahi ngâl a. Kuole, hehpihna nei ta chuh, Pathien hin ahi tau a, Pathien le a heu hi.*” (1 John 4:7)

Thuthun Lui achun hehpihna hin umzie tamtak anei a, tulai guol mah in pasal leh numei kideihchaknau hi a kihehpihnau chu ahi phawt mai hi.

Chun, Isak in Rebekah chuh a nu Sarah puon-In achun a puilut a, Rebekah chuh a nei a, a zi a hung hita a; amah chuh a hehpih a: tichun Isak chuh a nu thih nung chun le a thamuong thei ta a. (Thilsiebul 24:67); Thilsiebul 29:20 hile sim in.

Thuthun lui mundang ah, Insung kihehpihna thu I mu'u hi. Naupangte chuh a hung khanglien u a; Esau chuh sa kap thiem tak, gamvak mi ahi a; Jakob vang chuh mi thip hiet hiet, puon-In a um mi ahi. Isak chun sakhi sa a nek sek ziekin Esau chuh a hehpih a, Rebekah chun vang Jakob chuh a ngaina zawi. (Thilsiebul 25:27-28; Ruth 1:1-8 le ana sim in.

Guolchan kihehpihna thu I mu'u hi. Ka suohpihpa

Jonathan, na chung thu a hin ka lungzîng ahi: Ka chungah na pha mah mah sek a, Nei hehpihna chu a mak a, Numei hehpihna a khup ahi. (2 Samuel 1:26 leh suok leh a neitu/apu kihehpihna thu I mu'u hi. Chun, hiti hi hi'n tin, suok chun nang u leh na inkuon uh a ngaihnat ziek u leh na kihotheih ziek u a, “Ka hun nusieh nuom puoi,” a tih chak kîi u chun; Thik zum la'n na tin un, kawtkhak tawh a bilnah sun den in vit hawm in na tin un, khutichun, kumkhuo'n na suok un um ta'n au. Chun, na suoknu le zie tawbangmah achu na bawl dinguh ahi. (Dannihna 15:16-17)

Chun, zie haw cheng sanga pawimawh chuh- Israel chun Pathien a hehpih ding ahi. Lalpa na Pathien u chuh na lungthim cheng cheng ua, na lunggil cheng cheng ua, na hatna cheng cheng ua na hehpih ding uh ahi.

Chun, vengte, guolte leh kinaihpihte a hehpih ding ahi. Phuba na lak dinguh ahi puoh a, na chipihte hawtna lunghthim le na vawp ding ahi puoi. Nang mah na kihehpih guolin na invengte na hehpih ding ahi zawi. Kei hi Lalpa chuh ka hi. (Thiempudante 19:18). Chun, malzinte le a hehpih ding ahi. Pa neilote leh meithaite chuh diktakin vai a hawm sak seka, gam chuom mite chuh nek ding leh silh ding pien a hehpih sek. Zieziekchun, gam chuom mite chuh nangun le hehpih un; nang u le Aigupta gama khan gam chuom mi na hiu kha. (Dannihna 10:18-19).

Malai khan, zawlneite'n Pathien hehpihna leh nupan kihehpihna hi a tehkak sek ui. Mo neitu'n Mo a hehpih guol hin, Pathien in a mite a hehpih hi tih laphuoktute apat in a kimu'i. Hosia chun, Israelte'n Pathien thu a awihlohnau chuh numei a pasala a ginum loh guol in a gen hi (Hosea 2:) ana sim in. Himahleh Pathien in a kitimatnau sie ta chuh a siemthak kit ding ahi (Hosea 3:) na sim in. Hosea mah hin Pathien hehpihna zie guol hin ana gen hi (Hosea 11:) ana sim in.

Isai chun, Pathien in a mite a hehpih dan hi, nu'n a chate a hehpih guol hin ana gen hi (Isai 49:). Chanchinpha achun, Isu'n amah zuitute chu Pathien hehpih ding leh amah kihehpih guola vengte hehpih dingin a deih hi (mark 12:28-33; Matt. 22:34-40) sim in. Luke zik ahin zie thu hi genchien dingin Isu chu a ngen u a, amah chun Samari mipha thu akhan a dawng a, Samari mipha khan malzin nat thuok a enkawl hi (Luke 10:29-37). John zik achun, Pathien in khawvel a hehpih thu I mu'u hi. (John 3:16). A sinsakte amah zuite chuh kuo hileh hehpih a, kihehpih tuoh chiet dingin a deih hi (John 13:34-35).

Tang chunga a thugen minthang tak achun, Isu'n a sinsakte chuh a melmateu na tieng le hehpih dingin a ngen hi/ a deih hi. Pathien inle zie guol tak chun, ka chung ah a bawl ahi (Matt. 5:43-48) sim in.

Sawlchak Paul inle, pathien in Krista kei a dinga a hun sawlna ziek chu, hehpihna ziek ahi, ti'n ana gen hi. (Rome 5:5-8) ana sim in. Chun, pathien hehpihna apat chun bangmah in ei khen puo'n a, ana tii.

(Rome 8:31-39) ana sim in. Sawlchak Paul mah hin thagau gah chuh hehpihna ahii zie ana gen hi (Galati 5:22) en in. Sawlchak Paul in, hehpihna chungchang lopitaka a genna achun, hehpihna chu taksa hetna mai hilo in, midangte chunga aphalama lunggil taka nasepna latsak hi ahi, a tii. (I Korinth 13:) ana sim in.

Chun, hehpihna hi mihing hinkhuo a ei puitu pen hiding ahi (I Korinth 14:1; Rom 13:8-9) ana sim in.

Thuthun thaka hehpihna kampau a mat tampen chu, Grik pau a agape hi ahi. Zie chu amah ngei Lalpa' kawm

a kipie a, thih tienga ginum dinga kipiekthak ngamna hi ahi, hehpihna chu. Hehpihna genna dang khat chuh, eros ahi, a umzie chuh taksa utna lam hehpihna ahi. Hehpihna genna adang khat chuh, phileo ahi. Guolte hehpihna leh Inkuonte hehpihna (Matt.10:37) en in. Chun, minphat utna (Matt. 6:5; Luke 20:46) en hitiu.

Ahihziek in, Thuthun Lui leh Thuthun Thak ah Pathien in a mite neih dinga a deih hehpihna chuh midangte leh melmate panpih nawpna leh ngaihdam theihna hi ahi.

Lalpa'n a thu hi a sim ta chenga dingin vangsak ta hen.

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CHAMNA AW PHUNGVUKNA

Pathien in Chamna Aw phungvuktu ding ei pie zel a, Pu Lianchinhang Guite, Hiangtam Lamka a um, Chamna Aw Phungvukna dinga Silver Member a ahung panna zal in Chamna Aw Editorial Board thasang in Pathien min in kipahthu I gen ui. Lalpa'n Pu Lianchinhang Guite leh a Insung mite atamzaw semdawk thei dingin vangsak zel ta hen.

-Chamna Aw Editorial Board

NARCISSISM

(Luke 18:9-14; 10:27)

-Rev. Khaigin Gangte

Amasa'n Narcissism kiti thumal hi vak genchien masai tiu. Zehi Greek te pupa thusimlui apat kiladawk ahi a, ze umzie chu Chapona ziek lieu lieu a mi amah chauh dik leh pha kisa a, kingaihna apat hung um ahi a, aumzie hetthiem zawkna dingin zie thumal apat thusim khat vak en hitiu.

Zie thusim achun Greek tangval khat Narcissus kiti chu gen theih, ginchak hasa tak hiela melhawih leh deihum tak khat hi ahi. Himahleh, zie a hawihna leh a deihumna chu a hun chapo pih val taluo'n a hun kilekpih kit ta ahi. Zie Narcissus chu nungak khat Echo chun ngaih a tih in ahun ngai a, ahun deihcha tai. Ahinla, Narcissus chun Echo'n ngawlpiah hiela a deihna chu a dawsak ta puo a. Echo chula a pul thuokna ziekin ni chengin a gawng tiltil mai a. A aw tham thilthiel chauh hettheih in a chau tha hiel tai. Khutia Narcissus in Echo a limsakloh hiel phet in mi gawt thei leh phuba lak theimtak pathien-nu Nemesis kiti chun Narcissus chu gawtna piek ngei a nuom ta a. Dawi theim Nemesis chun tui suttawk mun khata tui dawn dingin a

them ta a. Khutia, tuisutdawka tui chimtak chu dawn dinga a vak kunsuk leh tui laka amah mel a vak muh muh chun Narcissus chun amah mel mah a muh chu hawih sa taluo chun a deihcha ta mai a. Amah mel tuilaka kilang chu a en a en mai tai. Amah lim tui laka a muh chu hawih leh deihum sa taluo'n kisumzo talo in, tui laka a mel chu pawm guo'n a bawhsuk a, a kieklum lawh tai. Zie thusim apat hin zie English thumal Narcissism kiti hi ahung pawt ta ahi. A umzie tak chu "Mah leh mah kihehpih ahim kingaisang taluo" ahim tihna ahi mai hi.

Awle, mah-le-mah kihehpih tih thumal hin umzie nih a nei thei a, "Mahni ahim hihna kipawm theim (selfless) mah angsung khuolna tello leh mi hehpihna nei aum hi. Chuleh,

mah angsung chauh khuol (self-centre) tih aum kit hi. Narcissism kitite hin chu amau ngaisangte leh pakchate chu nasatak in a chawisang uh a, amauhaw pakchalo leh ngaisanglote vang chu uicha tuka le a ngaihloh uh ahi. Amau hamphatna ding leh lawkna ding ahih phawt leh mi khuta gul mat khawksalote ahiu ui. Amau hihna sanga sangazaw ah a kikawih ua, Kei mah mah hi maw!" tih a mang mun sek uh ahi.

Zie thusim apat hin zillai tamtak a muh theih a, midangte gensiet chingte leh gensiet hatte hi mi gensietna a tuok tieng u leh a haw pen leh a thuok theilo pente ahi zel sek ui. Midangte'n a gensietnau a nakhang uh a a zak vang u leh a kithingsie hiel mai sek ui. Ahi, tulaia khawvela thiemna sang nei Psychology te'n a thil muhdawk uh khat chu aphalam leh aphalo lama mah-le-mah kihehpihna lunggil leh lungput nei leh mangte hi Bible hin ana genchien daih ta ahi. "Mah-le-mah kihehpihna chang helote ding chun mi dangte vak lungsiet ahim

hehpih ahim chu thil hithei lo him him ahi. Nangmah na kihehpih guol in na vengte le na hehpih ding ahi tih ahi ngala. (Lk. 10:27). I neihloh na na na chu piekdawk ding le umlo mah ahi. Apha lama mah kihehpih chun kinepna hing a nei a, midangte hehpihna a nei a, kicham a nuom a, a dawhthei a, mi dangte hetthiemna nei mi ahi sek ui. Kipahna chang a he a, midangte dinmuna vak kikawih thiem mi ahi a, midangte'n a pahchaknau a ki-uonpih ngei puo a, midante sanga kichunglap leh kikawihsan a nuomlo ahi. Midangte amah sanga phazaw'n a ngai thei zing hi. Mi amah bangmah hisam lo a, kingaisang a chapo chu mi suongkul tang, a suongkul tanna In letdan ki-uonpih mai mai tawbang ahi.

"Chapona chu sietna masang ah a chieh sek a, lunggil uong chu pukna masang ah a chieh sek hi (Prov. 16:18; 11:2, Chapona ahung um tieng leh zahchakna'n a zui sek a, kingainiemte kawm achun pilna aum sek hi") tih ahi.

KRISTA NUNGZUIHNA LEH PATHIEN NASEP

*By: P. Lamgin Gangte
Ex-Hav. 10th Assam Regt.*

Bangpen kibawl henla, bang hih kihih leh Pathien nasep ahi dem, chuleh Krista nungzui ginum I hih theihnau chu khawvel a um I hihlai a, Krista nungzuite hih theih sun chu Bible apat in holim hitiu. Amasapen in Krista nungzuihna ding chun khawvel suok apat pawt angai a, zie chuh “*thutak leh ginum dinpih ahi*,” Johan 8:32 ah thutak a na um tieng, suok apat pawt pan hung hi ding na hi. Krista nungzuihna leh Pathien nasep chuh gen ding tampi le um tho in a, mahleh ei kimuh angai phawt a, Isu Krista lei a a lenlai khan le a nungzuite khah vak ngaihtuoh tie! Isu leh Simon Peter khale ana kiniel ui. Simon Peter In a, a hehpih nitak an neklai a Isu nungzui pa khah, Peter in a muh khan “*Lalpa zie pa hin bang ahih die*,” a tih khan Isu’n zie chuh, “*Banga na mat ding ahim, nang in ei zui ah*,” a ti zaw ahi. Ei mah lam kimuh angai ahi. Krista nungzui hihna ding chuh mihing luite thah phawt angai a, Pathien min in I thil ut leh, I thil chin hawihlo I sakte, haihsan angai a, pheh leh vo leh thagau buokna cheng cheng lak apat kisukthien angai hi. Chun, Pathien lau kawm takin thienthona bukim in um hitiu. II Kor. 7:1.

KRISTA NUNGZUIHNA AH

Kuomah tawh ngaihdan kibang thei mawng mawng lo midangte tawh kivawp theilo Krista nungzui mi chun amah a ding mai a ngaihtuoh sek a, midang cheng in dika a het u chu a nielkalh sek hi (Thuchingte 18:1). Hauhsak utchakna mai in na sem kinla, nangmah hetna mai ah kinga ki’n (Thuchingte 23:4).

KRISTA NUNGZUI HINDAN THAKA HIN

Aw le thil chin nawp mah mah leh I duh mah mah bang haihsan angai a, I gen nawp mah mahte bang gen takloh angai hi, na umdan

luite na paih a na kisiemthak ni apat chuh Krista nungzui hi mai na hi. Peter le nga mat lenseh a haihsan ni apat kha Isu nungzui ahi pan tai. Nangle tuni apat na thil duhte na thil chin lui cheng cheng pha na sakloh chuh na tawpsan ahihleh tuni apat Krista nungzuihna kipat ni ahi tai, chuleh na nasepna chenga ginum leh thutak in chuleh nek hawlna ale ginum, thutak ding, diklo taka muh guot loh ding ahi. Chuleh nek hawlna hih alien le aneu le kibang ahi, khatchale muhsit chuom ding um dieklo, I gilpi vahna ding hi vek ahi. Zieziekchun, ginum in na sepna cheng ale Office kaite le lo nasemte le sepaihte hi henla, ni chenga kithalawhte le, ginum taka na umna a chuh nasep leh Pathien nasem Krista nungzui na hi mai hi. Ginumna leh thutak hih Krista nungzuihna phapen ahi, ginumna hih ahun panpihtu leh na kipahna ding ahi.

NANG NGAIHDAN IN

Nangin Sapchuom sung ah dinmun hawih tak tak tu leh panmun kilawm tak taktute chauh khu Krista nungzui leh Pathien nasem in na ngai maithei ahi. Mahleh amau inle ginumna leh thutakna ka nei hi tia, mihinglui, a taihsan loh uleh, Krista nungzui hi khalo thei ahi. Nangin panmun leh dinmun bangmah ka tu puo'n tia na kingaihsiet mai ding hilo ahi, thu awihna leh ginumnate, thutaka nek hawlna cheng cheng, I gen hawu akhan ginum leng Isu nungzui hihna khat himai ding ahi. Mahni ngaihdan maia Kristien hinkhuo na mat leh dan leh lungkhamna na chungah um ding ahi. Mahni ngaihdana Isu nungzui chuh Isu Krista lei a a lenlai in, Juda Iskariot inle Isu nung a zui a, a thil hih theihna tin cheng le a mu a, Galili gam velah a chieh lai inle damlote, mithite nasan a kaitho a, a he a, a mu a, amah ngaihdan chun Isu Krista hih kimatsak leh, sum le kihau ding amah la zie tawbanga thil hihthei hih, thih la thi puontin, ti'n amah ngaihdan in kuomah dawng lo in, Isu dangka 30 lawh dingin a matsak tai.

NGAIHTUOH TIE! ZIE LAI A DANGKA 30 CHU TAMTAK HIDING AHI

Awle, ngaihtuoh pha kit tie! Amah ngaihdan chuh Krista nungzui la kihiding, sum la kihau ding, tih chuh Juda lunggel ahi tai. Mahleh amah lunggel dan ahung bang ta puoi. Ziephetchun,

Krista nungzui, tasam ahih ahung kihedawk tai. Krista nungzui tasam ahung hi taa. Isu thiemmawh a chansak ui tih a het phat vangin chu, dangka 30 khah a deih ta puoi, dangka 30 chuh upate leh, thiempuliente kawmah a hun chawi kit tai.

Amau haw chun la, zie chuh kei uh ding in banga khawk (Matt.27:3-4), na lawh lawh kilawh ah, a tihsak ui. Ziephetchun, Juda chun, mahni ngaihdan mah ahun la kit tai, Dangka 30 chuh, mun thiengtho ah a seplut a, amah ava kikhailum tai. Banga I muhdawk ule, Krista nungzuih na ah, ginum a ngaihdan leh, mahni ngaihdan dan aphant zieng loh dan Juda'n le Isu ngaihdan la lo in, amah ngaihdan in Isu nung ana zui ahi. Thutak leh ginum a ngai mah mah a, I kum thupiu ale "*Thagau leh Thutaka Pathien ho ding*" ti'n ECCI nuoia um chengin le kum thupi'n a mang ui (Johan 4:24).

ATAWPNA DING AH,

PAWIMAWH MAH MAH MAI CHUH LAWIUPATE LEH
MIPITE'N LE UMDAN LEH TAWIHDAN THENG HITIU A
TIU A!!

Krista nungzuihna ding ah ei mau individual change Ana kibawl chiet leng mipi umdan theng hi mai ding I hiu. Awle banga I buoi naklai dinguh, Krista Isu'n ei lungsiet a, ahih ding cheng zo in, Kross ah a hung tan zo ta ahi- (i) Johan 3:16-17 (ii) Isai 43:25 (iii) Heb. 1:3; 9:12; 10:23.

Tua nang mawhpuok chuh thutak leh ginum a, Krista nungzuih ding ahi tai. "*Na thu'n thiemloh chang in na tin, na thu mah in thiem chang ding na hi*" (Matt. 12:37). Lalpa'an I chan chiet uh a dingin ei vangsak chiet ta hen. Thagau leh taksa a panpihu dingin zie Bible chang hih sim in, na buoina cheng chuh hun panpih in a. "*Na umdan ding chuh Lalpa chungah nga'n la; Amah chuh muong in la, A man hih vek ina*" (Sam 37:5).

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PUITU CHI NIH

-Rev. Khaitinthang

- ✓ Puitu khenkhat in a nunga te ding kem phataka a dawhsak lai un; khenkhat in a kem umsa cheng le a phel malam sek ui.
- ✓ Puitu khenkhat in amah pan sunga thil tamtak, amah nunga te sutzawp dinga guontup zinglai un; khenkhat in a umsa cheng nawpchennān a mang sek ui.
- ✓ Puitu khenkhat in thil tamtak a sepdawk zinglai un; khenkhat in a umsa cheng a manage mai mai ui.
- ✓ Puitu khenkhat in a sepkhawmpihet ding a gel zinglai un; khenkhat in amah a ding chauh a gel ui.
- ✓ Puitu khenkhat in a hungtung dinga lung a gel zinglai un; khenkhat in a pet a ding chauh a gel ui.
- ✓ Puitu khenkhat in mipite nasem ka hi tih a kihet zing lai un; khenkhat a kiletsak sek ui.
- ✓ Puitu khenkhat in mipite tundawk ka hi tih a kihet zinglai un; khenkhat in a tungdawktute chung ah power a suoh sek ui.
- ✓ Puitu khenkhat in thusim hung um zel ding a ngaihtuoh zing lai un; khenkhat in amah a suohchak phawt uleh khawk a sa sek puou ui.
- ✓ Puitu khenkhat in bangti leh, mipite ka panpih thei dem a tih zing lai un; khenkhat in bangti'n um leng mipite'n ei zah thei ding um ti le a um ui.
- ✓ Puitu khenkhat chuh a sep sung mi'n a hawmthawh zing lai un; khenkhat chuh a hun beih kal a ngaklah sek ui.
- ✓ Puitu khenkhat in a mawhpuokna ngaikhawk tak a sep zing lai in; khenkhat in a hun beihna dingin a sem sek ui.
- ✓ Puitu khenkhat in a dinmun Pathien ei piek ahi a tih theih zing lai un; khenkhat in amah bawl theihna dan in a ngai ui.
- ✓ Puitu khenkhat in mipite lungsietna nei tako a puih zing lai un; khenkhat in mipite pahchak ding a hawl sek ui.
- ✓ Puitu pha chun, amah a chieh masak a, mipite'n a zuih theih ding un, ma a kai sek hi.
- ✓ Puitu pha leh lawhting na hihna ding chuh nang teloh nung leh hung kihe chauh ding ahi.
- ✓ Na nunga nang sep bang leh na dinmun luoh ding na seimdawk chun, puitu lawhting hi chauh ding na hi.

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